

## 2007-8 North Boys Basketball

<b>1st Team</b>	Alex Bazzell	Jr.	St. Charles West
	Brian Maurer	Sr.	St. Charles West
	Kramer Soderberg	Sr.	St. Charles West
	Brandon Sudbrock	Jr.	St. Charles
	Scott Suggs	Sr.	Washington

<b>2nd Team</b>	Spencer Cope	Sr.	Duchesne
	Dan Friedel	Sr.	Duchesne
	Kyle Turner	Jr.	Ft. Zumwalt North
	Casey Wade	Sr.	Warrenton
	Nathan Zoellner	Sr.	Washington

<b>H.M.</b>	Danny Crenshaw	Jr.	St. Charles West
	Eric Henningsen	Sr.	St. Charles
	Kris Robinson	Jr.	Ft. Zumwalt North
	Matt Scheible	Sr.	Washington
	Keith Terry	Jr.	Warrenton
	Alex Whiteside	Sr.	St. Charles West

## Sportsmanship Award

<b>Duchesne</b>	Joe Lampe
<b>Warrenton</b>	Ben Tappmeyer
<b>Washington</b>	Jamieson Ogle
<b>St. Charles</b>	Ronnie Ocello
<b>Timberland</b>	A. J. Messmer
<b>Ft. Zumwalt North</b>	Kris Robinson
<b>St. Charles West</b>	Justin Wilson

## All-Academic Team

**Duchesne** – Chris Boyer, Ethan Burt, Josh Busche, Spencer Cope, Danny Friedel, Joe Lampe, Tyler Loewenstein, Nick Reilly, Brian Smith, Joe Vehige

**Warrenton** – Ryan Burns, Taylor Dalton, Julion Griffin, Andrew Laske, Ben Tappmeyer, Alex Toebben, Casey Wade

**Washington** – Jack Borcharding, Blake Haberberger, Andy Hogenmiller, Matt Marquart, Jamieson Ogle, Matt Scheible, Aaron Spurgeon, Scott Suggs

**St. Charles** – Lenodn Ehlmann, Adam Finke, Matt Harrellson, Eric hennigsen, John Patrico, David Schlager, Brandon Sudbrock

**Timberland** – Montee Ball, Lucas Faron, Ryan Gau, Ian Hanson, Michael Lockett, A. J. Messmer

**Ft. Zumwalt North** – Warren Alexander, Randall Brown, Christopher Potts, Scot Purcell, Kristopher Robinson, Donald Schmidt

**St. Charles West** – Alex Bazzell, Brannon Champagne, Daniel Crenshaw, Brendan Ehlmann, Brian Grote, Andy Heifner, Brian Maurer, Scott Meyer, Kramer Soderberg, Alex Whiteside, Justin Wilson

## 2007-8 South Boys Basketball

-

<b>1st Team</b>	Craig Bals	Sr.	Troy
	Josh McCoy	sr.	Ft. Zumwalt South
	Danny Ortiz	Sr.	Ft. Zumwalt South
	Cody Sorenson	Jr.	Francis Howell
	Gavin Wiss	Jr.	Ft. Zumwalt West

<b>2nd Team</b>	Camron Cathcart	Jr.	Francis Howell
	Dantiel Daniels	Fr.	Wentzville Holt
	Josh Hirth	Sr.	Troy
	Brian Midden	So.	Francis Howell Central
	Jim Thomas	Jr.	Ft. Zumwalt South

<b>H. M.</b>	Brevin McVicar	So.	Francis Howell
	T. J. Moe	Jr.	Ft. Zumwalt West
	Kyle Peasel	Jr.	Troy
	Chaz Simpson	Sr.	Wentzville Holt
	Adam Trimpe	Sr.	Francis Howell North

## Sportsmanship Award

<b>Ft. Zumwalt South</b>	Kyle Lange
<b>Ft. Zumwalt West</b>	Steve Harris
<b>Francis Howell</b>	Michael Stark
<b>Francis Howell Central</b>	Matt Tedder
<b>Francis Howell North</b>	Zach Wagner
<b>Troy Buchanan</b>	Nathan Branham
<b>Wentzville Holt</b>	Terry McRoberts

