

## 2013 North Division Boys Cross Country

Athlete	School	Grade	Time
Arthur Chan	Saint Charles	11	17:10.85
Brandon Downs	Saint Charles West	12	17:31.66
Will Runion	Orchard Farm	9	17:34.78
Nathan Boschert	Orchard Farm	11	17:48.49
Kurt Dostal	Saint Charles West	11	18:05.25
Jacob Ruby	Warrenton	12	18:14.03
Luke Starr	Orchard Farm	12	18:25.68
Brian Redlawsk	Saint Charles	10	18:33.62
Tristen Cullom	Warrenton	12	18:37.44
Simon Schappe	Saint Charles	10	18:38.92
Cole Gilkey	Orchard Farm	12	18:48.67
Manuel Castillo	Saint Charles	10	18:50.99
Alfred Chan	Saint Charles	11	19:03.56
Nick Ayotte	Orchard Farm	10	19:05.18

**TEAM SCORES: Orchard Farm [34]; Saint Charles [37]; Saint Charles West [58]**

## 2013 Central Division Boys Cross Country

Athlete	School	Grade	Time
Sean Conlin	Fort Zumwalt East		15:40.51
Joe Bindner	Fort Zumwalt East		16:19.88
Travis Ebert	Washington		16:29.85
Riley Flynn	Fort Zumwalt North		16:45.56
Tate Kitchell	Washington		16:49.96
Carson Miller	Fort Zumwalt South		16:54.76
Nathan Louder	Fort Zumwalt East		17:00.62
Sean Fowler	Fort Zumwalt East		17:07.84
Evan Brooks	Fort Zumwalt South		17:09.42
Caleb Wyble	Fort Zumwalt East		17:28.21
Seth Kitchen	Fort Zumwalt South		17:41.38
Jordan Benton	Fort Zumwalt North		17:48.24
Jacob Rotter	Wentzville Holt		17:53.01
Parker Neptune	Washington		18:03.23

**TEAM SCORES: Fort Zumwalt East [28]; Fort Zumwalt South [55];  
Washington [62]; Fort Zumwalt North [74]**

### **ALL ACADEMIC**

**Fort Zumwalt North** - Jordan Benton, Scott Besselman, Matt Buesse, Ryan Deeken, Andrew Evers, Rowan Fink, Riley Flynn

**Washington** - Jacob Huxol, Tate Kitchell, Daniel Lock, Nathan Mauldin, Parker Neptune

**Wentzville Holt** - Jerod Campbell, Mitch Mindala, William Rackers, Princeton Randall, Andrew Rotter

## **SPORTSMANSHIP**

**Washington** - Travis Elbert

**Wentzville Holt** - Princeton Randall

## **2013 South Division Boys Cross Country**

<b>Athlete</b>	<b>School</b>	<b>Grade</b>	<b>Time</b>
Gavin Galanes	Francis Howell	12	16:16.18
Austin Crowe	Wentzville Timberland	10	16:48.22
Daniel Drury	Wentzville Timberland	12	17:00.02
Ryan Howe	Fort Zumwalt West	12	17:01.15
Jack Neske	Fort Zumwalt West	11	17:24.39
Tayler Carter	Troy Buchanan	12	17:24.77
Ean Thielbar	Francis Howell North	12	17:27.48
Jack Greer	Wentzville Timberland	11	17:29.10
Jed Swanton	Wentzville Timberland	11	17:29.24
Walker Wetter	Francis Howell	10	17:30.22

Trevor Remund	Francis Howell	11	17:30.33
Zach Wagner	Fort Zumwalt West	12	17:31.45
Gregory Criswell	Francis Howell North	11	17:31.46
Timothy Bries	Francis Howell North	11	17:36.41

**TEAM SCORES: Wentzville Timberland [39]; Fort Zumwalt West [55]; Francis Howell [61]; Francis Howell North [62]; Troy Buchanan[94]; Francis Howell Central [152]**

### **ALL - ACADEMIC AWARD**

**Wentzville Timberland** - Danny Drury, Jack Greer, Addam Leavitt, Brendan MacDonald, Christian Schoonover, Nathan Schoonover, Jed Swanton

**Fort Zumwalt West** - Howard Chen, Van Ediger, Nathaniel Harrison, Tyler Hoffmann, Ryan Howe, Seth Knickmeyer, Jack Neske, Derrius Plair, Brendan Ritchie, Alex Stansbery, Zach Wagner

**Francis Howell Central** - PJ Brown, Mitch Devening, Bryan Tracy, Nathan Limbaugh, Alex Bushe

### **SPORTSMANSHIP AWARD**

**Wentzville Timberland** - Jed Swanton

**Fort Zumwalt West** - Derrius Plair

## 2013 North Division Girls Cross Country

Athlete	School	Grade	Time
Madeline Carlson	Warrenton	11	20:06.32
Amy Brown	Saint Charles West	12	20:09.42
Julia Larson	Saint Charles West	12	20:41.86
Andrea Poole	Warrenton	9	21:31.93
Jill Armbruster	Saint. Charles West	11	21:33.99
Rachel Kitzman	Saint Charles	11	21:50.64
Kayla Willis	Saint Charles	12	22:24.89
Emma Towell	Saint Charles	11	22:34.91
Arielle Fox	Saint Charles	10	22:54.47
Sarah Bathe	Saint Charles	9	22:57.62
Genna Canning	Saint Charles	11	22:59.70
Shelby Beasley	Orchard Farm	10	23:05.58
Amanda Kubiak	Saint Charles	12	23:55.23
Rachel Jackson	Saint Charles West	10	24:12.48

**TEAM SCORES: Saint Charles West [29]; Saint Charles [30]**

## 2013 Central Division Girls Cross Country

Athlete	School	Grade	Time
Chandler Carreon	Wentzville Holt		18:33.21
Sydney O'Brien	Fort Zumwalt South		19:02.66
Michaela Hylen	Fort Zumwalt East		19:53.50
Savannah Sneed	Wentzville Holt		20:03.12
Tori Nesslage	Fort Zumwalt North		20:03.99
Jocelyn Quiles	Fort Zumwalt North		20:06.25
Ashton Leslie	Washington		20:15.20
Caitlin Gervich	Fort Zumwalt South		20:16.17
Hanna Oechsner	Fort Zumwalt East		20:24.06
Morgan Rose	Wentzville Holt		20:27.88
Sheridan Cay	Fort Zumwalt South		20:28.67
Brooke Hierholzer	Wentzville Holt		20:33.46
Josie Plowman	Washington		20:37.09
Taylor Allison	Wentzville Holt		20:39.58

**TEAM SCORES: Wentzville Holt [30]; Fort Zumwalt South [41];  
Fort Zumwalt North [57]**

**ALL ACADEMIC**

**Fort Zumwalt North** - Olivia Dove, Hope Knopf

**Washington** - Kassy Briggs, Lexi Geisert, Ashton Leslie, Cheyanne Leslie, Josie Plowman, Alexandria Ready, Morgan White

## **SPORTSMANSHIP**

**Washington** - Morgan White

### **2013 South Division Girls Cross Country**

<b>Athlete</b>	<b>School</b>	<b>Grade</b>	<b>Time</b>
Maddi Leigh	Francis Howell	9	18:35.18
Arnica Zitting	Francis Howell	12	18:49.85
Danielle Berry	Francis Howell	10	19:50.19
Kristen Adams	Francis Howell	12	19:57.89
Ariel Kirkpatrick	Francis Howell North	11	20:13.60
Morgan Hartwig	Troy Buchanan	10	20:24.40
Abby Wortmann	Troy Buchanan	11	20:24.41
Alexis Happe	Francis Howell North	12	20:41.26
Dominique Meyer	Francis Howell North	11	20:45.78
Rebecca Turney	Francis Howell	12	20:55.62
Meg Norris	Fort Zumwalt West	12	20:56.46
Kristen Hemmersmeier	Francis Howell	11	20:57.66
Liz Lay	Fort Zumwalt West	12	21:15.24

Madlena Demirchian	Fort Zumwalt West	12	21:19.64
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**TEAM SCORES: Francis Howell [20]; Fort Zumwalt West [71]; Francis Howell North [78]; Troy Buchanan [95]; Wentzville Timberland [120]; Francis Howell North [143]**

### **ALL- ACADEMIC AWARD**

**Wentzville Holt** - Taylor Allison, Chandler Carreon, Sarah Hicks, Brooke Hierholzer, Morgan Rose, Abby Piper, Savannah Sneed, Dana Whiting **[The entire team received this honor!!]**

**Wentzville Timberland** - Kelsie Eckert, Megan Glaeser, Miranda Hasty, Autumn Rivera

**Fort Zumwalt West** - Rachel Althage, Karley Armstrong, Katherine Brouillet, Isabelle Clark, Madi Clark, Madlena Demirchian, Sadie Harris, Nathalie Kaemmerer, Liz Lay, Jenna Marston, Meg Norris, Allegra Pierce, Alicia Reed, Brianna Tucker

**Francis Howell North** -Kristy Eslinger, Emma Duckworth, Luta Young, Katherine Wolf, Madison Grumich

### **SPORTSMANSHIP AWARD**

**Wentzville Holt** - Sarah Hicks

**Wentzville Timberland** - Monica Witzke

**Fort Zumwalt West** - Meg Norris

**2013 North Division**

**Football**

## QUARTERBACK

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Kyle Anders	Saint Charles West	SR
<b>2nd Tem</b>	Kevin Miller	Saint Charles	SR

## RUNNING BACK

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Drew Lauer	Saint Charles West	JR
	Blake Rugraff	Saint Charles West	JR
	Armand Keely	Orchard Farm	JR
<b>2nd Team</b>	Malcom Alston	Saint Charles	JR
	Zach Logan	Warrenton	JR
	Corey Eckenfels	Warrenton	SR

## OFFENSIVE LINE

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Robert Bearden	Saint Charles West	SR
	Alex Hermann	Saint Charles West	JR

	Ryan Payne	Saint Charles	SR
	Logan Shay	Warrenton	SR
	Brett Kilian	Orchard Farm	SR
<b>2nd Team</b>	Dusty Norton	Saint Charles West	SR
	Jon Young	Saint Charles West	JR
	Austin Stroer	Warrenton	SR
	Matt Gerstenkorn	Orchard Farm	SR
	Cree Foeller	Winfield	SR

## WIDE RECEIVER

	Player	School	Year
<b>1st Team</b>	Ryan Findaers	Saint Charles West	SR
	Sam Kohrs	Saint Charles	SR
	J'lil Cage	Orchard Farm	SR
<b>2nd Team</b>	Karl King	Saint Charles	SR
	Ryan Bradshaw	Warrenton	JR
	Chandler Hollingsworth	Winfield	JR

## KICKER

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Zach Smegner	Saint Charles West	SR
<b>2nd Team</b>	Tyler Westerfeld	Orchard Farm	JR

## LINEBACKER

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Blake Rugraff	Saint Charles West	JR
	Auggie Loschen	Saint Charles West	SR
	George Wielms	Warrenton	JR
	Tayler Nicholson	Winfield	JR
<b>2nd Team</b>	Nick Anselmo	Saint Charles West	JR
	Sm Schlueter	Saint Charles	SR
	Adam Johler	Saint Charles	SR
	Armand Keely	Orchard Farm	JR

## DEFENSIVE LINE

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Alex Hermann	Saint Charles West	JR
	Sam Wallut	Orchard Farm	JR
	Robert Bearden	Saint Charles West	SR

	Logan Shay	Warrenton	SR
<b>2nd Team</b>	Garrett Shields	Saint Charles	SR
	Dylan Pyatt	Warrenton	JR
	Jon Young	Saint Charles West	JR
	Cree Foeller	Winfield	SR

## DEFENSIVE BACK

	Player	School	Year
<b>1st Team</b>	Ryan Finders	Saint Charles West	SR
	Drew Lauer	Saint Charles West	JR
	Adam Finley	Orchard Farm	JR
	David Bauer	Winfield	SR
<b>2nd Team</b>	Brendan Jett	Saint Charles West	JR
	Kevin Miller	Saint Charles	SR
	Karl King	Saint Charles	SR
	Jacob Abel	Warrenton	SO

## PUNTER

	Player	School	Year
<b>1st Team</b>	Jon Young	Saint Charles West	JR

**2nd Team**

Josh Goldstein

Saint Charles

SO

## **Sportsmanship Award**

**Orchard Farm** - Ben Phillips

**Saint Charles** - Kevin Miller

**Saint Charles West** - Collin Hanneke

**Warrenton** - Dane Huck

**Winfield** - Zach Ellebrecht

## **All-Academic Team**

**Orchard Farm** - Tommy Correa , George David , Adam Finley , Matt Gerstenkorn , Brett Kilian , Scott Lyon , Brandon Overstreet , Ben Phillips , Fils Rosa , Sam Wallut , Tyler Westerfeld

**Saint Charles** - Isak Towell, Sam Schlueter, Sam Kohrs, Blake Seppelt, Nate Blair, Tony Kiel, Rod Gillette, Ryan Payne, Dillon Fox, Michael Looney, Aaron Dryden

**Saint Charles West** - Kyle Anders, Nick Anselmo, Michael Barnett, Brendan Carey, Mark Echele, Mike Eoff, Ryan Finders, Collin Hanneke, Tyler Hash, Jon Hauptert, Drew Holtgrieve, Brenden Jett, Evan Kinnevan, Drew Lauer, Dalton Lawrence, Andrew McFarland, Tyler Recker, Bailey Reynolds, Blake Rugraff, Zach Smegner, Lawrence Thompson

**Warrenton** - Luke Darity, George Wielms, Logan Shay, Justin Bunge, Justin Ohmes, Chad Schneider, Dane Huck, David Ingle, DJ Nelson, Dylan Pyatt, Kevin Schneider, Alec Tonioli, Jacob Abel, James Bishop, Kenny Bonzo, Matt Copher, JP Marquis, Dillen Mayfield, Justin McBroom, Sean Nothstine, Braydan Chmiel, Jeremy Schneider

**Winfield** - David Bauer, Damian Cagle, Josh Davenport, Cody Dulaney, Andrew Eggering, Zach Ellebrecht, Cree Foeller, Nick Gregson, Max Rose, Zak Schneider, Brian Thomas, Cody Thompson, Brandon Wuelling

# 2013 Central Division Football

## QUARTERBACK

	Player	School	Year
<b>1st Team</b>	Shane Barrett	Fort Zumwalt East	JR
<b>2nd Team</b>	Dillon Bowman	Fort Zumwalt South	SR

## RUNNING BACK

	Player	School	Year
<b>1st Team</b>	Kyle Summers	Washington	SR
	Tre' Johnson	Fort Zumwalt North	JR
<b>2nd Team</b>	Camren Fullerton	Fort Zumwalt North	SO
	Jake Thompson	Wentzville Holt	SR
	Deon Lewis	Fort Zumwalt North	JR

## ATHLETE

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Luke Hasenjaeger	Washington	SR
<b>2nd Team</b>	Colin Mueller	Fort Zumwalt North	SR

## OFFENSIVE LINE

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Dan Smith	Fort Zumwalt East	SR
	Franklin Green	Fort Zumwalt East	SR
	Jeremy Davidson	Fort Zumwalt North	SR
	Josh Stockton	Fort Zumwalt North	SR
	Will James	Wentzville Holt	SR
<b>2nd Team</b>	Zach Goodsell	Fort Zumwalt East	SR
	Jacob Lewis	Fort Zumwalt South	SO
	Austin MacManus	Fort Zumwalt South	SR
	Marcus Lowery	Fort Zumwalt North	JR
	Nick Thiel	Washington	JR

## WIDE RECEIVER

	<b>Player</b>	<b>School</b>	<b>Year</b>
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<b>1st Team</b>	Matt Etherton	Fort Zumwalt East	JR
	D'Andre Campbell	Fort Zumwalt East	SR
	Seth Bollman	Washington	JR
<b>2nd Team</b>	Justin Fitzpatrick	Fort Zumwalt North	JR
	Sam Bartlett	Fort Zumwalt North	JR
	Gerald McBurrows	Fort Zumwalt South	SR

## PUNTER

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Zak McCrary	Fort Zumwalt South	JR
<b>2nd Team</b>	Joey Mueller	Fort Zumwalt North	SR

## DEFENSIVE BACK

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Aremus Thomas	Fort Zumwalt East	SR
	Daniel Morris	Fort Zumwalt East	SO
	Tre' Johnson	Fort Zumwalt North	JR
	Justin Fitzpatrick	Fort Zumwalt North	JR
<b>2nd Team</b>	Cade Brister	Fort Zumwalt North	FR

	Channon Ross	Fort Zumwalt South	FR
	Gerald McBurrows	Fort Zumwalt South	SR
	Tyler Nolle	Fort Zumwalt South	JR

## LINEBACKER

	Player	School	Year
<b>1st Team</b>	Luke Sammelmann	Fort Zumwalt North	SR
	Jeremy Davidson	Fort Zumwalt North	SR
	Zach Herron	Fort Zumwalt East	SR
<b>2nd Team</b>	Dillon Bowman	Fort Zumwalt South	SR
	Lane Eaves	Fort Zumwalt East	SR
	Harrison Stephan	Fort Zumwalt South	FR

## DEFENSIVE LINE

	Player	School	Year
<b>1st Team</b>	Zach Goodsell	Fort Zumwalt East	SR
	Joshua Hoener	Fort Zumwalt North	SR
<b>2nd Team</b>	Nick Cunningham	Washington	SR
	Austin Parres	Fort Zumwalt South	FR

## DEFENSIVE END

	Player	School	Year
<b>1st Team</b>	Javon Willis	Fort Zumwalt East	SR
	Joshua Stockton	Fort Zumwalt North	SR
<b>2nd Team</b>	Mike Moore	Fort Zumwalt North	SR
	Ellis Walker	Fort Zumwalt South	SR

## OFFENSIVE ATHLETE

	Player	School	Year
<b>1st Team</b>	Brenden Pierce	Fort Zumwalt North	JR
<b>2nd Team</b>	Jake Thompson	Wentzville Holt	SR

## DEFENSIVE ATHLETE

	Player	School	Year
<b>1st Team</b>	Jake thompson	Wentzville Holt	SR
<b>2nd Team</b>	Kory Morton	Fort Zumwalt North	SR

## KICKER

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Thomas Czerniejewski	Fort Zumwalt East	SR
<b>2nd Team</b>	Zak McCrary	Fort Zumwalt South	JR

## **Sportsmanship Award**

**Fort Zumwalt East** - Dan Smith

**Fort Zumwalt North** - Quentin Hooks

**Fort Zumwalt South** - Lasean Livingston

**Washington** - Michael Watterson

**Wentzville Holt** - Brandan Bohnert

## **All-Academic Team**

**Fort Zumwalt East** - Thomas Czerniejewski, Shane Barrett, Daniel Morris, Sam Walden, Matt Etherton, Zach Herron, Alex Gross, Blake Stiens, Daniel Smith, Alex Callanan

**Fort Zumwalt North** - Chase Anderson, Cade Brister, Jeremy Davidson, John Disterhaupt, Justin Fitzpatrick, Camren Fullerton, Zach Hilliard, Quentin Hooks, Trenton Jaco, Tre' Johnson, Nathan Owens, Brenden Pierce, Luke Sammelmann, Mason Seeger, Nathan Sims, Chase Smith, Josh Stockton, Nicholas Wampler, Zach Winder

**Fort Zumwalt South** - Joe Baratta, Dillon Bowman, Jack Bratcher, Sam Braun, Marcus Forest, Wilson Fulton, Marquel Harris, Devlyn Hogue, Tom Hood, Brad Jones-Carlile, Luke Kolisch, Jacob Lewis, Austin MacManus, Sean McCammond, Tyler Nolle, Channon Ross, Ellis Walker, Pendilton Whaley, Logan Wilcox

**Washington** - Teddy Harrison, Joey Garrison, Alex Schull, Forrest Miller, Alex Betlach, DJ Quaethem, Caleb Curran, Scott Byrne, Michael Watterson, Austin Subke, Nick Cunningham, Nathan Kopp, Calvin Blaylock, Jacob Maerli, Micheal Wadlow, Seth

Bollmann, Austin Finder, Isaac Lippert, Jacob Brinker, Ben Heggemann, Nicholas Thiel, Chris Jasper, AJ Bartlett, Brandon Brown, Colton Vollmer, Ben Straatmann, Matt McGilvray

**Wentzville Holt** - Anthony Bagley, Nick Thompkins, Mike Tunnage, David Hunter, Blake Graves, Tim Welker, Austin Bennett, Tyler Brave, Stone Staszczuk, Jared Wolfrum, Brian Birza, Brayden Wuebbling, Jerry Harris, Brent Johnson, Cee Monsivais, Deandre Hathaway, Sam Klar, Jason Skiljan, Mitch Buehrle, Garrett Crews, Anthony Parker, Brendan Bohnert, Sean Dotson, Jake Koons, Tyler Brown, Trent Felton

## 2013 South Division

### Football

#### QUARTERBACK

	Player	School	Year
<b>1st Team</b>	Brett Siebenshuh *	Francis Howell	SR
<b>2nd Team</b>	Brody Allen	Francis Howell Central	SR

#### RUNNING BACK

	Player	School	Year
<b>1st Team</b>	Kendall Morris	Francis Howel Central	SR
	Devon Fuller	Troy Buchanan	SR
<b>2nd Team</b>	Sutton Smith	Francis Howell	JR

	Doug Cook	Fort Zumwalt West	SR
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## RETURNERS

	Player	School	Year
<b>1st Team</b>	Connor Flynn	Francis Howell	JR
<b>2nd Team</b>	Jordan Moody	Francis Howell North	JR

## OFFENSIVE LINE

	Player	School	Year
<b>1st Team</b>	Tanner Hale	Francis Howell	SR
	Robert Marco	Wentzville Timberland	SR
	Brendan Sullivan	Francis Howell Central	SR
	Aaron Callaway	Francis Howell	JR
	Danny Goggin	Francis Howell North	SR
	Anthony Farley	Fort Zumwalt West	SR
<b>2nd Team</b>	Darian Neal	Troy Buchanan	SR
	Ebrahim Salem	Fort Zumwalt West	SR
	Danny Williams	Wentzville Timberland	JR
	Shawn Murphy	Francis Howell Central	SR

## WIDE RECEIVER

	Player	School	Year
<b>1st Team</b>	Seth Hebert	Fort Zumwalt West	SR
	Darrian Wolosyk	Francis Howell North	SR
	Richie Eisenhart	Francis Howell	SR
<b>2nd Team</b>	Justin Hayden	Francis Howell Central	SR
	Justin Andrews	Francis Howell Central	SR
	Alec Montgomery	Francis Howell	SR

## KICKER

	Player	School	Year
<b>1st Team</b>	Ben Burns *	Francis Howell Central	SR
<b>2nd Team</b>	Nick Stanczak	Fort Zumwalt West	JR

## DEFENSIVE BACK

	Player	School	Year
<b>1st Team</b>	Dylan Bruce	Fort Zumwalt West	JR

	Justin Allen	Francis Howell Central	SR
	Connor Flynn	Francis Howell	JR
	Terry White	Francis Howell North	SR
	Bailey Canedy	Wentzville Timberland	SR
<b>2nd Team</b>	Adam Fazio	Francis Howell	SR
	Blake Benoist	Fort Zumwalt West	JR
	Jake Viehman	Francis Howell North	SO
	Clay Goodman	Francis Howell Central	SR
	Robbie Klos	Wentzville Timberland	SR

## LINEBACKER

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	A. J. Jones	Francis Howell	SR
	Rourke Penn	Fort Zumwalt West	JR
	Jonah Greco	Francis Howell Central	SR
	Justin Hayden	Francis Howell Central	SR
<b>2nd Team</b>	Devon Fuller	Troy Buchanan	SR
	Jake Hampton	Francis Howell North	SR
	Ryan Perkins	Francis Howell	SO
	Justin Perkins	Francis Howell	SO

## DEFENSIVE LINE

	Player	School	Year
<b>1st Team</b>	David Horvath *	Fort Zumwalt West	SR
	Debois Hill	Francis Howell Central	SR
	Danny Williams	Wentzville Timberland	JR
	Nic Perkins	Francis Howell	SR
<b>2nd Team</b>	Casden Key	Francis Howell	JR
	Danny Goggin	Francis Howell North	SR
	Johnny Pulliam	Troy Buchanan	SR
	Robert Schneider	Wentzville Timberland	SR

## PUNTER

	Player	School	Year
<b>1st Team</b>	Jonah Greco *	Francis Howell Central	SR
<b>2nd Team</b>	Devon Fuller	Troy Buchanan	SR

\* = unanimous selection

# Sportsmanship Award

**Fort Zumwalt West** - Logan Andersen

**Francis Howell** - Brett Siebenshuh

**Francis Howell Central** - Clay Goodman

**Francis Howell North** - Corey Burns

**Troy Buchanan** - Cody Miller

**Wentzville Timberland** - Connor Bomstad

# All-Academic Team

**Fort Zumwalt West** - Cole Albright, Logan Andersen, Blake Benoist, Ethan Biehl, Connor Bowden, Kason Brown, Dylan Bruce, Damian Buff, August Carr, Tyler Castle, Shawn Crown, Bailey Cummings, Jason Daly, Christian Demand, R.J. Dietrich, Ryan Dussold, Kyle Eley, Kevin Garrison, Bryce Gullion, David Horvath, Ty Hunt, Christian Kerr, John Kiely, Michael Kiely, Donovan Killeen, Ryan Knapp, Trevor Kubiak, Tyler Loesch, Brandon Madison, Jacob Maher, Jacob Neldon, Jared Nesslage, Dominic Parisi, Rourke Penn, Peter Phan, Nick Phillips, Zach Phillips, Alec Piwowarczyk, Dean Raft, Brandon Reichert, Chris Rood, Logan Smith, Chris Steger, Devin Strauss, Jake Strauss, Justin Strayhorn, Michael Vester, Michael Walterscheid, Trevor White, Bryce Williams, Braden Zink

**Francis Howell** - Connor Barth, Aaron Callaway, Nick Clamors, Cole Clement, Zach Doak, Chance Donnelly, Adam Fazio, Connor Flynn, Jeremy Hagely, Chase Harper, Sam Hefner, Aric Heismeyer, Blake Henson, Chandler Henze, Brandon Jaegers, Grant Jambois, JD Koehler, Joey Land, John Mach, Jake Martin, Thomas Maurer, Connor Merriweather, Kurt Miller, Jordan Momeno, Alec Montgomery, Nick Mossinghoff, Desmond Niboh, Nic Perkins, Ryan Perkins, Matthew Pulcine, Trevor Rhoads, Brett Siebenshuh, Josh Smith, Brad Stetson, Joe Stewart, Ryan Thompson, Austin Unterreiner, Colton White, Nathan White, Quentin White, Brady Wildschuetz

**Francis Howell Central** - Brody Allen, Justin Allen, Alex Chiles, Clay Goodman, Jonah Greco, Kyle McCormack, Zach McKinley, Shaun Murphy, Ben Schneider, Brendan Sullivan, Daniel Yates, Joey Ziegler

**Francis Howell North** - Danny Bacon, Drake Kruep, AJ Schulze, Kyle Springli, Thomas Wersching, Corey Bruns

**Troy Buchanan** - Curtis Hechler, Corey Jimenez, Ross Jones, Cody Miller, Darian Neal, Shane Ponder, Patrick Schwent, Nicholas Travis, Daniel Williamson, Immanuel Young, Brenden Alford, Andrew Decker, Cody Dempsey, Zachary Finley, Brenton Giannakis, Devin Graves, James Hoskins, Tyler Leach, Brendan Lofland, Parker Pitts, Devon Rainwater, Tyler Williamson

**Wentzville Timberland** - Bryce Becker, Adam Bias, Connor Bomstad, Dylan Sullivan, Bailey Canedy, Kyle Fletcher, Dustin Lapak, Robert Marco, Jordan West, Dylan Armstrong, Clayton Daniels, Andrew Jehle, Sam Kinsella, Patrick Kunza, Jed Lamping, Andrew Powell, Jackson Reiske, Jared Renfroe, Levi Ringo, Brendan Rowe, Ethan Schulze, Peyton Simpson, Ryan Hiatt, Collin Mason, Logan Mills

## 2013 Girls Golf Medallists

Amanda Kim	Fort Zumwalt South	69
Reagan Snavelly	Wentzville Timberland	71
Tess McCorkle	Francis Howell	73
Julz Kaminski	Francis Howell North	85
MAcKenzie McDowell	Francis Howell Central	85
Casey Yocks	Wentzville Timberland	86
Amber Heuston	Wentzville Holt	86
Brooke Barrett	Fort Zumwalt West	92
Madi Peyton	Wentzville Holt	94
Bayley Henke	Troy Buchanan	94
Brittany Tuveson	Fort Zumwalt West	94
Jenna Boessen	Troy Buchanan	94

**TEAM STANDINGS:** Wentzville Timberland - 1st; other team standings depend on a match yet to be played.

## Sportsmanship

Wentzville Timberland	Lauren Frank
Fort Zumwalt West	Chelsey Miller

## All Academmic

**Wentzville Timberland** - Abby Beckerdite, Lauren Frank, Reagan Snavelly, Kate Turner, Casey Yocks

**Fort Zumwalt North** - Emily Fluchel, Sierra Grissum, Karly Herrington, Courtney Musket

**Fort Zumwalt West** - Brooke Barrett, Amie Green, Abby Healzer, Deionna Mendez, Chelsey Miller, Britta Tuveson

Wentzville Holt - Delaney Birt, Alex Boeckman, Amber Heuston, Emily Joshu, Alexis Miller, Madi Peyton, Matti Porzenski, Nicole Thompson

## 2013 North Division

### Boys Soccer

## FORWARDS

	Player	School	Year
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<b>1st Team</b>	Tyler Renaud	Saint Charles	JR
	Dillen Mayfield	Warrenton	SO
<b>2nd Team</b>	Adam Staley	Warrenton	JR

## MIDFIELDERS

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Logan Gonce	Saint Charles West	JR
	Zach Smegner	Saint Charles West	SR
	Bryson Cannon	Saint Charles	JR
	Luke Hawley	Warrenton	SR
<b>2nd Team</b>	Lenny Tocco	Saint Charles West	SR
	Luis Vallejo	Saint Charles	SR
	Devon Nacke	Saint Charles	JR
	Zach Van Dillen	Warrenton	SR
	Alex Heitgerd	Warrenton	JR
	Igli Velcani	Winfield	SR
	Brock Ziegemeiere	Winfield	SO

## DEFENDERS

	<b>Player</b>	<b>Team</b>	<b>Year</b>
<b>1st Team</b>	Luke Jackson	Saint Charles West	SR
	Max Wooten	Saint Charles West	FR

	Fernando Lopez	Saint Charles	SO
	C. J. Lowe	Saint Charles	JR
<b>2nd Team</b>	Brandon Edwards	Saint Charles West	SR

## KEEPER

	Player	School	Year
<b>1st Team</b>	Garrett Knese	Saint Charles West	SR
<b>2nd Team</b>	Luke Joslin	Saint Charles	SR
	Mauricio Gamboa	Winfield	SR

**PLAYER OF THE YEAR: Kyle Weinrich, Junior, St. Charles West**

## Sportsmanship Award

**Saint Charles** - Carver Shipman

**Saint Charles West** - Tuan Le

**Warrenton** - Caleb Hodgson

**Winfield** - Josh Haas

## All Academic

**Saint Charles** - Paul Buse, Bryan Damian, Brady Gould, Blake Mohapp, Devon Nacke, Tyler Renaud, Tristan Shannon

**Saint Charles West** - Garret Knese, Alex Heuermann, Zach Smegner, Tuan Le, Lennie Tocco, Kyle Weinrich, Brandon Daugherty, Charles Shipley, Luke Jackson, Logan Gonce

**Warrenton** - Dillon Cosgrove, Luke Hawley, Sawyer Junker, Dillen Mayfield, Brian Sanders

**Winfield** - Tyler Bradsher, Aaron Breckenridge, Bailey Burkemper, Donovan Ehle, Mauricio Gamboa, Matthew Gnade, Brandon New, Brock Ziegemeier, Igli Velcani

## 2013 Central Division

### Boys Soccer

#### FORWARDS

	Player	School	Year
<b>1st Team</b>	Matt Galvin	Fort Zumwalt South	SR
	Devin Sloan	Wentzville Holt	JR
	Tanner March	Fort Zumwalt East	JR
<b>2nd Team</b>	Gus Runge	Fort Zumwalt North	JR
	Justin Schuttenburg	Washington	JR
	Jake Byers	Fort Zumwalt North	JR

#### MIDFIELDERS

	Player	School	Year
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<b>1st Team</b>	Brendan Mann	Fort Zumwalt South	JR
	Christian Livingstone	Fort Zumwalt South	SO
	Jonathon Main	Wentzville Holt	JR
	Mike DeAvilla	Fort Zumwalt North	JR
	Tyler Campbell	Fort Zumwalt East	SR
<b>2nd Team</b>	Stephen Aubuchon	Fort Zumwalt South	SR
	Matt Bennick	Fort Zumwalt North	FR
	Cameron Bunkley	Washington	JR
	Justin Park	Fort Zumwalt South	SR
	Chandler Hoff	Fort Zumwalt North	SO

## DEFENDERS

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Tyler Muehling	Fort Zumwalt South	SR
	Luke Wigglesworth	Fort Zumwalt East	SR
<b>2nd Team</b>	Joe Malnar	Fort Zumwalt East	SR
	Spencer Schroff	Fort Zumwalt East	SR

## KEEPER

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Drew Orf	Fort Zumwalt South	JR

**2nd Team**

Sean Schierbecker

Wentzville Holt

SR

## **PLAYER OF THE YEAR: Cole Valenti, Senior, Fort Zumwalt South**

### **Sportsmanship Award**

**Fort Zumwalt East** - Jonas Montani

**Fort Zumwalt North** - Kyle Urbeck

**Fort Zumwalt South** - Tyler Sarquist

**Washington** - Calvin Guenther

**Wentzville Holt** - Sean Schierbecker

### **All Academic**

**Fort Zumwalt East** - Johnny Vogeles, Spencer Schroff, Joe Malnar, Sam Brandmeyer, Luke Wigglesworth, Dan Hammond, Jonas Montani, Tyler Campbell, Josh Maurer, Sean Powers

**Fort Zumwalt North** - Zachary Bateman, Jeremy Bennick, Chad Bixby, Michael Brown, Michael DeAvilla, Nicholas Filla, Chandler Hoff, Andrew Kehoe, Brendan Orf, Adalberto Ramos, Zachary Stein, Nicholas Strauss, Kyle Urbeck, Matthew Urbeck

**Fort Zumwalt South** - Ryan Frohock, Matthew Galvin, Joseph Haney, Chase Meier, Tyler Muehling, Andrew Orf, Justin Park, Tyler Sarquist, Nicholas Valenti, Michael Wade

**Washington** - Jacob Devore, Dave Meyers, Dane Brautigam, Austin Beers, Corbin Voyles, Sam Lenger, Drake Gleeson, Landon Jarvis, Cameron Bunkley, Justin Schuttenberg, Noah Ziegler, Steven Beerman, Max Brune, Kyle Monzyk, Zach Ernst, Jake Whitworth, Robert Bundy, Parker Smith

**Wentzville Holt** - Benjamin Barr, Parker Bunch, James Dodds, Conner Kile, Benjamin Lucas, Jonathon Main, George Malinee, Kyle Peters, Hunter Park, Sean Schierbecker, Matt Stahl, Cameron Wiese, Colin Heisserer

## 2013 South Division

### Boys Soccer

#### FORWARDS

	Player	School	Year
<b>1st Team</b>	Josh DePriest	Francis Howell	SR
	Kaleb Patania	Wentzville Timberland	SR
	Josh Phillips	Troy Buchanan	JR
<b>2nd Team</b>	Jacob Bowman	Wentzville Timberland	SR
	Joel Jenkins	Francis Howell	SO

#### MIDFIELDERS

	Player	School	Year
<b>1st Team</b>	Mar Roellig	Wentzville Timberland	SR
	Ryan Grantham	Francis Howell	JR
	Tristyn Hasmer	Francis Howell Central	JR
	Ryan Hutson	Francis Howell Central	JR
<b>2nd Team</b>	Tyler Lewis	Troy Buchanan	JR
	Tanner Tanioli	Fort Zumwalt West	SO
	Christian Vazquez	Francis Howell North	JR

	Ryan Zile	Francis Howell	SO
	Michael Toolen	Wentzville Timberland	JR
	Logan Taylor	Troy Buchanan	SR

## DEFENDERS

	Player	School	Year
<b>1st Team</b>	Josh Bowman	Wentzville Timberland	SR
	Joe Kutter	Francis Howell	SR
	Sam Rackovan	Fort Zumwalt West	SR
<b>2nd Team</b>	Jordan Henderson	Francis Howell Central	JR
	Danny Wright	Fort Zumwalt West	SO
	Brett Freesmeier	Francis Howell	JR
	Jordan Fischer	Wentzville Timberland	SR

## KEEPER

	Player	School	Year
<b>1st Team</b>	Nick Johnson	Francis Howell	SR
<b>2nd Team</b>	Kyle Adams	Wentzville Timberland	SR

# **PLAYER OF THE YEAR: Keegan Fouch, Senior, Francis Howell North**

## **Sportsmanship Award**

**Fort Zumwalt West** - Alec Bennett

**Francis Howell** -Jordan Kiser

**Francis Howell Central** - Nick McCullough

**Francis Howell North** - Gabe Grote

**Troy Buchanan** - Aaron Dove

**Wentzville Timberland** - William Springer

## **All Academic**

**Fort Zumwalt West** - Alex Carter, Isaiah Cody, Seth Klausen, Isaiah Kline, Sam Rackovan, Trace Tonioli, Zach Whitehead, Connor Wootten

**Francis Howell** - Kyle Breckenkamp, Brian Foley, Joe Kutter, Collin Anderson, Eric Brommelhorst, Connor Cross, Brett Freesmeier, Ryan Grantha, Austin Killough, Mason King, Josh Lonigro, Nick Naumann, Matt Scheve, Zack Huck, Joel Jenkins, Ryan Zile

**Francis Howell Central** - Scott Halbert, Taylor Baker, Blaise Bachman, Ryan Hutson, Erik Reese, Zemena Muche, Tristyn Hasmer, Marc Crawford, Andrew Keller, Max Kirkpatrick, Worku Muche, Logan Schmidt, Colton Schweigert

**Francis Howell North** - Justin Shelley, Gabe Grote, Oscar Guerrero, Osvaldo Guerrero, Ethan Hussey, Andrew Meyer, Robbie Frkovic, Austin Higginbothom, Drew Baker, Tyler Walters, Cesar Murrillo

**Troy Buchanan** - Jared Danielson, Jacob DeCamp, Aaron Dove, Michael Hazelwonder, Logan Kay, Benjamin Krause, Tyler Lewis, Logan Taylor

**Wentzville Timberland** - Kyle Adams, Jacob Bowman, Josh Bowman, Ryan Domalewski, Gavin Gasparovic, Kevin Janssen, Jack Kilz, Alejandro Medrano, Michael O'Shea, Kaleb Patania, Cody Pyrtle, Justin Schoenberger, William Springer, Michael Toolen, Brendan Willie

# 2013 North Division

## Softball

### PITCHERS

<b>FIRST TEAM</b>	Jannah Garrison	Warrenton	Senior
	Sammi Jo Gray	Saint Charles	Senior
<b>SECOND TEAM</b>	Mackenzie Pugh	Orchard Farm	Senior
	Annie Rhoades	Winfield	Junior

### CATCHERS

<b>FIRST TEAM</b>	Abby Meyers	Warrenton	Sophomore
<b>SECOND TEAM</b>	Mackenzie McInturff	Saint Charles	Senior

### UTILITY PLAYER

<b>FIRST TEAM</b>	Taylor Nordwald	Warrenton	Sophomore
	Maria Tippit	Winfield	Senior
<b>SECOND TEAM</b>	Kristy Higgins	Saint Charles	Junior
	Elissa Rivers	Saint Charles	Junior

## INFIELDERS

<b>FIRST TEAM</b>	Danyelle Dieckman	Warrenton	Senior
	Rachel Earlewine	Warrenton	Junior
	Katelyn Kuhn	Saint Charles	Senior
	Allison Little	Orchard Farm	Junior
	Peyton Ward	Winfield	Sophomore
<b>SECOND TEAM</b>	Kaylee Anderson	Warrenton	Freshman
	Cayla Berendzen	Saint Charles	Sophomore
	Casey Mann	Orchard Farm	Senior
	Anna Prather	Orchard Farm	Junior
	Emma Poindexter	Saint Charles West	Freshman