## All-Academic Team

-

**Ft. Zumwalt West** – Brandon Graham, Ryan Graham, Steven Harris, Jackson Jewkes, T. J. Moe

**Ft. Zumwalt South** – Justin Hlinak, Frank Lamzik, Kyle Lange, Ryan Nelson, Zach Smith, Ryan Yarber

**Francis Howell** – Brian Cobbs, Chris Lynch, Austin Michelson, Michael Stark

**Francis Howell North** – Matt Clohessy, Dan Kirkpatrick, Chris Kopf, Adam Trimpe, Zach Wagner

**Francis Howell Central** – Jake Banas, Paul Haluszcek, Shayne Heskin, Ryan Penrose, Steve Rose, Caey Tebeau, Matt Tedder, Kyle Watts

**Troy** – Kelvin Bailey, Craig Bals, Nathan Branham, Josh Hirth, Jordan Lasater, Kyle Peasel

**Holt** – Jordan Bopp, Dantiel Daniels, Terry McRoberts, Ryan Mertz

## 2007-8 North Girls Basketball

<b>1st Team</b>	Becca Etcher	Sr.	Warrenton
	Tori Fenemor	Sr.	St. Charles
	Taylor Haymes	Jr.	Timberland
	Alli Reimer	Jr.	Duchesne
	Erica Sams	Sr.	Duchesne

<b>2nd Team</b>	Brianna Baldwin	Jr.	St. Charles West
	Erin Bekebrede	Sr.	St. Charles
	Kayla Bierbaum	So.	Washington
	Kelly Muesenfechter	Sr.	Ft. Zumwalt North
	Courtney Staggemeier	Sr.	St. Charles West

<b>H.M.</b>	Andrea Elmendorf	Sr.	Duchesne
	Emily Ernest	Jr.	Ft. Zumwalt North
	Whitney Eufinger	Sr.	St. Charles
	Chelsey freymuth	So.	Timberland
	Karly Hollenbeck	Sr.	Warrenton
	Holly Lammert	Sr.	Duchesne

## Sportsmanship Award

<b>Duchesne</b>	Holly Lammert
<b>Warrenton</b>	Jordann Lee
<b>Washington</b>	Elizabeth Sumner
<b>St. Charles</b>	Erin Bekebrede
<b>Timberland</b>	Katy Nikols
<b>Ft. Zumwalt North</b>	Lisa Sanford
<b>St. Charles West</b>	Jessica Ohlms

## All-Academic Team

**Duchesne** – Andrea Elmendorf, Megan Elmendorf, Jenna Friedel, Allison Hu, Holly Lammert, Kate Mazanec, Lauren Meyer, Lauren Musec, Andi Neff, Alli Reimer, Erica Sams, Kelsey Shea, Sam Shea

**Warrenton** – Becca Etcher, Emily Heyne, Karly Hollenbeck, Jordann Lee, Kelsey Luecke, Beth Nordwald, Brittany Pauley, Amilinn Starks, Malory Toebben

**Washington** – Rachelle Arnold, Melissa Beste, Kayla Bierbaum, Jaimie Kuddes, Dana Lange, Courtney Meyer, Logan Stapp, Elizabeth Sumner, Erica Sumner, Alaina Triplett, Megan Wood

**St. Charles** – Erin Bekebrede, Whitney Eufinger, Nicole Feldmann, Tori Fenemor, C. J. Hodges, Amy Hotchkiss, Maddie Ruse

**Timberland** – Jessica Allen, Katie Bittner, Bailey Dockery, Taylor Haymes, Cheley Liliensiek, Jessica Long, Katy Nickols

**Ft. Zumwalt North** – Erin Andres, Ashley Barczewski, Brianna Boone, Carly Clemens, Emily Ernest, Ashley Hugeback, Samantha Hundelt, Erin Jordan, Casey Knaust, Kelly Muesenfechter, Lisa Sanford

**St. Charles West** – Brianna Baldwin, Amy Danz, Brooke Dudley, Blake French, Shae French, Juli Horsford, Danielle Mallinckrodt, Courtney Mason, Carrie Morris, Jessica Ohlms, Kelsey Ring, Courtney Staggemeier

## 2007-8 South Girls Basketball

-

<b>1st Team</b>	Brittany Bagin	Sr.	Ft. Zumwalt South
	Raven Cockrell	Jr.	Francis Howell Central
	Maggie Flynn	So.	Troy
	Ashton Whitehurst	Sr.	Francis Howell North
	Gwen Williams	Sr.	Ft. Zumwalt West

<b>2nd Team</b>	Stephanie Agre	So.	Francis Howell North
	Lauren Capuana	Jr.	Francis Howell Central
	Megan Venneman	Jr.	Ft. Zumwalt West
	Sherrell Washington	Sr.	Francis Howell
	Kaci Weston	Jr.	Wentzille Holt