## OUTFIELDERS

<b>FIRST TEAM</b>	Hailey Carbray	Saint Charles West	Freshman
	Jenny Jansen	Warrenton	Freshman
	Tia Meek	Orchard Farm	Junior
	Libby Marko	Winfield	Junior
<b>SECOND TEAM</b>	Taylor Andrzejewski	Saint Charles West	Senior
	Stacey Hemminghaus	Warrenton	Senior
	Devon Russell	Saint Charles West	Senior
	Erica Rugh	Warrenton	Sophomore

**PLAYER OF THE YEAR: Jennah Garrison (WARRENTON)**

**COACH OF THE YEAR: Trevor Hibbs (WARRENTON)**

## **Sportsmanship Award**

**Orchard Farm:** Kelsey Grundwaldt

**Saint Charles:** Katelyn Kuhn

**Saint Charles West:** Taylor Ebert

**Warrenton:** Alli Banze

**Winfield:** Maria Tippit

## **All-Academic Team**

**Orchard Farm:** Brittany Boyer, Lelsey Grunwaldt, Meredith Knobbe, Rachel Knobbe, Alison Little, Casey Mann, Tia Meek, Anna Prather, McKenna Willbrand

**Saint Charles:** Sydney Bantle, Cayla Berendzen, Brytonni Blassingame, Samantha Jo Gray, Kristy Higgins, Katelyn Kuhn, Mackenzie McInturff, Elissa Rivers, Regan Trippe

**Saint Charles West:** Hannah Andrzejewski, Hailey Carbray, Taylor Ebert, Jessica Fleeman, Alivia Loschen, Anna Kay Williams, Marissa Wilson, Kelsey Virden

**Warrenton:** Alli BANze, Brianna Vogt, Taylor Nordwald, Abby Meyers, Kaylee Anderson, Erica Rugh, Jenny Jansen, Brittney Eubanks, Danyelle Dieckman

**Winfield:** Kayla Bals, Samantha Eggering, Cailyn Hoelting, Carly Hoelting, Alexandra Hudleson, Kasey Kaimann, Elizabeth Marko, Anna Rhoades, Maria Tippit, Peyton Ward

**2013 Central Division**

**Softball**

## PITCHERS

<b>FIRST TEAM</b>	Shelby Clark	Fort Zumwalt North	Junior
	Abby Hlavaty	Fort Zumwalt North	Senior
<b>SECOND TEAM</b>	Kayla Pilgrim	Washington	Sophomore
	Brooke Smith	Washington	Sophomore

## CATCHERS

<b>FIRST TEAM</b>	Abby Tillotson	Fort Zumwalt North	Senior
<b>SECOND TEAM</b>	Erin Brandes	Fort Zumwalt South	Senior

## UTILITY PLAYER

<b>FIRST TEAM</b>	Meredith Adam	Wentzville Holt	Sophomore
	M. C. Landolt	Washington	Senior
<b>SECOND TEAM</b>	Meagan Elder	Fort Zumwalt East	Junior
	Lexy Haas	Fort Zumwalt South	Senior

## INFELDERS

<b>FIRST TEAM</b>	Taylor Dames	Fort Zumwalt North	Junior
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	Kaylee Huecker	Wentzville Holt	Junior
	Courtney Kedroski	Washington	Senior
	Shelby Poropat	Fort Zumwalt South	Senior
	Carol Ann Weiler	Fort Zumwalt East	Senior
<b>SECOND TEAM</b>	Abi Corbett	Wentzville Holt	Senior
	Katlyn Garza	Fort Zumwalt North	Senior
	Kayley Hansen	Wentzville Holt	Senior
	Lauren King	Fort Zumwalt North	Junior
	Kaelie Smith	Washington	Senior

## OUTFIELDERS

<b>FIRST TEAM</b>	Mykaela Arellanas	Wentzville Holt	Junior
	Megan Freitag	Washington	Junior
	Sarah Langdon	Fort Zumwalt North	Freshman
	Hope Miller	Fort Zumwalt South	Senior
<b>SECOND TEAM</b>	Alys Feldwert	Fort Zumwalt North	Senior
	Hannah Karl	Fort Zumwalt South	Freshman
	Hannah Murphy	Fort Zumwalt North	Sophomore
	Mel Taouil	Wentzville Holt	Sophomore

**PLAYER OF THE YEAR: Abby Tillotson (FORT ZUMWALT NORTH ) & Mykaela Arellanes (WENTZVILLE HOLT)**

## **COACH OF THE YEAR: Steve Siebert (FORT ZUMWALT NORTH)**

### **Sportsmanship Award**

**Fort Zumwalt East:** Carol Ann Weiler

**Fort Zumwalt North:** Katlyn Garza

**Fort Zumwalt South:** Abby Tiemann

**Wentzville Holt:** Abi Corbett

**Washington:** Lilli Mantle

### **All-Academic Team**

**Fort Zumwalt East:** Kourtney Clark, Meagan Elder, Maddy Eudy, Kelsey Huddleston, Terry Maxwell, Madison Mielke, Rachel Nifong, Kelsey Orf, Megan Quante, Lisa Schmidt, Madison Weiner

**Fort Zumwalt North:** Shelby Clark, Taylor Dames, Alyssa Feldewert, Katlyn Garza, Kaylee Gilbert, Andrea Gowen, Abby Hlavaty, Lauren King, Sarah Langdon, Hannah Murphy, Nicole Pitts, Nikki Swafford, Abi Tillotson

**Fort Zumwalt South:** Mariah Boulch, Erin Brandes, Kaitlyn Centini, Regan Gremaud, Alexis Haas, Hannah Karl, Alexis Kramer, Payton Lanzafame, Shelby Shafer, Paige Wilcox

**Wentzville Holt:** Meredith Adam, Sarah Adams, Mykaela Arellanes, Abi Corbett, Cassidy Diebold, Sam Dockweiler, Kaley Hansen, Amber Harmon, Mikayla Lopez, Mackenzie Meyers, Mel Taouli, Sydney Weatherred

**Washington:** Rebecca Daugherty, Madi Eime, Megan Freitag, Courtney Kedroski, M. C. Landolt, Lilli Mantle, Olivia Omer, Kayla Pilgrim, Brooke Smith, Kaelie Smith, Katie Trigg

## **2013 South Division**

# Softball

## PITCHERS

<b>FIRST TEAM</b>	Hale Rotert	Troy Buchanan	Junior
	Payton Wilson	Francis Howell	Junior
<b>SECOND TEAM</b>	Kristen Kolkmeier	Francis Howell Central	Junior
	Kayla Landwehrmier	Francis Howell	Senior

## CATCHERS

<b>FIRST TEAM</b>	Becca Stocker	Francis Howell Cnetral	Junior
<b>SECOND TEAM</b>	Liz Sexton	Wentzville Timberland	Junior

## UTILITY PLAYER

<b>FIRST TEAM</b>	Abigail Griffin	Francis Howell North	Senior
	Savannah Price	Wentzville Timberland	Senior
<b>SECOND TEAM</b>	Kimie Fozzard	Fort Zumwalt West	Sophomore
	Bri Livingston	Troy Buchanan	Junior

## INFIELDERS

<b>FIRST TEAM</b>	Halley Allen	Francis Howell Central	Junior
	Darby Joerling	Francis Howell	Sophomore
	Austine Pauley	Francis Howell North	Sophomore
	Hannah Porter	Fort Zumwalt West	Junior
	Jenny Richardson	Troy Buchanan	Sophomore
	Katlyn Thomas	Wentzville Timberland	Senior
<b>SECOND TEAM</b>	Paige Kurtz	Francis Howell	Junior
	Mackenzie Lawson	Troy Buchanan	Junior
	Ashley Murphy	Troy Buchanan	Senior
	Hayley Schulte	Wentzville Timberland	Junior
	Katlyn Thomas	Wentzville Timberland	Junior

## OUTFIELDERS

<b>FIRST TEAM</b>	Alex Hamm	Fort Zumwalt West	Senior
	Courtney Ferguson	Wentzville Timberland	Senior
	Christa Reisinger	Troy Buchanan	Junior
	Aimee Saffo	Francis Howell Central	Senior
<b>SECOND TEAM</b>	Courtney Laughlin	Francis Howell North	Sophomore
	Paige Pauley	Francis Howell North	Senior
	Rachel Sullivan	Troy Buchanan	Senior
	Kylie Thwing	Troy Buchanan	Sophomore

**PLAYER OF THE YEAR: Christa Reisinger (TROY BUCHANAN)**

**COACH OF THE YEAR: Brian Cissell (FRANCIS HOWELL CENTRAL)**

## **Sportsmanship Award**

**Fort Zumwalt West:** Morgan Holmes

**Francis Howell:** Emma LaPage

**Francis Howell Central:** Aimee Saffo

**Francis Howell North:** Paige Pauley

**Wentzville Timberland:** Christina Harper

**Troy Buchanan:** Rachel Sullivan

## **All-Academic Team**

**Fort Zumwalt West:** Kendall Douglas, Kim Fozzard, Tayiah Hamilton, Alex Hamm, Emily Heim, Morgan Holmes, Bailey Johnson, Alexis Konarik, Emily McCullough, Brooke McPhee, Hanna Porter, Anna Sechrist, Jordan Vordtriede

**Francis Howell:** Sara Czachowski, Haley Enstall, Megan Fridrich, Darby Joelring, Maggie Knight, Kristin Landon, Kayla Landwehrmier, Emma LaPage, Jillian Norton, Emma Wibbenmeyer, Payton Wilson

**Francis Howell Central:** Amanda Ottinger, Kristen Kolkmeier, Becca Stocker, Aimee Saffo, Katlyn Artz, Alyssa Mathis, Haley Allen, Satiah Duval, Sarah Kabacinski, Kim Kirkman, Lindsey Lewis

**Francis Howell North:** Austine Pauley, Abigail Griffin, Haley Holman, Paige Pauley, Courtney Laughlin, Emma Pardo, Audrey Baker, Alexis Allen, Allison Murphy, Aiza Bustos, Erin Weaver

**Wentzville Timberland:** Angel Badalamenti, Madelyn Bennett, Courtney Ferguson, Christina Harper, Allison Huber, Kaitlyn Kirby, Alyssa Pisarek, Savannah Price, Liz Sexton, Ashton Shumaker, Cassidy Knoerzer

**Troy Buchanan:** Maranna Allen, Rebecca Baumli, Mackenzie Lawson, Brianna Livingston, Caroline Martin, Ashley Murphy, Andrea Rains, Christa Reisinger, Haley Rotert, Nicole Schulte, Rachel Sullivan, Danielle Wiilcoxsen, Hanna Iborg, Kiersten Otte, Jennifer Richardson, Alyssa Rivera, Kylie Thwing

## 2013 BOYS SWIMMING CHAMPIONSHIP

### 200 yard Medley Relay [Record: 1:39.10, FZS, 2009]

SCHOOL	SWIMMERS	YEAR	TIME
Francis Howell	Alex Crawford	12	1:43.68
	Collin Bradley	9	
	Ryan Baker	12	
	Eric Kuehner	12	
Wentzville Timberland	Aguduelo, McAllister, McDermott, Meagher		1:45.81
Fort Zumwalt South	Willmarth, Schnurbusch, Cassimatis, Seelye		1:47.22
Fort Zumwalt West	Hinkbein, Mabry, Kraus, Wille		1:49.16

### 200 yard Freestyle [Record: 1:44.92, Zach Rogers, FHC, 2011]

SWIMMER	SCHOOL	YEAR	TIME
Derek Mielke	Francis Howell Central	12	1:47.72
Mitch Kraus	Fort Zumwalt West	12	1:49.35
Eric Kuehner	Francis Howell	12	1:58.08

Jeff Connor	Francis Howell Central	12	1:58.30
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**200 yard Individual Medley [Record: 1:54.20, Ryan Baker, FH, 2013]**

SWIMMER	SCHOOL	YEAR	TIME
Ryan Baker	Francis Howell	12	1:54.20
Ryan Livingstone	Fort Zumwalt West	10	2:10.77
Joe Meagher	Wentzville Timberland	11	2:10.91
Josh Schnurbusch	Fort Zumwalt South	12	2:12.67

**50 yard Freestyle [Record: 20.43, Andrew Sansoucie, WT, 2012]**

SWIMMER	SCHOOL	YEAR	TIME
Alex Crawford	Francis Howell	12	21.76
Tom Cassimatis	Fort Zumwalt South	12	22.39
Sam Burnett	Wentzville Holt	12	22.96
Jackson Mueller	Fort Zumwalt East	11	23.73

**1 meter Springboard Diving [Record: 491.90, Peter Lucido, FHN, 2013]**

<b>DIVER</b>	<b>SCHOOL</b>	<b>YEAR</b>	<b>POINTS</b>
Peter Lucido	Francis Howell North	9	491.90
Sam Mainieri	Francis Howell East	11	392.70
Eric Macy	Francis Howell Central	12	367.80
Ryan Carroll	Fort Zumwalt South	12	336.55

**100 yard Butterfly [Record: 48.77, Andrew Sansoucie, WT, 2012]**

<b>SWIMMER</b>	<b>SCHOOL</b>	<b>YEAR</b>	<b>TIME</b>
Mitch Kraus	Fort Zumwalt West	12	53.34
Derek Mielke	Francis Howell Central	12	54.42
Marco Aruduelo	Wentzville Timberland	10	57.23
Sean Pirrone	Francis Howell North	11	57.96

**100 yard Freestyle [Record: 47.44, Chris McCrary, FZS, 2000]**

<b>SWIMMER</b>	<b>SCHOOL</b>	<b>YEAR</b>	<b>TIME</b>
Tom Cassimatis	Fort Zumwalt South	12	48.54
Carson Paull	Francis Howell	12	48.73

Sam Burnett	Wentzville Holt	12	50.05
Justin Mabry	Fort Zumwalt West	12	52.50

### 500 yard Freestyle [Record: 4:33.89, Ryan Baker, FH, 2013]

SWIMMER	SCHOOL	YEAR	TIME
Ryan Baker	Francis Howell	12	4:33.89
Joe Meagher	Wentzville Timberland	11	5:15.28
Adam Lewis	Francis Howell	10	5:18.24
Ryan Livingstone	Fort Zumwalt West	10	5:19.38

### 200 yard Freestyle Relay [Record: 1:31.64, Holt, 2009]

SCHOOL	SWIMMERS	YEAR	TIME
<b>Francis Howell</b>	Carson Paull	12	1:31.97
	Nick Wansing	10	
	Adam Lewis	10	
	Alex Crawford	12	
Fort Zumwalt South	Schnurbusch, Laughlin, Seelye, Cassimatis		1:32.64
Francis Howell Central	Connor, Slone, Macy, Mielke		1:36.14
Wentzville Holt	Burnett, Carpenter, Ureta, Oman		1:38.50

**100 yard Backstroke [Record: 52.39, Alex Crawford, FH, 2013]**

<b>SWIMMER</b>	<b>SCHOOL</b>	<b>YEAR</b>	<b>TIME</b>
Alex Crawford	Francis Howell	12	52.39
Marco Aguduelo	Wentzville Timberland	10	58.79
Lewis Hussey	Francis Howell Central	12	1:00.49
Nick Verlinden	Wentzville Holt	9	1:00.78

**100 yard Breaststroke [Record: :59.11, Trace Curvey, FZS, 2009]**

<b>SWIMMER</b>	<b>SCHOOL</b>	<b>YEAR</b>	<b>TIME</b>
Paul Carson	Francis Howell	12	1:02.11
Theo McAllister	Wentzville Timberland	11	1:03.69
Brad McGinnis	Fort Zumwalt East	12	1:04.79
Brendan Brause	Francis Howell Central	12	1:07.16

**400 yard Freestyle Relay [Record: 3:15.63, FH, 2012]**

<b>SCHOOL</b>	<b>SWIMMERS</b>	<b>YEAR</b>	<b>TIME</b>
Francis Howell	Ryan Baker	12	3:25.74

	Nick Wansing	10	
	Eric Kuehner	12	
	Carson Paull	12	
Wentzville Timberland	Meagher, Vuong, McDermott, Aguduelo		3:32.10
Francis Howell Central	Connor, Slone, Hussey, Mielke		3:32.48
Fort Zumwalt West	Wille, Drake, Kraus, Mabry		3:35.23

## TEAM SCORES:

**FRANCIS HOWELL [369]; Fort Zumwalt South [351]; Francis Howell Central [314]; Fort Zumwalt West [306]; Wentzville Timberland [279]; Wentzville Holt [175]; Fort Zumwalt East [157]; Francis Howell North [118]; Fort Zumwalt North [87]**

[Click here for entire swim meet results!](#)

[Click here for diving results!](#)

## All Academic

**Wentzville Holt** - Hatt Carpenter, Joey Coogan, Richard Oman, Nick Verlinden

**Wentzville Timberland** - Marco Agudelo, Jordan Carlton, Jarrett Harkless, Zachary Hill, Trevor Light, Cameron Mayer, Theo McAllister, Jake McDermott, Joe Meagher, Collin Rethmeier

**Fort Zumwalt North** - Ian Ayala, Nicholas Ayala, Jonathan Barnett, Landan Jaeger, Jacob Kennedy, Scott Neustadt

**Fort Zumwalt West** - Austin Corwin, Brian Drake, Kevin Drake, Gus Frank, Brian Gainer,  
Brandon Henry, Jacob Herbst, Lucas Hinkebein, Mitch Kraus, Todd Kriss, Logan Kruger,  
Hunter Lafeber, Ryan Livingston, Justin Mabry, Austin Martin, Larry Murray,  
Walt Pressly, Drew Schnagl, Cameron Viehmann, Andrew Waszak, Conner Wille

## **Sportsmanship**

**Wentzville Holt** - Spenser Leacox

**Wentzville Timberland** - Jarrett Harkless

**Fort Zumwalt West** - Brian Gainer

## **2013 GIRLS TENNIS CHAMPIONSHIPS**

### **#1 SINGLES**

Takenaka	Francis Howell North	def.	Smejralova	Fort Zumwalt South
Auclair	Fort Zumwalt East	def.	Barker	Francis Howell

### **#2 SINGLES**

Takenaka	Francis Howell North	def.	Christensen	Francis Howell
Roberts	Wentzville Timberland	def.	Luedtke	Fort Zumwalt East

### **#3 SINGLES**

Thompson	Francis Howell	def.	Wilson	Francis Howell North
Katragadda	Fort Zumwalt South	def.	Britt	Fort Zumwalt West

## #4 SINGLES

Kichili	Fort Zumwalt Southy	def.	Odle	Francis Howell
Brandt	Francis Howell North	def.	Misuraca	Fort Zumwalt West

## #5 SINGLES

Oostendorp	Francis Howell North	def.	Orf	Francis Howell
Lang	Fort Zumwalt West	def.	White	Fort Zumwalt South

## #6 SINGLES

Farrah	Francis Howell	def.	Vitale	Fort Zumwalt South
Schaffrin	Francis Howell North	def.	Thomas	Francis Howell Central

## #7 SINGLES

K. Laya	Fort Zumwalt South	def.	Hult	Wentzville Holt
Russell	Francis Howell	def.	Heigl	Francis Howell North

## #8 SINGLES

Mecklenburg	Francis Howell North	def.	Sompali	Fort Zumwalt West
Meyer	Francis Howell	def.	Stanglein	Fort Zumwalt East

## #1 DOUBLES

Takenaka-Takenaka	FH North	def.	Barker-Christensen	Francis Howell
Auclair-Karbowski	Fort Zumwalt East	def.	Hacker-Roberts	Timberland

## #2 DOUBLES

Thompson-Odle	Francis Howell	def.	Britt-Misuraca	FZ West
Wilson-Schaffrin	FH North	def.	Leudtke-Peterson	FZ East

## #3 DOUBLES

Oof-Farrar	Francis Howell	def.	Nance-Lang	FZ West
Bradt-Oostendorp	FH North	def.	Earle - Galves-Johnson	W Holt

## #4 DOUBLES

Lashley-Flynn	Francis Howell	def.	Lightner-Spaulding	FZ West
Stieher-Cathey	W Holt	def.	Kloepper-Gerringer	FH Central

## #5 DOUBLES

Lewis-Oostendorp	FH North	def.	Bayer-Kalluri	Francis Howell
Smith-Pydimukkala	FZ South	def.	Nardi-Bhandary	FH Central

**TEAM SCORES:** Francis Howell [56.5]; Francis Howell North [52]; Fort Zumwalt South [24.3]; Fort Zumwalt West [22]; Fort Zumwalt East [12.5]; Wentzville Holt [6.75]; Wentzville Timberland [5.5]; Francis Howell Central [5]; {tie}Troy Buchanan [0] and Fort Zumwalt North [0]

## Sportsmanship

Fort Zumwalt West	Karra Nance
Wentzville Holt	Karly Cavanaugh

## All Academic

**Wentzville Holt** - Kari Leigh Brinkley, Brittany Cathey, Karly Cavanaugh, Hailey Collida, Renee Earle, Brooke Friedman, Nonnel-Galaviz-Johnson, Annie Holtrup, Allie Hult, April Li, Rachel Neff, Nikki Stiehr

**Fort Zumwalt North** - Samantha Coomer, Lilly Humphreys, Hannah Lindley, Emily Matthews, Marion Pollard, Chloe Steyer, Harmony Trax, Ashley von Hartitzsch

**Fort Zumwalt West** - Shelby Britt, Haley Dougherty, Hannah Felder, Nallu Kannan, Haley Lang, Tori Lightner, Ashley Misuraca, Karra Nance, Halle Ann Nixon, Brynn Shrom, Vinny Sompalli, Mackenzie Spaulding

## 2013 North Division Girls Volleyball

### 1st Team

Player	School
Tess Buechter	Orchard Farm
Addison Starte	Saint Charles
Jilli Zimpfer	Saint Charles
Morgan griffiths	Saint Charles West
Kacy Eschweiler	Saint Charles West
Daphne Meine	Warrenton
Morgan Boesel	Warrenton
Allison Reller	Winfield
Jaclyn Sommerlad	Winfield

### 2nd Team

Player	School
Morgan Muzzey	Orchard Farm

<b>Addie Deppe</b>	Saint Charles
<b>Miranda Pierce</b>	Saint Charles West
<b>Maddy Sutherland</b>	Warrenton
<b>Katie Burkemper</b>	Winfield
<b>Lindsey Gremaud</b>	Winfield

**[Click Here for 1st Team Photo](#)**

## **Sportsmanship Award**

**Orchard Farm** - Annie Chen

**St. Charles** - Rachel Welch

**St. Charles West** - Abby Hermann

**Warrenton** - Rachel Reckamp

**Winfield** - Tori Wehde

## **Academic Award**

**Orchard Farm** - Tess Buechter, Lexie Prinster, Annie Chen, Brooke Semke, Kaitlyn Steinhoff, Grace Schroeder, Jordan Johnston, Julie Gruendler, Morgan Muzzey, Sarah Le

**St. Charles** - Jilli Zimpfer, Jennifer Revell, Adelaide Deppe, Emma Knight, Rachel Welch, Addison Strate, Molly Schulteheinrich, Amanda Alsup

**St. Charles West** - Miranda Pierce, Kacy Eschweiler, Morgan Griffiths, Mollie Leimkuehler, Emily Chowning, Emily Recker, Olivia Rhodes

**Warrenton** - Morgan Boesel, Nicole Hardt, Rachel Hertel, Daphne Meine, Lauren Potthast, Rachel Reckamp, Maddy Sutherland

**Winfield** - Kayla Eggering, Abby Hirsch, Lindsey Gremaud, Jaclyn Sommerlad, Allison Reller, Rachael Burkemper, Tori Wehde, Katie Burkemper, Loghan Nickles, Niki Mathews

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## **2013 Central Division Girls Volleyball**

### **1st Team**

<b>Player</b>	<b>School</b>
<b>Megan Lowes</b>	Fort Zumwalt East
<b>Kaelee Hunt</b>	Fort Zumwalt North
<b>Miranda Andres</b>	Fort Zumwalt North
<b>Marisa Gannon</b>	Fort Zumwalt South
<b>Sarah Sanchez</b>	Wentzville Holt
<b>Erica Diener</b>	Washington
<b>Jenna Barnhart</b>	Washington

### **2nd Team**

<b>Player</b>	<b>School</b>
<b>Makenna Farrier</b>	Fort Zumwalt East
<b>Mercedes Jones</b>	Fort Zumwalt North

<b>Kayla Beasley</b>	Fort Zumwalt South
<b>Julia Garza</b>	Fort Zumwalt South
<b>Natalie Davidson</b>	Wentzville Holt
<b>Olivia Strode</b>	Washington
<b>Paige Carpenter</b>	Washington

**[Click Here for 1st Team Photo](#)**

## **Sportsmanship Award**

**Fort Zumwalt East** - Courtney Howell

**Fort Zumwalt North** - Samantha Kelsey

**Fort Zumwalt South** - Kayla Beasley

**Washington** - Kara Herron

**Wentzville Holt** - Torie Davis

## **Academic Award**

**Ft. Zumwalt East** - Courtney Howell, Alexis Still, Emma Edwards, Caitlin Czigler, Gabby Mertz, Lauren Nowakowski, Megan Lowes, Makenna Farrier, Becca Neiswander, Maddie Watson

**Ft. Zumwalt North** - Miranda Andres, Kaelee Hunt, Michaela Hunt, Samantha Kelsey, Madison Kiely, Tiara Nuzum

**Ft. Zumwalt South** - Madeline Bequette, Katherine Budrovich, Danielle Farley, Marisa Gannon, Julia Garza, Kathryn Porter, Stephanie Rush, Lindsey Wind, Jamie Cottrell

**Washington** - Andrea Zoellner, Rachel Meyer, Kelly Gauzy, Erica Diener, Kara Herron, Sarah Borgerding, Olivia Strode, Jessica Hamlett, Jenna Barnhart, Paige Carpenter, Amanda Vollmer, Emily Scheible, Emily Voss

**Wentzville Holt** - Sarah Sanchez, Alexis Kunde, Torie Davis, Megan Gibbs, Natalie Davidson, Ambria Whitlock, Kellie Schramm, Evie Blackburn

## **2013 South Division Girls Volleyball**

### **1st Team**

<b>Player</b>	<b>School</b>
<b>Jade Faucatte</b>	Francis Howell
<b>Allie Henkleman</b>	Francis Howell
<b>Eva Mich</b>	Francis Howell Central
<b>Crystal Webb</b>	Francis Howell North
<b>Hayley richardson</b>	Fort Zumwalt West
<b>Mary Grace Masters</b>	Wentzville Timberland
<b>Courtney Huff</b>	Troy Buchanan
<b>Stef Richterkessing</b>	Troy Buchanan

### **2nd Team**

<b>Player</b>	<b>School</b>
<b>Kristen Uradzionic</b>	Francis Howell
<b>Kirsten Brugere</b>	Francis Howell
<b>Sarah Mueller</b>	Francis Howell Central

<b>Alexis Harrell</b>	Francis Howell North
<b>Rachel Althage</b>	Fort Zumwalt West
<b>Lexi Moe</b>	Fort Zumwalt West
<b>Emily Raftery</b>	Wentzville Timberland
<b>Bailie Carroll</b>	Troy Buchanan

**[Click Here for 1st Team Photo](#)**

## **Sportsmanship Award**

**Fort Zumwalt West** - Sara Wagenknecht

**Francis Howell** - Kelsey Russell

**Francis Howell Central** - Shelby Maupin

**Francis Howell North** -Sofia Quintana

**Troy Buchanan** - Logan Mennemeyer

**Wentzville Timberland** - Brooke Glore

## **Academic Award**

**Fort Zumwalt West** - Rachel Althage, Elli Fitzgerald, Taylor Hellmann, Ariana Linnenbrink, Lexie Moe, Thao Nguyen, Hayley Richardson, Amber Stewart, Sara Wagenknecht, Kelly Wilson

**Francis Howell** - Jade Faucette, Kristen Uradzionaek, Kelsey Russell, Amy Hirner, Courtney Radle, Allie Henkleman, Kirsten Brugere, Sarah Schark

**Francis Howell Central** - Mary Kate Berck, Johanna Burroughs, Caroline Green, Whitney Kemper, Rachel Lee, Shelby Maupin, Eva Mich, Sarah Mueller, Kayla Schoenig

**Francis Howell North** - Jessica Allison, Kayla Andrzejewski, Baylie Clynes, Danielle Dagenais, Anna Ford, Meghan Mitchell, Sofia Quintana, Sydney Salzano, Valeriya Udovenko, Crystal Webb, Kate Doerhoff, Mallory Keipp, Alexis Harrell

**Troy Buchanan** - Baylie Carroll, Courtney Huff, McKala Lawler, Madison McLaughlin, Jade McNeil, Logan Mennemeyer, Stephanie Richterkessing, Riley Stephens, Ally Richterkessing

**Wentzville Timberland** - Maddi Beard, Gabby Ferrante, Sam Geisel, Brooke Glore, Erin Higgins, KC Holmes, Delaney McCoy, Zoe Neal, Tori Papez

## 2013 FALL CONFERENCE CHAMPIONS

<b>SPORT</b>	<b>NORTH</b>	<b>CENTRAL</b>	<b>SOUTH</b>
<b>Boys Cross Country</b>	Orchard Farm	Fort Zumwalt East	Wentzville Timberland
<b>Girls Cross Country</b>	Saint Charles West	Wentzville Holt	Francis Howell
<b>Football</b>	Saint Charles West	Fort Zumwalt East	Francis Howell
<b>Boys Soccer</b>	Saint Charles West	Fort Zumwalt South	Timberland & Howell
<b>Softball</b>	Warrenton	Fort Zumwalt North	Troy Buchanan
<b>Girls Volleyball</b>	Winfield	Washington	Francis Howell

<b>SPORT</b>	<b>CONFERENCE CHAMPION</b>
<b>Girls Golf</b>	Wentzville Timberland
<b>Boys Swimming</b>	Francis Howell
<b>Girls Tennis</b>	Francis Howell

## 2013-2014 North Division Boys Basketball

<b>1st TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	David Bauer	Sr.	Winfield
	Logan Gonce	Jr.	Saint Charles West
	Chase Morfeld	Jr.	Saint Charles
	Davis Soderberg	So.	Saint Charles West
	Casey Teson	Jr.	Saint Charles

<b>2nd TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Luke Joslin	Sr.	Saint Charles
	Drew lauer	Jr.	Saint Charles West
	Ron Richardson	Sr.	Warrenton
	Luke Starr	Sr.	Orchard Farm
	Troy Wehde	Sr.	Saint Charles West

## Sportsmanship Award

<b>Orchard Farm</b>	Kris Groves
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<b>Saint Charles</b>	Brice Wiggs
<b>Saint Charles West</b>	John Young
<b>Warrenton</b>	Brandon Moeller
<b>Winfield</b>	Damian Cagle

## All Academic Team

**Orchard Farm** - Nathan Boschert, Adam Finley, Kris Groves, Samuel Hatcher, Brandon Kearns, Scott Lyon, Jared Mayer, Luke Starr, Samuel Wallut, Tyler Westerfeld, Nathan White

**Saint Charles** - Val Addison, Casey Teson, Brice Wiggs

**Saint Charles West** - Chris Asher, Chip Champagne, Hasaan DeCarolis, Ryan Finders, Logan Gonce, Tyler Hash, Drew Lauer, Ben Pado, Davis Soderberg, Troy Wehde

**Warrenton** - Brayden Chmiel, Devon Hampton, Luke Hawley, Ben Lanigan, Brandon Moeller, Ben Stephens, Alec Tonioli

**Winfield** - Chase Bauer, David Bauer, Damian Cagle, Jeremiah Duckett, Mau Gamboa, Joey Marko, Tracis Osborn, Dakota Robertson, Igli Valcani

## 2013-2014 Central Division Boys Basketball

<b>1st TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Marshawn Blackmon	Jr.	Fort Zumwalt South

	Chaz Glotta	Sr.	Fort Zumwalt North
	Zach Glotta	Jr.	Fort Zumwalt North
	Ronnie Suggs	Sr.	Washington
	Preston Whitfield	Jr.	Fort Zumwalt South

<b>2nd TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Blake Buls	Sr.	Fort Zumwalt North
	Brady Busateri	Sr.	Wentzville Holt
	Brady Carpenter	Sr.	Washington
	Dylan Clay	Sr.	Wentzville Holt
	Matt Galvin	Sr.	Fort Zumwalt South

## Sportsmanship

<b>Fort Zumwalt East</b>	Sam Culp
<b>Fort Zumwalt North</b>	Nick Navatto
<b>Fort Zumwalt South</b>	Brendan O'Brien
<b>Washington</b>	Christian Hardesty
<b>Wentzville Holt</b>	Robert Bone

## All Academic Team

**Fort Zumwalt East** - Alex Callanan, Sam Culp, Tyler Grimes, Tyne Hill-Thomas, Andrew Luna, Daniel Morris

**Fort Zumwalt North** - Blake Buls, Ryan Daniel, Justin Fitzpatrick, Chaz Glotta, Zach Glotta, Bryan Hauser, Tre' Johnson, Brendan Orf

**Fort Zumwalt South** - Matthew Galvin, Eli Hlinak, Richard Murphy, Brendan O'Brien, Drake Whaley, Logan Wilcox

**Washington** - Mitch Barrow, Brad Carpenter, Will Davis, Jacob Huxol, Dane Meyer, Mike Morgan, Jacob Mulkey, Cole Schroepfer, Cameron Shipley, Austin Subke, Ronnis Suggs, Clayton Walde

**Wentzville Holt** - Dylan Clay, Sean Dotson, Colin Heisserer, Ben Lucas, Jon Main, Austin J. Smith, Brandon Smith

## 2013-2014 South Division Boys Basketball

1st TEAM	Name	Year	School
	Tre Curry	Sr.	Francis Howell Central
	Ryan Daugherty	Sr.	Fort Zumwalt West
	James Gleeson	Sr.	Francis Howell North
	Nic Perkins	Sr.	Francis Howell
	J. D. Powell	Sr.	Troy Buchanan

2nd TEAM	Name	Year	School
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	Justin Hayden	Sr.	Francis Howell Central
	Sam Hefner	Jr.	Francis Howell
	Adam Ingle	Sr.	Wentzville Timberland
	Ray Meyer	Jr.	Fort Zumwalt West
	Terry White	Sr.	Francis Howell North

## Sportsmanship

<b>Fort Zumwalt West</b>	Eric Becker
<b>Francis Howell</b>	Ryan Grantham
<b>Francis Howell Central</b>	Blake Kreder
<b>Francis Howell North</b>	Austin Knott
<b>Troy Buchanan</b>	Avery Heidermann
<b>Wentzville Timberland</b>	Troy Marroquin

## All Academic Team

**Fort Zumwalt West** - Eric Becker, Jake Buss, Alec Crepps, Ryan Daugherty, Ty Etling, Zach Myers, Adam Rushing, Ethan Staskewicz, Trevor White, Matt Winscher

**Francis Howell** - Clayton Ambrose, Matt Connell, Brett Elifritz, Brett Freesmeier, Ryan Grantham, Sam Hefner, J. D. Koehler, Thomas Maurer, Nic Perkins, Ryan Perkins, Erich Schark

**Francis Howell Central** - Patrick Conley, Tre Curry, Blake Kreder, Cameron Lundberg, Jaylen Ray, Jordan Scott, Heriberto Wyatt

**Francis Howell North** - Josh Carpenter, James Gleeson, Gabe Grote, Marco Plaza, Derrick Scarbrough, Collin Toedtmann

**Troy Buchanan** - Avery Heidemann, J. D. Powell, Jean Silverio, Connor Wiermann

**Wentzville Timberland** - Clayton Daniels, Adam Ingle, Andrew Jehle, Jared Johnson, Robert Marco, Troy Marroquin, Andrew Voss

## 2013-2014 North Division Girls Basketball

1st TEAM	Name	Year	School
	Kacy Eschweiler	Jr.	Saint Charles West
	Jenny Jansen	Fr.	Warrenton
	Casey Mann	Sr.	Orchard Farm
	Hannah Sutton	Jr.	Warrenton
	Gabby Walker	So.	Saint Charles

2nd TEAM	Name	Year	School
	Allison Little	Jr.	Orchard Farm
	Emma Poindexter	Fr.	Saint Charles West
	Jessie Schmidt	Jr.	Saint Charles West
	Maria Tippit	Sr.	Winfield
	Ellen Weaver	Sr.	Saint Charles

**Sportsmanship**

<b>Orchard Farm</b>	Rachel Knobbe
<b>Saint Charles</b>	Ellen Weaver
<b>Saint Charles West</b>	Jensen Houdyshell
<b>Warrenton</b>	Tyler Gregory
<b>Winfield</b>	Kasey Kaimann

## All Academic Team

**Orchard Farm** - Brittany Boyer, Elizabeth Henry, Meredith Knobbe, Rachael Knobbe, Allison Little, Casey Mann, Anna Prather, Grace Schroeder, Brooke Semke, Carley Swisher

**Saint Charles** - Kara Benden, Anne Brown, Addie Deppe, Molly Schultehenrich, Eruica Swinson, Leah Towell, Gabby Walker, Ellen Weaver, Whitney Whiteside

**Saint Charles West** - Audrey Andrzejewski, Hannah Andrzejewski, Kacy Eschweiler, Amanda Fitter, Megan Graves, Ashley Hauptert, Jensen Houdyshell, Mollie Leimkuehler, Natalie otten, Emma Poindexter

**Warrenton** - Kaylee Anderson, Abby Bartch, Tyler Gregory, Katrina Hilke, Jenny Jansen, Hannah Sutton, Samantha Swoboda, Kylie Toebben

**Winfield** - Chelsey Denton, Sam Eggemeyer, Abby Hirsch, Carly Hoelting, Olivia Jordan, Karley Kaimann, Kasey Kaimann, Libby Marko, Jaclyn Sommerlad, Maria Tippit, Peyton Ward

## 2013-2014 Central Division Girls Basketball

<b>1st TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Madison German	Sr.	Fort Zumwalt South
	Kyra Hardesty	Fr.	Washington
	Courtney Kedroski	Sr.	Washington
	Rachel Pudlowski	Fr.	Fort Zumwalt North
	Melyk Taouil	So.	Wentzville Holt

<b>2nd TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Paige Carpenter	So.	Washington
	Abby Haler	Sr.	Fort Zumwalt North
	Abby Modaff	Sr.	Fort Zumwalt South
	Madi Peyton	So.	Wentzville Holt
	Brittany Tackett	So.	Fort Zumwalt East

## **Sportsmanship**

<b>Fort Zumwalt East</b>	Makenna Farrier
<b>Fort Zumwalt North</b>	Caitlyn Delaney
<b>Fort Zumwalt South</b>	Courtney Rondeau
<b>Washington</b>	Alex Ready
<b>Wentzville Holt</b>	Bella Barbosa

## All Academic Team

**Fort Zumwalt East** - Taylor Andert, Alexis Butler, Makenna Farrier, Kayley Hagl, Kimmie Hayes, Allison Smith, Brittany Tackett, Kylie Walden, Payton Williams

**Fort Zumwalt North** - Haley Bauer, Kate Bixby, Nicole Blackburn, Caitlyn Delaney, Chloe Grabenhorst, Abby Haler, Morgan Heard, Kylie Jones, Vactoria Nesslage, Rachel Pudlowski

**Fort Zumwalt South** - Natalie Amrhein, Charley Kell, Katelyn Lamkie, Erika Martin, Danielle McLean, Abby Modaff, Courtney Rondeau

**Washington** - Megan Bauche, Emma Boehmer, Morgan Buddemeyer, Paige Carpenter, Grace Evans, Megan Freitag, Kyra Hardesty, Rachel Kackley, Courtney Kedroski, Alex Ready, Macy Robinson, Katie Trigg

**Wentzville Holt** - Meredith Adam, Allison Miller, Madison Peyton, Morgan Rose, Mel Taouli

## 2013-2014 South Division Girls Basketball

1st TEAM	Name	Year	School
	Danielle Barry	Fr.	Francis Howell
	Sam Domalewski	Jr.	Wentzville Timberland
	Madison Gillam	Jr.	Francis Howell North
	Lexie Moe	So.	Fort Zumwalt West
	Madeline Thoroughman	Sr.	Troy Buchanan

<b>2nd TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Katie Gerler	Sr.	Francis Howell Central
	Carly Harper	Fr.	Francis Howell
	McKala Lawler	Jr.	Troy Buchanan
	Lianne Marquez	Jr.	Fort Zumwalt West
	Haley Meyer	Jr.	Troy Buchanan
	Jada Poland	Fr.	Fort Zumwalt West
	Grace Wade	Sr.	Francis Howell Central

## **Sportsmanship**

<b>Fort Zumwalt West</b>	Hannah Husmann
<b>Francis Howell</b>	Kristen Hemmersmeier
<b>Francis Howell Central</b>	Erica Swanson
<b>Francis Howell North</b>	Anne Reiner
<b>Troy Buchanan</b>	Alyssa Schrader
<b>Wentzville Timberland</b>	Christina harper