<b>H. M.</b>	Jackey Branham	Jr.	Troy
	Laci Lutz	Sr.	Francis Howell
	Kelly McNamee	Sr.	Francis Howell Central
	Raylyn Nuss	Jr.	Ft. Zumwalt West
	Shana Reed	So.	Troy
	Jesse Vogt	Sr.	Francis Howell North

## Sportsmanship Award

<b>Ft. Zumwalt South</b>	Lexie Cartee
<b>Ft. Zumwalt West</b>	Katelyn Kingsborough
<b>Francis Howell</b>	C. J. Hoffman
<b>Francis Howell Central</b>	Brittany Mirth
<b>Francis Howell North</b>	Nikki Vahle
<b>Troy Buchanan</b>	Brittany Brazill
<b>Wentzville Holt</b>	Elizabeth Welker

## All-Academic Team

-

**Ft. Zumwalt West** – Devon Anzalone, Jasmine Boyer, Ariel Good, Katelyn Kingsborough, Raylyn Nuss, Megan Venneman

**Ft. Zumwalt South** – Danielle Bush, Lexie Cartee, Kory Clark, Ashley Huff, Stephanie Kissell, Emily Pellegrino, Kara Rood

**Francis Howell** – Courtney Diel, Kathleen Flynn, C. J. Hoffman, Mazie Johnson, Brittany Joseph, Paige Leible, Laci Lutz, Katie Mace, Chelsea McClaran, Lizzie Phillips

**Francis Howell North** – Stephanie Agre, Fiona Brooks, Lauren Cooke, Natalie Ganousis, Kelsey Hieb, Dianna Prost, Nikke Vahle, Lauren Viehmann, Jesse Vogt

**Francis Howell Central** – Lauren Capuana, Raven cockrell, Mickaela Gerler, Kelly McNamee, Brittany Mirth, Christine Ulses, Sara Viau

**Troy** – Jackey Branham, Brittany Brazill, Maggie Flynn, Kelsey Johnley, Rebecca Prinsen, Shana Reed

**Holt** – Megan Gatschenberger, Brittany Lembke, Lucy McIntyre, Jennifer Rucker, Elizabeth Welker, Kaci Weston



## 2007-8 GIRLS SWIMMING CHAMPIONS

### 200 yard Medley Relay [Record: 1:52.10, Timberland, 2007]

<b>1st</b>	Taylor W Ehrley Amanda Masters Alexa W Ehrley Danielle Hladky	Timberland	1:52.88
<b>2nd</b>	Sam Holliday Rebecca Heutel Tori Bolton Ali Thurwachter	Holt	1:58.33
<b>3rd</b>	Krystle DeCastillo Abby Hempen Anna Javanovic Caroline Williams	Francis Howell	2:00.59

### 200 yard Freestyle [Record: 1:54.31, Taylor W Ehrley Timberland, 2008]

<b>1st</b>	Taylor W Ehrley	Timberland	1:54.31
<b>2nd</b>	Michelle Tipton	Ft. Zumwalt West	1:57.14
<b>3rd</b>	Stephanie Heutel	Holt	2:01.96

### 200 yard Individual Medley [Record: 2:03.88, Haley Spencer, FZW, 2007]

<b>1st</b>	Amanda Masters	Timberland	2:07.76
<b>2nd</b>	Abby Hempen	Francis Howell	2:18.79
<b>3rd</b>	Lauren Trasher	Francis Howell North	2:21.92

**50 yard Freestyle [Record: 24.22, Taylor Wohrley, Timberland, 2006]**

<b>1st</b>	Stephanie Heutel	Holt	25.40
<b>2nd</b>	Ali Thurwachter	Holt	25.70
<b>3rd</b>	Sam Holiday	Holt	25.71

**1 meter Springboard Diving [Record: 480.15, Anna Larsen, Francis Howell, 2006]**

<b>1st</b>	Kayla Spangler	Ft. Zumwalt East	304.75
<b>2nd</b>	Tori Bolton	Holt	321.60
<b>3rd</b>	Kandace Perkins	Ft. Zumwalt East	266.10

**100 yard Butterfly [Record: 58.46, Taylor Wohrley, Timberland, 2008]**

<b>1st</b>	Taylor Wohrley	Timberland	58.46
<b>2nd</b>	Michelle Tipton	Ft. Zumwalt West	59.73
<b>3rd</b>	Anna Javanovic	Francis Howell	1:00.95