## **All Academic Team**

**Fort Zumwalt West** - Madi Clark, Hannah Husmann, Lianne Marquez, Emily McCullough, Brooke McPhee, Lexie Moe, Hailey Porter, Hanna Porter, Amari Washington

**Francis Howell** - Danielle Berry, Rachel Fick, Sarah Fick, Carly Harper, Kristen Hammersmeier, Taylor Knoche, Allie Lohmann, Katie Rhodes, Brittany Steiger

**Francis Howell Central** - Haley Allen, Mary Kate Berck, Brianna Brickson, Katy Gerler, Kaylee Lunsford, Kaitlin Nolan, Lauren Nosal, Jessica Reid, Erica Swanson, Grace Wade, Kristen Warnacke

**Francis Howell North** - Annelise Arger, Carli Bond, Madison Gillam, Kaitlin Isbell, Madison Kelly, Hali Long, Maci May, Allie McDonell, Jessica Mocerri, Austine Pauley, Chelsea Priebe, Anne Reiner, Maddy Snyder

**Troy Buchanan** - Jenna Boessen, Miranda Chaney, Hannah Henderson, Mimi Henderson, McKala Lawler, Haley Meyer, Emily Montgomery, Lindsey Pryor, Alexis Ray, Alyssa Schrader, Nicole Schulte, Madeline Thoroughman

**Wentzville Timberland** - Kailee Beck, Samantha Domalewski, Sally Jo Dowler, Courtney Ferguson, Jordan Gittemeier, Christina Harper, Maia Hopkins, Andrea Romero, Elizabeth Sexton

## 2013-14 GIRLS SWIMMING CHAMPIONS

### 200 yard Medley Relay [Record: 1:51.78, Ft. Zumwalt West, 2012]

<b>1st</b>	Alyssa Juris	Francis Howell	1:54.12
	Kylie Flagel		
	Amy Borgstede		
	Maria Schroeder		
<b>2nd</b>	Izzi Clark	Ft. Zumwalt West	1:56.17
	Paige Compton		
	Hannah Rovang		
	Allegra Pierce		
<b>3rd</b>	Lydia Koehler	Francis Howell Central	2:03.41

	Megan Smith		
	Carli Buchanan		
	Sheridan Aleksick		

**200 yard Freestyle [Record: 1:53.41, Taylor Wohrley Timberland, 2009]**

<b>1st</b>	Carli Buchanan	Francis Howell Central	2:04.14
<b>2nd</b>	Amy Borgstede	Francis Howell	2:04.69
<b>3rd</b>	Sarah Staats	Wentzville Timberland	2:08.90

**200 yard Individual Medley [Record: 2:03.88, Haley Spencer, FZW, 2007]**

<b>1st</b>	Maria Schroeder	Francis Howell	2:09.10
<b>2nd</b>	Izzi Clark	Ft. Zumwalt West	2:16.02
<b>3rd</b>	Peyton Moore	Wentzville Holt	2:22.86

**50 yard Freestyle [Record: 24.07, Maria Schroeder, Francis Howell, 2012]**

<b>1st</b>	Jennifer Wood	Francis Howell	25.10
<b>2nd</b>	Alyssa Juris	Francis Howell	25.27
<b>3rd</b>	Marina Pursley	Wentzville Timberland	26.21

	Allegra Pierce	Ft. Zumwalt West	26.21
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**1 meter Springboard Diving [Record: 539.20, Marissa Green, Ft. Zumwalt West, 2014]**

<b>1st</b>	Marissa Green (11)	Ft. Zumwalt West	539.20
<b>2nd</b>	Sarah Bathe (9)	St. Charles	520.80
<b>3rd</b>	Dominique Meyer	Francis Howell North	510.10

**100 yard Butterfly [Record: 56.53, Courtney Coe, Ft. Zumwalt West, 2013]**

<b>1st</b>	Maria Schroeder	Francis Howell	57.37
<b>2nd</b>	Amy Borgstede	Francis Howell	1:01.97
<b>3rd</b>	Carli Buchanan	Francis Howell Central	1:03.05

**100 yard Freestyle [Record: 52.30, Taylor Wohrley, Timberland, 2006]**

<b>1st</b>	Jennifer Wood	Francis Howell	55.64
<b>2nd</b>	Marina Pursley	Wentzville Timberland	57.22
<b>3rd</b>	Amber heuston	Wentzville Holt	58.23

**500 yard Freestyle [Record: 5:09.57, Michelle Tipton, FZW, 2011]**

<b>1st</b>	Alex Ostrander	Ft. Zumwalt East	5:54.65
<b>2nd</b>	Erinn Grady	Wentzville Holt	6:02.31
<b>3rd</b>	Lilly Apperson	Francis Howell	6:07.89

### 200 yard Freestyle Relay [Record: 1:40.96, Francis Howell, 2012]

<b>1st</b>	Olivia Apperson	Francis Howell	1:42.09
	Allyson Lawrence		
	Jennifer Wood		
	Maria Schroeder		
<b>2nd</b>	Allegra Pierce	Ft. Zumwalt West	1:48.67
	Paige Compton		
	Sarah Hollstrom		
	Hannah Rovang		
<b>3rd</b>	Peyton Moore	Wentzville Holt	1:49.00
	Caroline Morey		
	Kari Leigh Brinkley		
	Amber Heuston		

### 100 yard Backstroke [Record: 57.72, Taylor Wohrley, Timberland, 2006]

<b>1st</b>	Izzi Clark	Ft. Zumwalt West	59.62
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<b>2nd</b>	Alyssa Juris	Francis Howell	1:02.71
<b>3rd</b>	Maggie Torbeck	Francis Howell North	1:07.36

**100 yard Breaststroke [Record: 1:02.52, Haley Spencer, FZW, 2009]**

<b>1st</b>	Megan Smith	Francis Howell Central	1:12.94
<b>2nd</b>	Bailey Blessing	Ft. Zumwalt South	1:13.26
<b>3rd</b>	Lauren Breshears	Ft. Zumwalt South	1:15.58

**400 yard Freestyle Relay [Record: 3:40.51, Timberland, 2008]**

<b>1st</b>	Alyssa Juris	Francis Howell	3:49.72
	Olivia Apperson		
	Amy Borgstede		
	Jennifer Wood		
<b>1st</b>	Hannah Rovang	Ft. Zumwalt West	3:53.03
	Rachel Boyle		
	Allegra Pierce		
	Izzi Clark		
<b>3rd</b>	Erinn Grady	Wentzville Holt	4:01.73
	Audrey Westerman		
	Amber Heuston		

**TEAM SCORES: *Francis Howell* [483]; Ft. Zumwalt West [366.5]; Francis Howell Central [214]; Wentzville Holt [211.5]; Wentzville Timberland [204.5]; Ft. Zumwalt South [190]; Francis Howell North [121]; Ft. Zumwalt East [119]; Ft. Zumwalt North [68]; St. Charles [62.5]; St. Charles West [40]**

*To see entire results and splits, click here for a PDF file.*

*To see the diving results in full, click here.*

## ***Sportsmanship Team***

**Francis Howell North -**

**Wentzville Timberland - Shannon Hussey**

**Francis Howell Central -**

**Ft. Zumwalt West - Paige Compton**

**Wentzville Holt - Kristin Thurwachter**

**Saint Charles West - Danielle McGraw**

## **All-Academic Team**

**Ft. Zumwalt West - Rachel Boyle, Isabelle Clark, Paige Compton, Caitlyn Cox, Stephanie Dailey, Abby Danielson, Kassidi Gonthier, Marissa Green, Sarah Hollstrom, Hannah Hossenlopp, Marlie Hoyt, Jane Kim, Brooke McLaughlin, Evelyn McWilliams, Megan Murphy, Allegra Pierce, Lindsay Pierce, Hannah Rovang, Bailey Stocker, Brittany Vortriede, Madison Williams**

**Ft. Zumwalt South -**

**Ft. Zumwalt East -**

**St. Charles -**

**St. Charles West** - Lexi Crump, Kelli Cutright, Bailey Joliff, Maddie Keeven, Sara Mahoney, Danielle McGraw, Taylor Mitchell, Alisson Morales, Alex Phillipp, Olivia Rhodes, Kayla Shelton, Kelsey Steele, Mary Van Winkle, Kelsy Virden

**Ft. Zumwalt North** - Katherine Allensworth, Kyra Chappell, Taylor Duckett, Ashley Foley, Hannah Kruse, Jessica Lindberg, Maggie Lowe, Rebecca Moore, Alana Parsons, Sydney Payne, Kailee Purcell, Noelle Starr, Harmony Trax, Ashley vonHartzsch, Abigail Wilp

**Francis Howell -**

**Francis Howell North -**

**Francis Howell Central** - Carli Buchanan, Jordan Sheets, Lydia Kohler, Sydney Lechner, Rachel Mossotti, Megan Smith, Emma Steo, Marianne Strickler, Jacelyn Blattel, Maegan DeNardo, Marissa DiSalvo, Miranda DiSalvo, Jessica Elder, Katherine Wolf, Luta Young, Courtney Zalmanoff, Hayley Lechner, Madelyn Newton, Holly Ryan, Madeline Wagner

**Wentzville Holt** - Allison Boyce, Kari Leigh Brinkley, Samantha Cameron, Amber Heuston, Cathleen Junker, Peyton Moore, Caroline Morey, Erica Reed, Kristin Thurwachter

**Wentzville Timberland** - Katelin Bomstad, Rachel Funken, Abriana Herndon, Peyton Jones, Lydia Konneman, Vanessa Maldonado, Sarah McVey, Taylor Perkins, Marina Pursley, Kala Smith, Sarah Staats, Keaton Tyler, Savannah Viernes, Casey Yocks

## **2013-14 Wrestling Champions**

**from the combined tournament, all divisions!**

**106**

Sidney Oliver [Wentzville Holt]

major decisioned

Shaun Beeman [ Zumwalt North]

12

Hunter Brazil [Zumwalt South]	decisioned	John Woody [ Zumwalt West]	3-
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## 113

Clayton Berry [Holt]	pinned	Parker Neptune [ Washington]	0:32
Kyle Mellor [FH Central]	major decisioned	Chad Hatchel [SC West]	8-0

## 120

Jacob Gajewski [FH Central]	pinned	Reid Hanmore [St. Charles]	1:18
Tyler Purler [Francis Howell]	injury default	Mike Brown [Holt]	

## 126

Colby Smith [Holt]	pinned	Nicholas Solter [Washington]	5:46
Aaron Beckmann [Timberland]	major decisioned	Dalton White [SC West]	12-1

## 132

Brendan Hatchel [SC West]	decisioned	Mason Mitchell [Francis Howell]	4-3
Sam Ritchie [FH North]	major decisioned	Holden Clendaniel [FZ West]	12-

## 138

John Spires [Timberland]	decisioned	Dylan Komperda [Francis Howell]	TB-2 3-2
Alec Seely [Troy]	decisioned	Josh Luck [Washington]	5-2

## 145

Cole Hamai [Washington]	decisioned	Zack Enloe [Timberland]	5-1
Brock Fisher [Francis Howell]	pinned	Jeremy Floyd [FH Central]	0:27

## 152

Latwon Benna [Holt]	major decisioned	Sky Darrah [Timberland]	13-4
Chase Hosack [FZ West]	decisioned	Steven Biondo [SC West]	6-4

## 160

Zach Litzinger [FH Central]	pinned	Jeremy Monehan [Washington]	3:20
Sam Hesse [Francis Howell]	injury default	Kurtis Meyers [Troy]	

## 170

Dustin Gray [Timberland]	decisioned	Rourke Penn [FZ West]	8-6
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Wyatt Hayes [Troy]	major	decisioned	Levi Kessels [FZ North]	11-2
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## 182

Kyle Summers [Washington]	decisioned	David Horvath [FZ West]	6-2
Luke Diener [FH Central]	decisioned	Lucas Clay [St. Charles]	6-0

## 195

Chance Cooper [Timberland]	decisioned	Logan Baird [Washington]	7-0
Nick Leblanc [FZ West]	decisioned	Chase Smith [FZ North]	5-0

## 220

Robert Schneider [Timberland]	decisioned	Caleb Gossett [FH Central]	2-1
Devin Graves [Troy]	decisioned	Ron Nixon [FH North]	2-0

## 285

Danny Williams [Timberland]	pinned	A. J. Lozada [FH North]	3:31
Cory Fleming [Francis Howell]	pinned	Matt Pecka [Washington]	2:55

**TEAM SCORES: WENTZVILLE TIMBERLAND [215.5];  
WASHINGTON [190];WENTZVILLE TIMBERLAND [182.5];  
FRANCIS HOWELL [161];FH CENTRAL [136]; FZ WEST [120.5]; FZ  
NORTH [110]; SC WEST [86];TROY BUCHANAN [71]; FH NORTH  
[59];FZ SOUTH [57.5]; ST. CHARLES [37];WARRENTON [19];  
WINFIELD [12]; FZ EAST [6]**

**FOR A COMPLETE SET OF BRACKETS, FOLLOW THE LINK BELOW:**

<http://s402.trackwrestling.com/tw/predefinedtournaments/MainFrame.jsp?newSession=false&loadBalanced=true&sport=wrestling&TIM=1392589272900&pageName=&ie=false&frameSize=503>

## **Sportsmanship Award**

<b>Fort Zumwalt East</b>	
<b>Fort Zumwalt North</b>	
<b>Fort Zumwalt South</b>	
<b>Fort Zumwalt West</b>	
<b>Francis Howell</b>	
<b>Francis Howell Central</b>	
<b>Francis Howell North</b>	
<b>Saint Charles</b>	
<b>Saint Charles West</b>	Chad Hatchel
<b>Troy Buchanan</b>	
<b>Warrenton</b>	
<b>Washington</b>	Corey Kluesner
<b>Wentzville Holt</b>	Nate Farabee
<b>Wentzville Timberland</b>	Sky Darrah
<b>Winfield</b>	

## **All-Academic Team *reported at end of season***

**Francis Howell -**

**Wentzville Timberland** - Sky Darrah, Dustin Gray, Jordan Houston, Sam Paneitz, Anthony Pisciotta, Devan Richter, Cameron Spires, Drew Spires, Carter Wolfe

**Fort Zumwalt West** - Jacob Brandt, Holden Clendaniel, David Horvath, Chase Hosack, Steven Kedl, Seth Knickmeyer, Steven Landow, Nick LeBlanc, Rourke Penn

**Fort Zumwalt North** - Trenton Jaco, Luke Sammelmann, Mason Seeger, Chase Smith, Joshua Stockton, Garrett Vancil

**Troy Buchanan** -

**Washington** - Nicholas Solter, Parker Neptune, Joe Omer, Corey Kluesner, Cole Fregalette, Matt Garrison

**Francis Howell Central** - Jackson Berck, Michael Chalcraft, Luke Diener, Taylor Fawcett, Jeremy Floyd, Jacob Gajewski, Caleb Gossett, Kyle Mellor, Ryan Motts, Joey Ziegler

**Wentzville Holt** - Brady Bickert, Kyle Bishop, Jerry Harris, Brennen Lipp, Gavin Londoff, Cee Monsivais, Jared Wolfrum

**Saint Charles West** - Austin Schuler, Dalton White, Brendan Hachtel, Michael Barnett, Steven Biondo, Bailey Reynolds, Jon Hauptert, Austin Rugraff

***HOME | RETURN TO WINTER SEASON***

**Listed below are the All Conference wrestlers as selected by a vote of the coaches in the North, the Central and the South Divisions. In addition, the wrestler of the year and coach of the year are listed.**

## **North**

<b>Weight Class</b>	<b>Name</b>	<b>School</b>	<b>Year</b>
106	Drew Ditter	Saint Charles West	Sophomore
113	Austin Schuler	Saint Charles West	Sophomore
120	Reid Hanmore	Saint Charles	Senior
126	Dalton White	Saint Charles West	Junior
132	Brendan Hachtel	Saint Charles West	Senior
138	Austin Mays	Saint Charles West	Junior
145	Daniel Filipek	Warrenton	Sophomore
152	Steven Biondo	Saint Charles West	Senior
160	Taylor Nicholson	Winfield	
170	Jonathan Hauptert	Saint Charles West	Sophomore
182	Lucas Clay	Saint Charles	Senior
195	Blake Rugraff	Saint Charles West	Junior
220	Marcus Paddack	Saint Charles West	Freshman
285	Brandon Clark	Winfield	

**GAC North – “*Wrestler of the Year*” – Drew Ditter– St. Charles West**

**GAC Central – “*Coach of the Year*” – Craig Martin - St. Charles West**

## **Central**

<b>Weight Class</b>	<b>Name</b>	<b>School</b>	<b>Year</b>
106	Sydney Oliver	Wentzville Holt	Sophomore
113	Clayton Berry	Wentzville Holt	Freshman
120	Mike Brown	Wentzville Holt	Sophomore
126	Colby Smith	Wentzville Holt	Sophomore
132	Gavin Londoff	Wentzville Holt	Sophomore
138	Josh Kemper	Fort Zumwalt South	Junior
145	Cole Hamai	Washington	Senior
152	Lawton Benna	Wentzville Holt	Senior
160	Austin Keller	Wentzville Holt	Sophomore
170	Levi Kessles	Fort Zumwalt North	Junior
182	Kyle Summers	Washington	Senior
195	Logan Baird	Washington	Senior
220	Mason Seegar	Fort Zumwalt North	Junior
285	Matt Pecka	Washington	Senior

**GAC Central – “Wrestler of the Year” – Sydney Oliver – Wentzville Holt**

**GAC Central – “Co-Coach of the Year” – Todd Sanker - Ft. Zumwalt South and Jason Moore - Wentzville Holt**

## **South**

<b>Weight Class</b>	<b>Name</b>	<b>School</b>	<b>Year</b>
106	John Woody	Fort Zumwalt West	Junior
113	Kyle Mellor	Francis Howell Central	Junior
120	Devan Richter	Wentzville Timberland	Senior
126	Nick McGhee	Francis Howell	Junior
132	Mason Mitchell	Francis Howell	Senior
138	Zack Enloe	Wentzville Timberland	Senior
145	Sky Darrah	Wentzville Timberland	Junior
152	Jake Mattson	Francis Howell Central	Junior
160	Conner Flynn	Francis Howell	Junior
170	Dustin Gray	Wentzville Timberland	Junior
182	Chance Cooper	Wentzville Timberland	Junior
195	Nick LeBlanc	Fort Zumwalt West	Senior
220	Caleb Gossett	Francis Howell Central	Junior
285	Danny Williams	Wentzville Timberland	Junior

**GAC South – “*Wrestler of the Year*” – Chance Cooper – Timberland**

**GAC South – “*Coach of the Year*” – Kevin Stroh - Francis Howell**

**WINTER CONFERENCE CHAMPIONS**

**2013-2014**

<b>SPORT</b>	<b>NORTH</b>	<b>CENTRAL</b>	<b>SOUTH</b>
<b>Boys Basketball</b>	Saint Charles	FZ North & FZ South	Francis Howell North
<b>Girls Basketball</b>	Saint Charles	Washington	Fort Zumwalt West
<b>Wrestling</b>			

<b>SPORT</b>	<b>CONFERENCE CHAMPION</b>
<b>Girls Swimming</b>	Francis Howell
<b>Wrestling</b>	Wentzville Timberland

## 2014 North Baseball All Conference

### Pitcher

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Chris Asher	Saint Charles West	12
	Ben Stephens	Warrenton	11
<b>2nd Team</b>	Tristan Tredway	Saint Charles	11
	Dale Diederich	Warrenton	12

## Catcher

	Player	School	Year
<b>1st Team</b>	Dallas Johnson	Warrenton	10
<b>2nd Team</b>	Chandler Hollignsworth	Winfield	11

## Utility Player

	Player	School	Year
<b>1st Team</b>	Cody Arella	Orchard Farm	12
<b>2nd Team</b>	Corey Eckenfels	Warrenton	12

## Designated Hitter

	Player	School	Year
<b>1st Team</b>	Drew Holtgrieve	Saint Charles West	11
<b>2nd Team</b>	Tyler Renaud	Saint Charles	11

## Infielders

	Player	School	Year
<b>1st Team</b>	Brandon Moeller	Warrenton	12
	Troy Wehde	Saint Charles West	12
	Lenny Tocco	Saint Charles West	12

	Brandon Kearns	Orchard Farm	12
	Collin Haney	Saint Charles	11
<b>2nd Team</b>	David Bauer	Winfield	12
	Sean Carey	Saint Charles West	12
	Tyler Hash	Saint Charles West	10
	Ryan Payne	Saint Charles	12
	Corey Baker	Orchard Farm	12

## Outfielders

	Player	School	Year
<b>1st Team</b>	Kyle Anders	Saint Charles West	12
	Anthony Gosser	Saint Charles West	12
	Bryce Cannon	Saint Charles	11
	Hunter Russell	Warrenton	10
<b>2nd Team</b>	Hunter Capstick	Warrenton	10
	Brad Jordan	Winfield	12
	Andrew Weiss	Saint Charles	11
	Tim Evans	Saint Charles	12

**Player of The Year: Chris Asher of Saint Charles West, Senior**

**Coach of the Year: Kevin Bohnert of Saint Charles West**

## **ALL ACADEMIC**

**Orchard Farm** - Mitchell Kaleb, Owen Speh, Nathan White, Cory Basker, Nicholas Wright, Adam Finley, Samuel Hatcher, Brandon Kearns, Matthew Hebisen

**Saint Charles** - Ryan Payne, Sam Schlueter, Jordon Reiser, Jared Cashen, Cale Ohlms, Tyler Renaud

**Saint Charles West** - Reed Davis, Drew Holtgrieve, Tyler Hash, Lenny Tocco, Reid Williams, Troy Wehde, Kyle Anders, Kyle Grande, Chip Champagne, Sean Carey, Chris Asher

**Warrenton** - Jake Abel, Luke Darity, Will Reese, Nathan Reagan, Ben Stephens, Brandon Moeller, Justin Ohmes

**Winfield** - Chase Bauer, David Bauer, Damian Cagle, Dale Diederich, Andrew Eggering, Sean Kruse, Joey Marko, Travis Osborn, J. D. Rolfes, Brock Ziegemeier

## **SPORTSMANSHIP**

**Orchard Farm** - Cory Baker

**Saint Charles** - Jared Cashen

**Saint Charles West** - Kyle Anders

**Warrenton** - Garrett Capstick

**Winfield** - J. D. Rolfes

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**2014 Central Baseball All Conference**

## Pitcher

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Leroy Vaughn	Fort Zumwalt South	12
	Justin Laffleur	Fort Zumwalt South	12
<b>2nd Team</b>	Alec Willard	Fort Zumwalt North	11
	Steve Kemp	Fort Zumwalt North	12

## Catcher

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Ryan Sosnowski	Fort Zumwalt South	11
<b>2nd Team</b>	Sam Katzung	Washington	12

## Utility Player

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Tyler Muehling	Fort Zumwalt South	12
<b>2nd Team</b>	Luke Wigglesworth	Fort Zumwalt East	12

## Designated Hitter

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Kyle Vance	Wentzville Holt	11

<b>2nd Team</b>	Nate Owens	Fort Zumwalt North	12
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## Infielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Drew Quinones	Fort Zumwalt South	12
	Austin Bennett	Wentzville Holt	11
	Aaron Meyer	Washington	12
	Matt Vehige	Fort Zumwalt North	12
	Ben Sugar	Fort Zumwalt East	11
<b>2nd Team</b>	Cole Layton	Fort Zumwalt South	11
	Jeff Hueser	Fort Zumwalt North	10
	Seth Bollmann	Washington	11
	Jeff Beiter	Fort Zumwalt East	10
	Aaron Schwerdt	Fort Zumwalt North	12
	Tyler Mathys	Wentzville Holt	11

## Outfielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Devin Pettit	Wentzville Holt	11
	Justin Dirden	Fort Zumwalt North	11
	Justin Fitzpatrick	Fort Zumwalt North	11
	Brian Trigg	Washington	12

<b>2nd Team</b>	Jonathan Watson	Fort Zumwalt South	11
	Joey Moses	Fort Zumwalt South	12
	Matt McGilvray	Washington	09
	Jackson Mueller	Fort Zumwalt East	11

## **Player of The Year: Drew Quinones of Fort Zumwalt South, Senior**

## **Coach of the Year: Keith DeShurley of Fort Zumwalt South**

### **All-Academic**

**Ft. Zumwalt East** – Jonathan Aubuchon, Shane Barrett, Jeff Beiter, Michael Braunfeld, Tyler Grimes, Andrew Hanson, Ryan Klimkiewicz, Dan Masters, Josh Maurer, Jonas Montani, Jackson Mueller, Ryan Reno, Trevor Smith, Ben Sugar, Luke Wigglesworth

**Ft. Zumwalt North** – Jacob Venneman, Zach Stein, Derek Russell, Nathan Owens, Justin Fitzpatrick

**Ft. Zumwalt South** – Tyler Allquist, John Bagsby, Ryan Daugherty, Brenden Garza, Justin Laffleur, Cole Layton, Justin Lockwood, Chase Meier, Joseph Moses, Tyler Muehling, Drew Quinones, Jeremy Remick, Ryan Sosnowski, Leroy Vaughn, Jonathan Watson, Pendilton Whaley, Logan Wilcox

**Wentzville Holt** – Austin Bennett, Zach Gibbs, Ryan Greiwe, Nate Ketchum, Tyler Mathys, Darian Moddy, Matt Stahl

**Washington** – Seth Bollmann, Scott Byrne, Nick Terschluse, Brian Trigg, Cameron Shipley, Austin Finder, Ryan Becszlko, Chris Bethel, Will Davis, Matt McGilvray, Nick Thiel, Adam Gauzy

### **Sportsmanship**

**Ft. Zumwalt East** – Ryan Reno

**Ft. Zumwalt North** – Steve Kemp

**Ft. Zumwalt South** – Avery Lewis

**Wentzville Holt** – Nate Ketchum

**Washington** – Nick Thiel

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## 2014 South Baseball All Conference

### Pitcher

	Player	School	Year
<b>1st Team</b>	Shane Strom	Wentzville Timberland	12
	Cody Calhoun	Francis Howell Central	12
<b>2nd Team</b>	Tyler Howe	Fort Zumwalt West	12
	Garrett Staskewicz	Fort Zumwalt West	12

### Catcher

	Player	School	Year
<b>1st Team</b>	Nic Perkins	Francis Howell	12

<b>2nd Team</b>	C. J. Schaeffer	Wentzville Timberland	11
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### Utility Player

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Tanner Kulpa	Francis Howell	12
<b>2nd Team</b>	David Probst	Francis Howell North	12
	Danny Wright	Fort Zumwalt West	10

### Designated Hitter

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Bobby Marco	Wentzville Timberland	12
<b>2nd Team</b>	Justin Perkins	Francis Howell	10

### Infielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Kyle Stevens	Wentzville Timberland	12
	Brendan Trimble	Francis Howell	12
	Mitch Miller	Francis Howell Central	12
	Zach Smith	Fort Zumwalt West	11
	Logan Anderson	Fort Zumwalt West	11

<b>2nd Team</b>	Ian Nelson	Wentzville Timberland	11
	Storn Cooper	Wentzville Timberland	11
	Jordan White	Fort Zumwalt West	12
	Ryan Grantham	Francis Howell	11
	Collin Barton	Troy Buchanan	12

## Outfielders

	Player	School	Year
<b>1st Team</b>	Eli Dilday	Francis Howell	12
	Danny Biggs	Fort Zumwalt West	12
	Eric Webb	Francis Howell Central	10
	Jacob Gonzales	Wentzville Timberland	10
<b>2nd Team</b>	Ryan Perkins	Francis Howell	10
	Eric Huenke	Francis Howell	12
	Devon Fuller	Troy Buchana	12
	Kyle Fletcher	Wentzville Timberland	12

**Player of The Year: Kyle Stevens, Wentzville Timberland, Senior and Nic Perkins, Francis Howell, Senior**

**Coach of the Year: Frank Mertens of Wentzville Timberland and Tony Perkins of Francis Howell**

## **All-Academic**

**Francis Howell** – Chris Beckmann, Grant Bowles, Braydon Cook, Eli Dilday, Austin Forney, Ryan Grantham, Matt Graser, Sam Hefner, Eric Huenke, Mason King, J.D. Koehler, Jake Kostyshock, Justin Perkins, Nic Perkins, Ryan Perkins, Brendan Trimble

**Francis Howell Central** – Garrett Allsman, David Beacher, Cody Calhoun, Tyler Emery, Tyler Kuehlman, Mitch Miller, Andy Moats, Graham Nave, Troy Newell, Ryan Schindler, Jake Schneider, Justin Thurman, Jack Webb

**Francis Howell North** – Brennan Buerck, Ryan Clifton, Jake Cornett, Andrew Curran, Steven Deckard, Ryan Dobey, Cole Donaldson, Tyler Farlow, Tyler Ferguson, Tyler Heitmann, Andrew Hickerson, Ryan Mullarkey, Nikolous Myers, David Prost, Dalton Scaggs, Brett Williams

**Ft. Zumwalt West** – Logan Anderson, Danny Biggs, Bobby Ehrlich, Justin Fawcett, Brandon Gabler, Chris Gebhardt, Tyler Howe, Matt Morris, Andrew Smith, Blaze Speas, Ethan Staskewicz, Jonathan Steiner, Connor Whalen

**Timberland** – Kyle Fletcher, Tanner Forck, Brock Gordley, Kris Howard, Bobby Marco, C.J. Schaeffer, Blake Sewell, Shane Strom, Jordan West, Justin York

**Troy** – Kurtis Meyers, Calen Eisenbath, Devon Fuller, Callum Smith

## **Sportsmanship**

**Francis Howell** – Eric Huenke

**Francis Howell Central** – Tyler Emery

**Francis Howell North** –

**Ft. Zumwalt West** – Bobby Ehrlich

**Timberland** – Kris Howard

**Troy** – Devon Fuller

## **2014 GAC North Golf Medallists**

**TEAM SCORES:**

## **SPORTSMANSHIP**

**Washington -**

**Wentzville Timberland - Josh O'Hearn**

## **All-Academic Team**

**Ft. Zumwalt East –**

**St. Charles West –**

**St. Charles –**

**Ft. Zumwalt North –**

**Ft. Zumwalt South -**

**Warrenton –**

**Washington -**

**Wentzville Timberland - Zach Cutler, Conrad Croy**

***Home | Return To Spring Season***

## **2014 All-GAC South Golf Medallists**

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## **SPORTSMANSHIP**

**Troy Buchanan -**

**Wentzville Timberland -**

**Wentzville Holt - Dylan Clay**

## **All-Academic Team**

**Ft. Zumwalt West –**

**Ft. Zumwalt South –**

**Francis Howell –**

**Francis Howell North –**

**Francis Howell Central –**

**Troy Buchanan –**

**Wentzville Holt –** Jackson Alcorn, Dylan Blevins, Dylan Clay, Alex Collier, Aaron Spiegel, Charles Wray

**Wentzville Timberland -** Zach Cutler, Conrad Croy

## **2014 North Women Soccer Division**

## Forwards

	Player	School
<b>1st Team</b>	Karley Kaimann	Winfield
	Libby Marko	Winfield
	Brittany Glazebrook	Warrenton
<b>2nd Team</b>	Hannah Andrzejewski	Saint Charles West
	Audrey Andrzejewski	Saint Charles West
	Megan Keevan	Saint Charles West

## Midfielders

	Player	School
<b>1st Team</b>	Sam Swoboda	Warrenton
	Casey Mann	Orchard Farm
	Carley Swisher	Orchard Farm
	Amy Brown	Saint Charles West
<b>2nd Team</b>	Megan Pierce	Saint Charles West
	Lasey Kaimann	Winfield
	Olivia Jordan	Winfield
	Meredith Knobbe	Orchard Farm

## Defenders

	Player	School
<b>1st Team</b>	Hailey Carbray	Saint Charles West
	Julia Larson	Saint Charles West
	Leah Towell	Saint Charles
	Ellen Weaver	Saint Charles
	Jilli Zimpfer	Saint Charles
	Addie Deppe	Saint Charles
<b>2nd Team</b>	Brittany Boyer	Orchard Farm
	Danielle Duello	Warrenton
	Macie Sommer	Warrenton
	Katelyn Kuhn	Saint Charles
	Karly Leach	Saint Charles

## Keeper

	Player	School
<b>1st Team</b>	Natalie Otten	Saint Charles West
<b>2nd Team</b>	Tayler Bono	Saint Charles
	Lydia Haake	Saint Charles

## PLAYER OF THE YEAR NORTH DIVISION:

**Karissa Rogers - Junior - Saint Charles West**

## **All Academic Team**

**Orchard Farm:** Brittany Boyer, Laurel Colemire, Shannon Dahl, Anna Gerst, Meredith Knobbe, Allison Little, Casey Mann, Tia Meek, Cydnie Paris, Anna Prather, Morgan Prosser, Grace Schroeder, Brooke Semke, Carley Swisher, Nikki Weber, Lauren Woosencraft

**St. Charles:** Karalyn Benden, Tayler Bono, Claire Brandes, Genna Canning, Adelaide Deppe, Becky Earlewine, Cassidy Gnecco, Lydia Haake, Katelyn Hyde, Kendall Keiser, Colleen Kitzmann, Rachel Kitzmann, Kenzie Krome, Katelyn Kuhn, Jessica Oberkrom, Erica Swinson, Morgan Thomas, Leah Towell, Ellen Weaver, Jilli Zimpfer

**St. Charles West:** Audrey Andrzejewski, Hannah Andrzejewski, Amy Brown, Hailey Carbray, Jessica Dean, Regan Douglas, Emily Faulkner, Amanda Fitter, Kristy Gardner, Rachel Jackson, Bailey Jolliff, Megan Keeven, Julia Larson, Megan Pierce, Miranda Pierce, Karisa Rogers

**Warrenton:** Colleen Bayer, Morgan Cupp, Samantha Douglas, Danielle Duello, Dominique Duello, Tiffany Fleahman, Brittany Glazebrook, Courtney Gregory, Tyler Gregory, Rachel Hertel, Kelsee Schneider, Macie Sommer, maddie Steven, Samantha Swoboda

**Winfield:** Mary Burkemper, Sam Eggmeyer, Carly Hoelting, Emily Hogan, Alexandra Hudelson, Olivia Jordan, Karley Kaimann, Kasey Kaimann, Libby Marko, Rachael Penrod, Hailey Politte, Laney Ramsour, Annie Rhoades, Danielle Tipton, Nicole Wiegand

## **Sportsmanship**

**Brooke Semke (Orchard Farm)**

**Lydia Haake (St. Charles)**

**Rachel Jackson (St. Charles West)**

**Tyler Gregory (Warrenton)**

**Mary Burkemper (Winfield)**

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# 2014 Central Women Soccer Division

## Forwards

	Player	School
<b>1st Team</b>	Mel Taouil	Wentzville Holt
	Cassidy Menke	Fort Zumwalt North
	Halee Nurnberger	Washington
<b>2nd Team</b>	Anna Durnin	Fort Zumwalt North
	Kelly Etherton	Fort Zumwalt East

## Midfielders

	Player	School
<b>1st Team</b>	Allie Lacker	Fort Zumwalt South
	Kylee Pelton	Fort Zumwalt North
	Caroline Canoy	Fort Zumwalt East
	Brianna Pagan	Washington
<b>2nd Team</b>	Ashley Baker	Fort Zumwalt East
	Hayley Steber	Wentzville Holt
	Stacie Muehling	Fort Zumwalt South
	Cassidy Nurnberger	Washington
	Arika Elliott	Washington

## Defenders

	Player	School
<b>1st Team</b>	Sydney Markowski	Wentzville Holt
	Kelsey Urbaniak	Fort Zumwalt South
	Jenna Barnhart	Washington
<b>2nd Team</b>	Lexi Hacker	Fort Zumwalt South
	Melissa Dreisewerd	Fort Zumwalt South
	Cassie Medley	Fort Zumwalt North
	Taylor Andert	Fort Zumwalt East

## Keeper

	Player	School
<b>1st Team</b>	Lauren Ferguson	Wentzville Holt
<b>2nd Team</b>	Mary McGilvray	Washington

## PLAYER OF THE YEAR CENTRAL DIVISION:

**Lauren Breshears- Fort Zumwalt South**

## **All Academic Team**

**Ft. Zumwalt East:** Taylor Andert, Ashley Baker, Josie Battles, Caroline Canoy, Erica Carron, Kelly Etherton, Alyssa Fagan, Kirstin Hayes, Leah Heath, Marissa Lamey, Ashlee Raymer, Brittany Tackett, Lauren Tihen, Morgan Weller, Bridgette Wigglesworth, Payton Williams

**Fort Zumwalt North:** Grace Amidon, Kate Bixby, Danielle Bray, Kaylee Diedrich, Anna Durnin, Lauren Franklyn, Madison Hickey, Natalie Hudanick, Hayley Hunt, Michaela Hunt, Rynne Jacquemin, Jennifer Kalish, Kacie Martin, Cassandra Medley, Cassidy Menke, Madison Orf, Rachel Pudlowski, Chole Steyer

**Fort Zumwalt South:** Natalie Amrhein, Lauren Breshears, Susana Caito, Mikayla Christiansen, Miranda Clamors, Melissa Dreisewerd, Madison Gambino, Grace Gehner, Lexie Hacker, Britteny Jaggie, Allison Lacker, Eryn Lammert, Katelyn Louis, Stacie Muehling, Morgan Piotraschke, Rachel Rinkus, Madison Schmied, Bridget Stewart, Emma Stone, Nicole Teran, Kelsey Urbaniak, Tara Vincenc

**Washington:** Jenna Barnhart, Abi Boehlein, Bailey Carico, Johanna Collins, Arika Elliott, Ashton Leslie, Cassidy Nurnberger, Hailee Nurnberger, Brianna Pagan, Salena Pottebaum, Brittany Terschluse, Savannah Thibault, Sierra Thibault

**Wentzville Holt:** Kelsey Buford, Sydney Doherty, Madison Fanning, Lauren Ferguson, Heather Hayes, Kailey King, Ashley Klopstein, Sydnie Markowski, Allison Miller, Leah Miller, Gabi Porzenski, Ellie Stahl, Hayley Steber, Dory Steckel, Mel Taouli, Gabbie Wiesner

## **Sportsmanship**

**Ashley Baker (Fort Zumwalt East)**

**Kate Bixby (Fort Zumwalt North)**

**Lauren Breshears (Fort Zumwalt South)**

**Brianna Pagan (Washington)**

**Sarah Kirkwood (Wentzville Holt)**

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# 2014 South Women Soccer Division

## Forwards

	Player	School
<b>1st Team</b>	Erin Kelly	Francis Howell North
	Deja Lundberg	Wentzville Timberland
<b>2nd Team</b>	Katie Wood	Francis Howell Central
	Natalie Rushing	Fort Zumwalt West
	Alexis Montgomery	Francis Howell

## Midfielders

	Player	School
<b>1st Team</b>	Nicole Bascio	Wentzville Timberland
	Jenna Vaught	Francis Howell
	Bailey North	Francis Howell North
<b>2nd Team</b>	Jaclyn Zilch	Francis Howel Central
	Carli Bond	Francis Howell North
	Jamie Gilley	Troy Buchanan
	Kylie Thwing	Troy Buchanan

## Defenders

	Player	School
<b>1st Team</b>	Brittany Steiger	Francis Howell
	Megan Oostendorp	Francis Howell North
	Maggie Houska	Wentzville Timberland
	Cassie Wilhite	Francis Howell
	Julia Crets	Francis Howell North
<b>2nd Team</b>	Erika Cross	Fort Zumwalt West
	Lauren Nosai	Francis Howell Central
	Caitlyn Unland	Francis Howell
	Maddie Mueller	Wentzville Timberland

## Keeper

	Player	School
<b>1st Team</b>	Lei Weiss	Francis Howell
<b>2nd Team</b>	Sydney Chalcraft	Francis Howell Central

## PLAYER OF THE YEAR SOUTH DIVISION:

**Kerri Morris - Fort Zumwalt West**

## **All Academic Team**

**Francis Howell:** Marie Dishian, Megan Fridrich, Vialy Garcia, Kristen Hemmersmeier, Maddi Karstens, Jaclyn Kavanaugh, Alexis Montgomery, Claire Palmer, Avery Roberts, Brittany Steiger, Kat Stiles, Megan Tersteeg, Brianna Thiemann, Alexandra Thornhill, Kaitlyn Unland, Jenna Vaught, Melissa Weiss, Cassie Wilhite