**100 yard Freestyle [Record: 52.30, Taylor Wohrley, Timberland, 2006]**

<b>1st</b>	Byrnnne Buell	Holt	56.22
<b>2nd</b>	Alexa Wohrley	Timberland	56.29
<b>3rd</b>	Angela Bussey	Timberland	57.30

**500 yard Freestyle [Record: 5:17.37, Brenda Gannon, FZS, 2006]**

<b>1st</b>	Gloria Westlake	Ft. Zumwalt East	5:25.10
<b>2nd</b>	Anna Javanovic	Francis Howell	5:27.89
<b>3rd</b>	Ali Thurwachter	Holt	5:41.07

**200 yard Freestyle Relay [Record: 1:41.59, Timberland, 2007]**

<b>1st</b>	Brynne Buell Sammy Jo Taylor Tori Bolton Stephanie Heutel	Holt	1:45.03
<b>2nd</b>	Angela Bussey Joelynn Lauterwasser Alex Demien Danielle Hladky	Timberland	1:47.24
<b>3rd</b>	Jessie Stocker Elyssa Donato Jamie Whalen Michelle Tipton	Ft. Zumwalt West	1:48.41

**100 yard Backstroke [Record: 57.72, Taylor Wohrley, Timberland, 2006]**

<b>1st</b>	Sam Holliday	Holt	1:03.76
<b>2nd</b>	Moira Smyth	St. Charles	1:04.13
<b>3rd</b>	Brynne Buell	Holt	1:04.20

**100 yard Breaststroke [Record: 1:03.65, Haley spencer, FZW, 2006]**

<b>1st</b>	Amadna Masters	Timberland	1:06.27
<b>2nd</b>	Abby Hempen	Francis Howell	1:09.78

**3rd** Hannah Mozier                      Francis Howell Central                      1:10.72

### **400 yard Freestyle Relay [Record: 3:40.51, Timberland, 2008]**

**1st** Alexa Wohrley                      Timberland                      3:40.51  
Angela Bussey  
Amanda Masters  
Taylor Wohrley

**2nd** Brynne Buell                      Holt                      3:50.17  
Stephanie Heutel  
Sam Holliday  
Sammy Jo Taylor

**3rd** Anna Javanovic                      Francis Howell                      3:58.72  
Madison Catalano  
Audrey Gilmore  
Abby Hempen

## **All-Academic Team**

**Ft. Zumwalt South** - Amanda Bell, Lori Binder, Leigh Cardosi, Erin Carroll, Alyssa Cradic, Danielle Ellis, Caroline Franzoi, Alyssa Gerke, Rachel Graves, Samantha Griffin, Diana Kilmer, Kayla Koenig, Jessica Kolisch, Kathryn Kotraba, Katie Parks, Samantha Powers, Kelly Schelich, Mandy Smith, Rachel Volz, Emily Weber, Stacy Weber, Lauren Welch

**St. Charles** - Heather Adair, Laurie Bethmann, April Ermeling, Laura Fritz, Chelsea Higgins, Melissa Schnettler, Morgan Shipley, Kelly Smyth, Moira Smyth, Karlie Wilson

**St. Charles West** - Jill Bushery, Paige Goellner, Megan Gross, Megan Illy, Melissa Illy, Michelle Illy, Erika Ken, Jessica Lafser, Kayleigh Larson, Anna McClain, Rachel McDonnell, Madison Nahrup, Elizabeth Nash, Laurie Schmidt, Alexis Schroeder, Julie Smith, Madeline Watson

**Ft. Zumwalt North** - Bridget Lamb, Nicole Ackerman, Abigail Schulte, Margaret Beckmann, Emily Beins, Paloma Bernhardt, Kellie Wilp, Stephanie Miller, Morgan

Sharketti, Shelby Markum, Shannon, Schulte, Morgan Graeser, Elizabeth Mitchell,  
Megan Lamb, Patricia Cox, Alayna Hitz, Latasha Nuzum, Merissa Martin, Ashley Triola,  
Alyssa Barnes, Morgan Bauer,

## 2007-8 North Wrestling Champions

### 103

<b>1st</b>	Cody Orr	Ft. Zumwalt North
<b>2nd</b>	Zach Schall	Warrenton
<b>3rd</b>	Conner McVey	St. Charles West