**Francis Howell Central:** Jenna Adkins, Morgan Cervera, Sydney Chalcraft, Jazmin Garcia, Morgan Graczyk, Angel Ikeda, Mykalya, Madelyn Krenieheder, Mackenzie McDowell, Lauren Nosal, Sam Patton, Abbie Rademacher, Rachel Schreyer, Lacey Wesloh, Summer Zakrewski, Jaclyn Zilch,

**Francis Howell North:** Carli Bond, Kelly Braudis, Julie Crets, Danielle Daganais, Samantha Donaldson, Abigail Griffin, Alissa Hale, Kaitlin Isbell, Erin Kelly, Peyton Lucas, Jessica Mocerri, Bailey North, Mackenzie O'Brien, Megan Oostendorp, Amanda Orlando, Maddy Snyder, Alexis tainter, Shelby Wiebe

**Fort Zumwalt West:** Kailey Anderson, Sarah Brewer, Kayli Jo Brunette, Hayley Cox, Erika Cross, Kayla Day, Morganne Dugger, Samantha Fennessey, Erin Fox, Madison Gerwitz, Ally Jennings, Andria Jeziorski, Amanda Kelley, Chaley Kirkpatrick, Hannah Leahy, Kerri Morris, Carly Ragusky, Elizabeth Ridder, Baylee Roy, Natalie Rushing, Caitlin Viers, Jenna Wescott

**Troy Buchanan:** Katelyn Cherry, Jamie Gilley, Allie Heinz, Anika Kallash, Olivia Lang, Catlynn Metze, Ashley Murphy, Taylor Nealy, Michelle Raines, Lexy Roberts, Tori Rose, Kylie Thwing, Mariah Vollmer, Maddie Walsh, Julia White

**WentzvilleTimberland:** Alissa Albietz, Taylor Baumstark, Erica Boyd, Haleigh Busken, Nicole Gasparovic, Kaitlyn Gordley, Taylor Harris, Chloe Hollander, Maggie Houska, Makayla Lawrence, Madison Mueller, Alexis Nischbach, Elizabeth Pisarek, Gabby Politte, Courtney Pyrtle, Taylor Weiss, Kendra Woodside

## **Sportsmanship**

**Kristen Hemmersmeier (Francis Howell)**

**Jazmin Garcia (Francis Howell Central)**

**Julia Crets (Francis Howell North)**

**Chaley Kirkpatrick (Fort Zumwalt West)**

**Tori Rose (Troy Buchanan)**

**Chloe Hollander (Wentzville Timberland)**

## **2014 Tennis - North Central All Conference**

**#1 Singles -Katragadda(FZS) def Vu(FZE) 6-0, 6-2**

**#2 Singles - Compton(FZS) def Jackson(SCW) 7-5, 6-1**

**#3 Singles - Hornung(FZS) def Meara(Holt) 6-1, 6-3**

**#4 Singles - Holtz(FZS) def Sloan(Holt) 5-7, 7-5, 11-9**

**#5 Singles - McGinnis(FZE) def McGinnis(FZE) 6-3, 3-6, 10-5**

**#6 Singles - Datla(FZS) def Doherty(FZE) 4-6, 6-3, 10-4**

**#7 Singles - Holladay(FZS) def Jones(FZE) 8-7**

**#8 Singles - Feldmann(Holt) def Temrutrynit(FZS) 8-3**

**#1 Doubles - Katragadda/Compton(FZS) def Strege/Jackson(SCW)  
8-1**

**#2 Doubles - Lucas/Sloan(Holt) def Hornung/Holtz(FZS) 8-6**

**#3 Doubles - Mun/Datla(FZS) def Schierbecker/Schneider(Holt) 8-4**

**#4 Doubles - Raymond/Buehler(FZS) def Rock/Bradley(FZE) 8-6**

**#5 Doubles - Adams/Jerome(FZE) def Buerhle/Graves(Holt) 8-4**

**TEAM SCORES : FORT ZUMWALT SOUTH [65.75]; WENTZVILLE HOLT [42.5]; FORT ZUMWALT EAST [36.5]; SAINT CHARLES WEST [21.5]; FORT ZUMWALT NORTH [14]; SAINT CHARLES [6.5]**

## **ACADEMIC**

**Wentzville Holt** - Mitch Buerhle, Parker Bunch, Garrett Crews, Lake Feldmann, Blake Graves, Chris Hermann, Bryce Ligaya, Ben Lucas, Sean Schierbecker

## **SPORTSMANSHIP**

**Wentzville Holt** - Sean Schierbecker

**2014 Tennis - South Central All Conference**

**#1 Singles - Tony Clynes of Wentville Timberland def M. Pulcine of Francis Howell**

**#2 Singles - C. Pulcine of Francis Howell def Sprock of Wentzville Timberland**

**#3 Singles - Murphy of Francis Howell North def T Barker of Francis Howell**

**#4 Singles - DeBlaze of Francis Howell Central def Niener of Francis Howell North**

**#5 Singles - Wieland of Francis Howell Central def Che of Francis Howell North**

**#6 Singles - Porter of Fort Zumwalt West def Pyrtle of Wentzville Timberland**

**#7 Singles - Griffin of Francis Howell North def Power of Francis Howell**

**#8 Singles - House of Francis Howell North def Voung of wentzville Timberland**

**#1 Doubles - M Pulcine & C Pulcine of Francis Howell def Dunn & Che of Francis Howell North**

**#2 Doubles - Clynes & Ertl of Wentzville Timberland def Murphy & Neiner of Francis Howel North**

**#3 Doubles - Cattron & Dickherber of Francis Howell North def Marroquin & Pyrtle of Wentzville Timberland**

**#4 Doubles - Wilson & Bouck of Francis Howell North def Breckencamp & Wilson**

**#5 Doubles - Stuckey & Quest of Wentzville Timberland def Amir & Rehling of Francis Howell North**

**TEAM SCORES: Francis Howell North [57];  
Wentzville Timberland [41.3]; Francis Howell  
[36.5]; Fort Zumwalt West [25.3]; Francis Howell  
Cnetral [18]; Troy Buchanan [6.5]**

# ACADEMIC ALL CONFERENCE

**Fort Zumwalt West -**

**Wentzville Timberland -** Tony Clynes, Thomas Ertl, Muneer Mahmood, Troy Marroquin, Peyton Pfanstiel, Cody Pyrtle, Tyler Quest, Sean Rock, Andrew Sprock, Derek Stuckey, Kaleb White

# SPORTSMANSHIP

**Fort Zumwalt West -**

**Wentzville Timberland -** Sean Rock

## 2014 North Varsity Men Track and Field

### 100 meter dash

Name	School	Time
Jordon Washington	Warrenton	11.51
Dre' Kelly	Saint Charles West	11.59
Darrius Williams	Saint Charles	12.21
Nick Gregson	Winfield	12.51

### 200 meter dash

Name	School	Time
Drake Wagner	Warrenton	23.09

Jordon Washington	Warrenton	23.46
James Little	Saint Charles West	24.85
Fernando Lopez	Saint Charles	25.17

### 400 meter dash

Name	School	Time
Sam Kohrs	Saint Charles	50.81
Artie Day	Saint Charles	56.75
Tyler Westerfeld	Orchard Farm	57.06
Cole Kline	Orchard Farm	57.30

### 800 meter run

Name	School	Time
Nathan Boschert	Orchard Farm	2:04.85
Alfred Chan	Saint Charles	2:05.20
Tucker Shoup	Saint Charles	2:14.11
Brian Sanders	Warrenton	2:17.97

### 1600 meter run

Name	School	Time
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Arthur Chan	Saint Charles	4:58.84
Brandon Downs	Saint Charles West	5:06.38
Jacob Ruby	Warrenton	5:10.88
Brian Redlawsk	Saint Charles	5:14.68

### 3200 meter run

Name	School	Time
Arthur Chan	Saint Charles	10:30.04
Will Runion	Orchard Farm	10:39.39
Kurt Dostal	Saint Charles West	10:47.30
Manuel Castillo	Saint Charles	11:00.62

### 110 meter hurdles

Name	School	Time
Josh Roglon	Saint Charles	17.31
Dorrian Ruffin	Saint Charles	17.45
Jacob Crump	Warrenton	19.26
Carson Broeker	Orchard Farm	20.45

### 300 meter hurdles

Name	School	Time
Jacob Crump	Warrenton	43.91
Josh Roglon	Saint Charles	44.17
Jacob Jordan	Saint Charles	46.22
Carson Broeker	Orchard Farm	50.80

### 4 x 100 meter relay

School	Relay Member	Time
Warrenton	Drake Wagner	44.82
	Brian Lanigan	
	Jordon Washington	
	Carlos Lopez	
Winfield	Tim Novak	46.89
	Austin Hyde	
	Nick Gregson	
	Bobby Blount	
Orchard Farm	Armand Keely	46.99
	Cole Kline	
	Fils Rosa	
	Tyler Westerfeld	
Saint Charles	Dorrian Ruffin	47.24

	Isak Towell	
	Darius Williams	
	Artie Day	

### 4 x 200 meter relay

School	relay Member	Time
Warrenton	Brian Lanigan	1:32.81
	Jordon Washington	
	Justin McBroom	
	Drake Wagner	
Winfield	Tim Novak	1:36.04
	Austin Hyde	
	Nick Gregson	
	Bobby Blount	
Saint Charles	Dorrian Ruffin	1:36.91
	Fernando Lopez	
	Isak Towell	
	Kevin Miller	
Saint Charles West	James Little	1:38.18
	Ben Wilson	
	Damonte' Warren	
	Marlon Luckett	

### 4 x 400 meter relay

School	Relay Member	Time
Saint Charles	Sam Kohrs	3:36.34
	Kevin Miller	
	Dorrian Ruffin	
	Luke Joslin	
Orchard Farm	Tyler Westerfeld	3:47.64
	Nathan Boschert	
	Luke Starr	
	Cole Kline	
Warrenton	Austin Adams	3:48.03
	Brian Sanders	
	Caleb Hodgson	
	Dane Huck	
Winfield	Tim Novak	3:52.60
	Austin Hyde	
	Nick Gregson	
	Bobby Blount	

### 4 x 800 meter relay

School	Relay Member	Time
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Saint Charles	Luke joslin	8:36.74
	Arthur Chan	
	Alfred Chan	
	Tucker Shoup	
Orchard Farm	Nathan Boschert	9:23.64
	Luke Starr	
	Nick Ayotte	
	Will Runion	
Warrenton	Tristan Cullom	9:29.79
	Brian Hoelscher	
	Brian Sanders	
	Jacob Ruby	
Saint Charles West	Cordell Cox	9:33.66
	Kurt Dostal	
	Lucas Hinton	
	Dalton White	

## High Jump

Name	School	Height
Luke Joslin	Saint Charles	6' 00
Bobby Blount	Winfield	5' 06
Dane Huck	Warrenton	5' 04

Darrius Williams	Saint Charles	5' 02
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## Pole Vault

Name	School	Height
Kris Groves	Orchard Farm	12' 00
Jared Kilpack	Warrenton	12' 00
Caleb Hodgson	Warrenton	12' 00
Ben Phillips	Orchard Farm	11' 06

## Long Jump

Name	School	Distance
Sm Kohrs	Saint Charles	21' 01.50
Josh Roglon	Saint Charles	20' 07.00
Brian Lanigan	Warrenton	20' 01.00
Tim Novak	Winfield	19' 03.00

## Triple Jump

Name	School	Distance
Sam Kohrs	Saint Charles	43' 03.00
Josh Roglon	Saint Charles	42' 01.50

Brian Lanigan	Warrenton	42' 00.00
Joseph Hutchins	Saint Charles West	39' 10.00

## Shot Put

Name	School	Distance
Alex Hermann	Saint Charles West	45' 03.50
Farmann Johnson	Saint Charles West	40' 06.00
Aaron Dryden	Saint Charles	40' 06.00
Cody Weber	Orchard Farm	40' 04.00

## Discus

Name	School	Distance
Farmann Johnson	Saint Charles West	132' 04.50
Aaron Dryden	Saint Charles	124' 00.00
Scott Lyon	Orchard Farm	119' 03.00
Cody Weber	Orchard Farm	118' 11.00

## TEAM SCORES:

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# 2014 Central Varsity Men Track and Field

## 100 meter dash

Name	School	Time
Zakary McCrary	Fort Zumwalt South	11.17
Austin Thomas	Fort Zumwalt South	11.60
Brenden Lenac	Wentzville Holt	11.80
Tre Johnson	Fort Zumwalt North	12.01

## 200 meter dash

Name	School	Time
Daniel Morris	Fort Zumwalt East	23.26
Austin Thomas	Fort Zumwalt South	23.74
Michael Cullen	Fort Zumwalt East	23.75
Brenden Lenac	Wentzville Holt	23.77

## 400 meter dash

Name	School	Time
Geoff Watson	Wentzville Holt	52.27

Caleb Curran	Washington	52.88
Lorenz Collier	Fort Zumwalt North	53.04
Matt McCully	Fort Zumwalt East	53.75

### 800 meter dash

Name	School	Time
Sean Conlin	Fort Zumwalt East	1:59.95
Caleb Wyble	Fort Zumwalt East	2:02.49
George Malinee	Wentzville Holt	2:06.69
Cameron Wiese	Wentzville Holt	2:10.74

### 1600 meter run

Name	School	Time
Sean Conlin	Fort Zumwalt East	4:28.19
Joe Bindner	Fort Zumwalt East	4:32.99
Travis Elbert	Washington	4:35.84
Riley Flynn	Fort Zumwalt North	4:42.98

### 3200 meter run

Name	School	Time
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Sean Conlin	Fort Zumwalt East	9:55.24
Joe Bindner	Fort Zumwalt East	10:02.76
Travis Elbert	Washington	10:23.69
Riley Flynn	Fort Zumwalt North	10:25.51

### 110 meter hurdles

Name	School	Time
Zakary McCrary	Fort Zumwalt South	15.35
Daniel Morris	Fort Zumwalt East	15.49
Kevin Teirnan	Wentzville Holt	17.25
Cameron Bopp	Wentzville holt	17.64

### 300 meter hurdles

Name	School	Time
Zakary McCrary	Fort Zumwalt South	40.66
Daniel Morris	Fort Zumwalt East	42.62
Tyler Sarquist	Fort Zumwalt South	42.72
Kevin Tiernan	Wentzville Holt	43.60

### 4 x 100 meter relay

Name	Relay member	Time
Fort Zumwalt South	Brenden O'Brien	43.50
	Marquel Harris	
	Zakary McCrary	
	Austin Thomas	
Wentzville Holt	Austin Keller	45.36
	Luke Meyer	
	Jacob Tompkins	
	Brenden Lenac	
Fort Zumwalt East	Andrew Colaw	45.79
	Michael Cullen	
	Damion Hudson	
	Joseph McLaughlin	
Fort Zumwalt North	Alex Walker	46.85
	Chris Milich	
	Tre Johnson	
	Deon Lewis	

### 4 x 200 meter relay

School	Relay Member	Time
Wentzville Holt	Austin Keller	1:32.97

	Geoff Watson	
	Luke Meyer	
	Brenden Lenac	
Fort Zumwalt South	Brenden O'Brien	1:33.68
	Marquel Harris	
	Austin Thomas	
	Jack Bratcher	
Fort Zumwalt East	Daniel Morris	1:34.10
	Andrew Colaw	
	Michael Cullen	
	Damion Hudson	
Fort Zumwalt North	Tre Johnson	1:35.88
	Cameron Maupin	
	Deon Lewis	
	Alex Walker	

### 4 x 400 meter relay

Name	Relay Member	Time
Wentzville Holt	Luke Meyer	3:37.76
	Colin Heisserer	
	Cameron Wiese	
	Geoff Watson	

Fort Zumwalt East	Daniel Morris	3:42.17
	Damion Hudson	
	Caleb Wyble	
	Matt McCully	
Fort Zumwalt South	Evan Brooks	3:44.62
	Jake Grate	
	Tyler Sarquist	
	Brenden O'Brien	
Washington	Austin Beers	3:55.75
	Caleb Curran	
	Landon Jarvis	
	Isaac Lippert	

### 4 x 800 meter relay

School	Relay Member	Time
Fort Zumwalt East	Sean Colin	8:21.03
	Joe Bindner	
	Nathan Louder	
	Caleb Wyble	
Fort Zumwalt South	Evan Brooks	8:25.72
	Seth Kitchen	
	Carson Miller	

	Tyler Sarquist	
Wentzville Holt	George Malinee	8:36.35
	Drew Hicks	
	Colin Heisserer	
	Cameron Wiese	
Washington	Travis Elbert	8:57.02
	Landon Jarvis	
	Tate Klitchell	
	Billy Schneider	

## High Jump

Name	School	Height
Marquel Harris	Fort Zumwalt South	6' 00.00
Haskel Buford	Wentzville Holt	5' 06.00
Daniel Morris	Fort Zumwalt East	5' 06.00
Isaac Lipert	Washington	5' 06.00

## Pole Vault

Name	School	Height
Kory Morton	Fort Zumwalt North	13' 00.00
Joe Mueller	Fort Zumwalt North	13' 00.00

Geoff Watson	Wentzville Holt	12' 06.00
Austin Dettmer	Wentzville Holt	11' 06.00

## Long Jump

Name	School	Distance
Marquel Harris	Fort Zumwalt South	21' 00.50
Austin Beers	Washington	19' 06.50
Caleb Curran	Washington	19' 01.00
Luke Meyer	Wentzville Holt	18' 10.00

## Triple Jump

Name	School	Distance
Joe Mueller	Fort Zumwalt North	38' 10.00
Kory Morton	Fort Zumwalt North	37' 11.50
Haskel Buford	Wentzville Holt	36' 07.00
Joseph McLaughlin	Fort Zumwalt East	35' 11.50

## Shot Put

Name	School	Distance
Nathan Kopp	Washington	45' 00.75

Alex Templetonm	Washington	40' 09.25
Michael Tunnage	Wentzville Holt	40' 01.50
Michael Kuemmel	Wentzville Holt	38' 02.50

## Discus

Name	School	Distance
Austin Subke	Washington	135' 10
Michael Kuemmel	Wentzville Holt	130' 02
Nathan Kopp	Washington	122' 02
Brian Neuman	Wentzville Holt	121' 02

**TEAM RESULTS: Fort Zumwalt East [98]; Wentzville Holt [89]; Fort Zumwalt South [83]; Washington [58]; Fort Zumwalt North [46]**

## ACADEMIC ALL CONFERENCE

**Wentzville Holt** - Cameron Bopp, Haskel Buford, Evan Eberhart, Colin Hersserer, Sean Hicks, Austin Hobbs, James Kersting, Mike Kuemmel, Tanner Lujan, George Malinee, Luke Meyer, Lance Novak, Jeremy Paul, Andrew Rotter, Jacob Tompkins, Michael Tunnage, Geoff Watson, Cameron Wiese

## SPORTSMANSHIP

**Wentzville Holt** - George Malinee

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## **2014 South Varsity Men Track and Field**

### **100 meter dash**

<b>Name</b>	<b>School</b>	<b>Time</b>
Kendall Morris	Francis Howell Central	11.06
Tre Curry	Francis Howell Central	11.08
Deion Smith	Wentzville Timberland	11.28
Bryce Williams	Fort Zumwalt West	11.64

### **200 meter dash**

<b>Name</b>	<b>School</b>	<b>Time</b>
Bryce Williams	Fort Zumwalt West	23.190
Jason Purley	Francis Howell North	23.360
Ricky Spraggins	Francis Howell Central	23.405
Derrick Pierce	Francis Howell Central	23.408

## 400 meter dash

Name	School	Time
Markell Williams	Wentzville Timberland	51.84
Collin Johnson	Wentzville Timberland	51.90
Davis Fetzer	Francis Howell	52.29
Clayton Kohler	Francis Howell North	52.69

## 800 meter dash

Name	School	Time
Zach McKinley	Francis Howell Central	2:03.07
Jed Swanton	Wentzville Timberland	2:05.42
Taylor Carter	Troy Buchanan	2:05.94
Walker Wetter	Francis Howell	2:06.36

## 1600 meter run

Name	School	Time
Gavin Galanes	Francis Howell	4:29.69
Walker Wetter	Francis Howell	4:38.53
Alex Stansberry	Fort Zumwalt West	4:43.34
Taylor Carter	Troy Buchanan	4:44.29

### 3200 meter run

Name	School	Time
Gavin Galanes	Francis Howell	9:50.60
Ryan Howe	Fort Zumwalt West	10:15.41
Trevor Remund	Francis Howell	10:22.29
Austin Crowe	Wentzville Timberland	10:23.88