### 112

<b>1st</b>	Zac Reedy	Ft. Zumwalt North
<b>2nd</b>	Mike Loaiza	St. Charles
<b>3rd</b>	Jake Manaska	St. Charles West

### 119

<b>1st</b>	Tim Hanify	Washington
<b>2nd</b>	Matt Frkovic	Wentzville Timberland
<b>3rd</b>	Josh Hall	Ft. Zumwalt North

### 125

<b>1st</b>	J. J. Rallo	Ft. Zumwalt North
<b>2nd</b>	Dan Hanify	Washington
<b>3rd</b>	Tony Gillespie	St. Charles

### 130

<b>1st</b>	Tyler Knickmeyer	Washington
<b>2nd</b>	Jake Cook	Wentzville Timberland
<b>3rd</b>	Cole Reedy	Ft. Zumwalt North

### 135

<b>1st</b>	Kasey Cates	Washington
------------	-------------	------------

<b>2nd</b>	Bryce Kelly	Ft. Zumwalt North
<b>3rd</b>	Carl Ramsour	St. Charles

## 140

<b>1st</b>	Austin Noah	St. Charles
<b>2nd</b>	Steven Wallace	Warrenton
<b>3rd</b>	Bobby Broadhurst	St. Charles West

## 145

<b>1st</b>	Corey Lee	Ft. Zumwalt North
<b>2nd</b>	Adam Brinker	Washington
<b>3rd</b>	Aaron Ramsour	St. Charles

## 152

<b>1st</b>	Brian Campbell	Wentzville Timberland
<b>2nd</b>	Jacob Ruesch	Ft. Zumwalt North
<b>3rd</b>	Josh Hammos	St. Charles West

## 160

<b>1st</b>	Matt Espey	Ft. Zumwalt North
<b>2nd</b>	Kenny Hamai	Washington
<b>3rd</b>	Damien Eichelberger	St. Charles West

## 171

<b>1st</b>	Andreas Plackis	St. Charles West
<b>2nd</b>	Dan Spitler	Ft. Zumwalt North
<b>3rd</b>	Cody Ayers	Wentzville Timberland

## 189

<b>1st</b>	Stephen Dopp	St. Charles West
<b>2nd</b>	Keith Vierling	St. Charles
<b>3rd</b>	Justin Ellertson	Wentzville Timberland

## **215**

<b>1st</b>	Alex Glasgow	St. Charles West
<b>2nd</b>	Kenton Jenkins	Wentzville Timberland
<b>3rd</b>	Dallas Pennock	Washington

## **285**

<b>1st</b>	Nick Demien	Wentzville Timberland
<b>2nd</b>	Ben Kayser	Ft. Zumwalt North
<b>3rd</b>	Wes Baker	Warrenton

## **Sportsmanship Award**

**Duchesne**  
**Warrenton**  
**Washington**  
**St. Charles**  
**Timberland**  
**Ft. Zumwalt North**  
**St. Charles West**

## **All-Academic Team**

**Duchesne** – missing

**Warrenton** – missing

**Washington** – missing

**St. Charles** – Zachary Ferguson, Jesse Hamilton, Daniel Noah, Zach Pitts, Ryan Sparks, Keith Vierling

**Timberland** – missing



**Ft. Zumwalt North** – Ben Kayser, Dan Spitler, Cody Orr, Jared Wood, Cole reedy,  
Travis Davidson, John Rallo

**St. Charles West** – missing

## **2007-8 South Wrestling Champions**

**103**

**112**

**119**

**125**

**130**

**135**

**140**

**145**

**152**

**160**

**171**

**189**

**215**

## **Sportsmanship Award**

**Francis Howell North**  
**Ft. Zumwalt west**  
**Francis Howell Central**  
**Ft. Zumwalt South**  
**Wentzville Holt**  
**Francis Howell**  
**Troy Buchanan**

Jamie Hawkins

## **All-Academic Team**

**Ft. Zumwalt West** – missing

**Ft. Zumwalt South** – Justin Chrisco, Joshua Enloe, Aaron Heumphreus, Caleb Hull, Josiah Hull, Joe Jennings, Tyler Juengst, Brandon Torres, Matt Whitwell, William Zerr

**Francis Howell** – missing

**Francis Howell North** - Robert Lall, Cody Basala, Erich Lohmann, Jared Glose,  
Bryan Hawkins, Harold Ritchie

**Francis Howell Central** – missing

**Troy** – missing

**Holt** – missing