### 110 meter hurdles

Name	School	Time
Nick Snawder	Wentzville Timberland	16.15
Clayton Daniels	Wentzville Timberland	16.61
Alex Mork	Francis Howell	17.39
Nick Rohde	Troy Buchanan	17.56

### 300 meter hurdles

Name	School	Time
Nick Snawder	Wentzville Timberland	41.64
Jeremy Schroeder	Francis Howell	43.01
Joe Meagher	Wentzville Timberland	43.08
Derick Williams	Francis Howell Central	44.12

### 4 x 100 meter relay

Name	Relay member	Time
Francis Howell Central	Kendall Morris	42.66
	Ricky Spraggins	
	Derrick Pierce	
	Tre Curry	
Wentzville Timberland	Justin Bill	44.20
	Rashaun Denis	
	Deion Smith	
	Aaron Witherspoon	
Francis Howell North	Patrick Jenkins	44.25
	Jason Purley	
	Demitris Allen	
	D. J. Curtis	
Fort Zumwalt West	Derrick Brew	46.19
	Kobe Williams	
	Rayvion Wade	
	Jose Forgas-Antunez	

### 4 x 200 meter relay

School	Relay Member	Time
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Francis Howell Central	Kendall Morris	1:32.49
	Joey Rucker	
	Derrick Pierce	
	Ricky Spraggins	
Fort Zumwalt West	Bryce Williams	1:33.96
	Kobe Williams	
	Kellen Johnson	
	Tyler Hoffman	
Troy Buchanan	Shane Crow	1:36.67
	Ross Jones	
	Ben Krause	
	Avery Suits	
Wentzville Timberland	Donavan Lukens	1:37.82
	Ricardo Lopez	
	Kameron Jackson	
	Matt Burton	

### 4 x 400 meter relay

Name	Relay Member	Time
Fort Zumwalt West	Bryce Williams	3:32.67
	Kobe Williams	
	Kellen Johnson	

	Tyler Hoffman	
Wentzville Timberland	Markell Williams	3:35.87
	Matt Burton	
	Collin Johnson	
	Ricardo Lopez	
Francis Howell North	Clayton Kohler	3:39.01
	Demitirs Allen	
	Justin Levins	
	Michael Butterfield	
Troy Buchanan	John Itinger	3:40.03
	Ross Jones	
	Dan Meyers	
	Avery Suits	

### 4 x 800 meter relay

School	Relay Member	Time
Wentzville Timberland	Danny Drury	8:19.01
	Jack Greer	
	Jed Swanton	
	Markell Williams	
Fort Zumwalt West	Zach Wagner	8:20.16
	Alex Stansberry	

	Nathaniel Harrison	
	Tyler Hoffman	
Francis Howell Central	Zach McKinley	8:39.83
	Jacob Plevnic	
	P. J. Brown	
	Jake Drnec	
Francis Howell North	Justin Levins	8:56.29
	Brandon Rosner	
	Ean Thielbar	
	Michael Butterfield	

## High Jump

Name	School	Height
Ben Boyer	Francis Howell	6' 02.00
Clayton Daniels	Wentzville Timberland	5' 10.00
Derick Williams	Francis Howell Central	5' 10.00
James Sutton	Wentzville Timberland	5' 06.00 - tie
Derrick Brew	Fort Zumwalt West	5' 06.00 - tie
Christian Smith	Troy Buchanan	5' 06.00 - tie

## Pole Vault

Name	School	Height
Andrew Scherff	Francis Howell North	14' 04.00
Andrew Cline	Francis Howell North	13' 06.00
Jeffery Schootman	Fort Zumwalt West	13' 00.00
Devon Enochs	Francis Howell Central	11' 06.00

## Long Jump

Name	School	Distance
Tre Curry	Francis Howell Central	21' 04.00
Kendall Morris	Francis Howell Central	20' 11.50
Patrick Jenkins	Francis Howell North	19' 08.50
Keyon Jolley	Wentzville Timberland	19' 02.50

## Triple Jump

Name	School	Distance
Tre Curry	Francis Howell Central	44' 04.00
Clayton Daniels	Wentzville Timberland	39' 02.00
James Sutton	Wentzville Timberland	39' 00.75
Parrish Ward	Francis Howell North	38' 00.00

## Shot Put

Name	School	Distance
John Kiely	Fort Zumwalt West	50' 06.50
Parker Pitts	Troy Buchanan	48' 02.00
Trey Pettit	Francis Howell North	47' 11.00
Patrick Kunza	Wentzville Timberland	47' 08.00

## Discus

Name	School	Distance
Andrew Powell	Wentzville Timberland	143' 11
A. J. Schulze	Francis Howell North	136' 06
Brett Siebenshuh	Francis Howell	131' 05
John Kiely	Fort Zumwalt West	129' 02

**TEAM RESULTS: Wentzville Timberland [148.33]; Francis Howell Central [114]; Fort Zumwalt West [87.33]; Francis Howell North [79]; Francis Howell [76]; Troy Buchanan [45.33]**

## ACADEMIC ALL CONFERENCE

**Fort Zumwalt West -**

**Wentzville Timberland** - Andrew Berndt, Jacob Boyer, Matt Burton, Jonas Buxton, Clayton Daniels, Grady Daniels, Maxim Dennis, Danny Drury, Jack Greer, Sam Groves, Brayden Hull, Clayton Johnson, Collin Johnson, Patrick Kunza, Addam Leavitt,

Donavan Lukens,, Brendan MacDonald, Theodore McAllister, Joseph Meagher, Andrew Powell, Augustine Redington, Jackson Reiske, Benjamin Smythe, Kyle Stirling, Jed Swanton, Logan Thomure, Conor Ward, Blake Woods

## **SPORTSMANSHIP**

**Fort Zumwalt West -**

**Wentzville Timberland -** Markell Williams

### **2014 North Varsity Women Track and Field**

#### **100 Meter Dash**

<b>Name</b>	<b>School</b>	<b>Time</b>
Genesis Ewell	Orchard Farm	12.81
Corizma Blair	Warrenton	13.36
Kayla Combs	Saint Charles West	13.66
Emma Housewright	Warrenton	14.49

#### **200 Meter Dash**

<b>Name</b>	<b>School</b>	<b>Time</b>
Corizma Blair	Warrenton	29.11
Kayla Combs	Saint Charles West	29.76
Emma Housewright	Warrenton	30.83
Ashley Brandt	Saint Charles West	32.06

## 400 Meter Dash

Name	School	Time
Genesis Ewell	Orchard Farm	62.70
Corizma Blair	Warrenton	65.05
Sarah Bathe	Saint Charles	65.98
Simone Thomas	Orachard Farm	69.91

## 800 Meter Run

Name	School	Time
Andrea Poole	Warrenton	2:37.27
Marina Heitmann	Orchard Farm	2:49.27
Katie Gesell	Saint Charles West	2:49.81
Darya Wilke	Warrenton	2:51.31

## 1600 Meter Run

Name	School	Time
Madeline Carlson	Warrenton	5:53.25
Andrea Poole	Warrenton	5:55.24
Marina Heitmann	Orchard farm	6:22.40
Arielle Fox	Saint Charles	6:37.66

## 3200 Meter Run

Name	School	Time
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Madeline Carlson	Warrenton	12:54.47
Kayla Willis	Saint Charles	13:13.88
Mary Broker	Warrenton	13:46.88
Jill Armbruster	Saint Charles West	14:03.46

### 100 Meter Hurdles

Name	School	Time
Morgan Griffiths	Saint Charles West	19.11
Courtney Richardson	Warrenton	22.06
Courtney Roberts	Orchard Farm	23.41

### 300 Meter Hurdles

Name	School	Time
Courtney Richardson	Warrenton	56.41
Courtney Roberts	Orchard Farm	59.23
Leighanne Johnston	Orchard Farm	61.13
Meagan Sanders	Warrenton	62.76

### 4 x 100 Meter Relay

School	Relay Member	Time
Orchard Farm	Nicole Heitmann	55.31
	Nicole Coffman	
	Genesis Ewell	

	Ella Duffy	
Warrenton	Lalita Andrews	55.87
	Courtney Richardson	
	Dajah Ray	
	Emma Tinnin	
Saint Charles West	Jenna Emrick	57.57
	Paige Taylor	
	Kayla Combs	
	Ashley Brandt	

### 4 x 200 Meter Relay

School	Relay Member	Time
Warrenton	Lalita Andrews	1:56.01
	Emma Housewright	
	Corizma Blair	
	Kalee Kelly	

### 4 x 400 Meter Relay

Name	Relay Member	Time
Orchard Farm	Genesis Ewell	4:34.94
	Simone Thomas	
	Nicole Heitmann	
	Marina Heitmann	

Warrenton	Lalita Andrews	4:46.33
	Courtney Richardson	
	Mary Broker	
	Andrea Poole	
Saint Charles West	Kendra Easton	5:01.45
	Katie Gesell	
	Morgan Price	
	Jenny Houdyshell	

### 4 x 800 Meter Relay

School	Relay Member	Time
Warrenton	Mary broker	11:02.66
	Andrea Poole	
	Madeline Carlson	
	Meagan Sanders	
Saint Charles	Sarah Bathe	11:27.75
	Hailey Finnegan	
	Arielle Fox	
	Angie Boyd	
Saint Charles West	Katie Gesell	11:38.57
	Jill Armbuster	
	Morgan Price	
	Kendra Easton	

## High Jump

Name	School	Height
Lalita Andrews	Warrenton	4' 10
Jamaya Phillips	Saint Charles	4' 10
Jensen Houdyshell	Saint Charles West	4' 10
Shannon Dahl	Orchard farm	4' 10

## Pole Vault

Name	School	Height
Morgan Griffiths	Saint Charles West	9' 06
Chelsea Dopp	Saint Charles West	8' 06
Sarah Bathe	Saint Charles	8' 00
Amanda Kubiak	Saint Charles	7' 06

## Long Jump

Name	School	Distance
Morgan Griffiths	Saint Charles West	16' 07.25
Shannon Dahl	Orchard Farm	15' 07.00
Elissa Rivers	Saint Charles	14" 07.50
Jamaya Phillips	Saint Charles	14' 05.00

## Triple Jump

Name	School	Distance
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Elissa Rivers	Saint Charles	33' 06.50
Jamaya Phillips	Saint Charles	33' 00.75
Shannon Dahl	Orchard Farm	31' 07.00
Nicole Heitmann	Orchard Farm	31' 02.00

## Shot Put

Name	School	Distance
Savannah Brown	Saint Charles	30' 11.00
Tanisha Wilson	Saint Charles	30' 04.00
Sam Wyman	Saint Charles West	29' 07.00
Cirea Thomas	Orchard Farm	27' 06.50

## Discus

Name	School	Distance
Morgan Griffiths	Saint Charles west	101' 04.00
Mollie leimkuehler	Saint Charles West	89' 10.50
Olivia Saindon	Orchard Farm	84' 08.00
MeKenna Wilburn	Orchard Farm	76' 01.50

## TEAM SCORES:

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# 2014 Central Varsity Women Track and Field

## 100 meter dash

Name	School	Time
M. C. Landolt	Washington	12.57
Syanne Johnston	Fort Zumwalt East	12.69
Gwen Pudlowski	Fort Zumwalt North	13.04
Rachel Pudlowski	Fort Zumwalt North	13.14

## 200 meter dash

Name	School	Time
Syanne Johnston	Fort Zumwalt East	25.44
M. C. Landolt	Washington	26.45
Rachel Pudlowski	Fort Zumwalt North	27.30
Gwen Pudlowski	Fort Zumwalt North	27.61

## 400 meter dash

Name	School	Time
Makenzie Straatmann	Washington	1:02.68
Sarah Hicks	Wentzville Holt	1:03.50

Massandje Monteiro	Fort Zumwalt North	1:04.38
Maddie Crozier	Fort Zumwalt South	1:04.54

### 800 meter dash

Name	School	Time
Abigail Brown	Washington	2:20.34
Caitlin Gervich	Fort Zumwalt South	2:25.48
Amanda Green	Fort Zumwalt East	2:28.27
Tara Clarice	Wentzville Holt	2:33.34

### 1600 meter run

Name	School	Time
Chandler Carreon	Wentzville Holt	5:21.92
Michaela Hylan	Fort Zumwalt East	5:22.76
Jocelyn Quiles	Fort Zumwalt North	5:29.42
Josie Plowman	Washington	5:38.41

### 3200 meter run

Name	School	Time
Chandler Carreon	Wentzville Holt	11:46.77

Josie Plowman	Washington	12:06.31
Sydney O'Brien	Fort Zumwalt South	12:33.89
Caitlin Gervich	Fort Zumwalt South	13:16.84

### 100 meter hurdles

Name	School	Time
Rachel Duncan	Fort Zumwalt South	16.31
Megan Bauche	Washington	16.43
Kim Hayes	Fort Zumwalt East	17.60
Keesha Koelling	Fort Zumwalt East	17.68

### 300 meter hurdles

Name	School	Time
Rachel Duncan	Fort Zumwalt South	49.61
Kim Hayes	Fort Zumwalt East	50.60
Megan McCrary	Fort Zumwalt South	50.80
Meaghan Glenn	Fort Zumwalt North	51.38

### 4 x 100 meter relay

Name	Relay member	Time
Fort Zumwalt North	Rachel Pudlowski	51.86
	Gwen Pudlowski	
	Peyton Brunkhorst	
	Haley Robinson	
Wentzville Holt	Shae Keller	52.13
	Bailee Gaswint	
	Olivia Renaud	
	Karis Mitchell	
Fort Zumwalt South	Hope Miller	54.39
	Ayshia Gray	
	Jazmin Viel	
	Reagan Gremaud	
Washington	Anna Arnold	55.78
	Megan Bauche	
	Katie Trigg	
	Karlee Toraason	

### 4 x 200 meter relay

School	Relay Member	Time
Wentzville Holt	Sahe Keller	1:50.34

	Sarah Hicks	
	Sarah Dumas	
	Bailee Gaswint	
Washington	Sarah Brock	1:51.68
	Abigail Brown	
	M. C. Landolt	
	Anna Arnold	
Fort Zumwalt North	Ashley Orf	1:53.67
	Peyton Brunkhorst	
	Amanda Bello	
	Haley Robinson	
Fort Zumwalt South	Ayshia Gray	1:56.29
	Jazmin Viel	
	Reagan Gremaud	
	Hope Miller	

### 4 x 400 meter relay

Name	Relay Member	Time
Wentzville Holt	Bailee gaswint	4:17.35
	Sarah Hicks	
	Shae Keller	
	Sarah Dumas	

Washington	Sarah Bretzke	4:17.92
	Sarah Brock	
	Abigail Brown	
	Erica Dierner	
Fort Zumwalt North	Amanda Bello	4:24.87
	Tori Nesslage	
	Massandje Monteiro	
	Hannah McNiff	
Fort Zumwalt South	Caitlin Gervich	4:26.21
	Rachel Duncan	
	Megan McCrary	
	Maddie Crozier	

### 4 x 800 meter relay

School	Relay Member	Time
Washington	Sarah Bretzke	10:07.17
	Sarah Brock	
	Abigail Brown	
	Erica Dierner	
Fort Zumwalt South	Caitlin Gervich	10:15.68
	Maddie Crozier	
	Sydney O'Brien	

	Kaitlin Vaughn	
Wentzville Holt	Tara Clarice	10:16.63
	Abbie Halbert	
	Morgan Rose	
	Chandler Carreon	
Fort Zumwalt North	Amanda Bello	10:44.15
	Tori Nesslage	
	Hope Knopf	
	Hannah McNiff	

## High Jump

Name	School	Height
Sarah Dumas	Fort Zumwalt South	5' 00.00
Jenna Haas	Washington	4' 10.00
Karis Mitchell	Wentzville Holt	4' 06.00

## Pole Vault

Name	School	Height
Morgan Smith	Fort Zumwalt South	9' 06.00
Jessica Bornhop	Wentzville Holt	8' 06.00
Marion Pollard	Fort Zumwalt North	8' 00.00

Samantha Krause	Fort Zumwalt North	8' 00.00
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## Long Jump

Name	School	Distance
Rachel Pudlowski	Fort Zumwalt North	17' 04.00
M. C. Landolt	Washington	16' 07.00
Megan Bauche	Washington	16' 00.00
Syanne Johnston	Fort Zumwalt East	15' 11.00

## Triple Jump

Name	School	Distance
Kim hayes	Fort Zumwalt East	34' 01.50
Jenna Haas	Washington	31' 04.50
Megan Bauche	Washington	31' 02.00
Kaitlyn Clarke	Fort Zumwalt East	30' 09.00

## Shot Put

Name	School	Distance
Brianna Smith	Wentzville Holt	33' 11.50
Stephanie Zahrndt	Fort Zumwalt South	32' 02.50

Linsey Owens	Fort Zumwalt South	28' 09.50
Tifphany Hughes	Wentzville Holt	27' 07.75

## Discus

Name	School	Distance
Alyssa Feldwert	Fort Zumwalt North	106' 04
Stephanie Zahrndt	Fort Zumwalt South	100' 02
Briana Smith	Wentzville Holt	99' 08
Erinn Grady	Wentzville Holt	82' 05

**TEAM RESULTS: Washington [97]; Wentzville Holt [88]; Fort Zumwalt South [75]; Fort Zumwalt North [63]; Fort Zumwalt East [48];**

## ACADEMIC ALL CONFERENCE

**Wentzville Holt** - Chandler Carreon, Kierstyn Cotton, Lindsay Craig, Sarah Dumas, Bailee Gaswint, Abbie Halbert, Danielle Hartman, Chrissy Hartung, Allison Hellebusch, Sarah Hicks, Holli Mason, Karis Mitchell, Megan Neveau, Olivia Renaud, Morgan Rose, Nicole Rothmeyer, Paxton Rowe, Bri Smith, Dana Whiting

## SPORTSMANSHIP

**Wentzville Holt** - Bri Smith

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# 2014 South Varsity Women Track and Field

## 100 meter dash

Name	School	Time
Courtney Ferguson	Wentzville Timberland	13.19
Cassie Pierce	Francis Howell North	13.20
Maia Hopkins	Wentzville Timberland	13.29
Catonah Jenkins	Francis Howell North	13.40

## 200 meter dash

Name	School	Time
Rachel Sullivan	Troy Buchanan	26.56
Jordan Gettemeier	Wentzville Timberland	26.58
Anna Sullivan	Troy Buchanan	27.08
Breanna Wages	Francis Howell	27.44

## 400 meter dash

Name	School	Time
Alicia Reed	Fort Zumwalt West	0:59.40

Rachel Sullivan	Troy Buchanan	1:00.54
Jordan Gettemeier	Wentzville Timberland	1:00.67
Anna Sullivan	Troy Buchanan	1:02.93

### 800 meter dash

Name	School	Time
Rebecca Turney	Francis Howell	2:21.39
Morgan Hartwig	Troy Buchanan	2:27.95
Meg Norris	Fort Zumwalt West	2:34.36
Jillian Fields	Francis Howell North	2:36.25

### 1600 meter run

Name	School	Time
Kristen Adams	Francis Howell	5:02.61
Arnica Zitting	Francis Howell	5:23.94
Morgan Hartwig	Troy Buchanan	5:29.70
Rachel Althage	Fort Zumwalt West	5:36.08

### 3200 meter run

Name	School	Time
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Kristen Adams	Francis Howell	10:37.72
Arnica Zitting	Francis Howell	11:31.84
Jane Boessen	Troy Buchanan	12:50.56
Jenna Marston	Fort Zumwalt West	13:01.74

### 100 meter hurdles

Name	School	Time
Maggie Knight	Francis Howell	17.69
Haley Meyer	Troy Buchanan	17.88
Renee Boschert	Wentzville Timberland	17.39
Autumn Todd	Francis Howell North	17.98

### 300 meter hurdles

Name	School	Time
Courtney Ferguson	Wentzville Timberland	48.15
Kaitlyn Brooks	Troy Buchana	50.74
Maggie Knight	Francis Howell	52.46
Renee Boschert	Wentzville Timberland	53.24

### 4 x 100 meter relay

Name	Relay member	Time
Wentzville Timberland	Alicia Alexander	50.26
	?	
	?	
	?	
Francis Howell	Kayla Lanwehrmeier	52.94
	Darby Joerling	
	Caitlyn Watson	
	Breanna Wages	
Francis Howell North	Cassie Pierce	52.95
	Olivia Grant	
	Autumn Todd	
	Catonah Jenkins	
Francis Howell Central	Abbey Woods	54.65
	Luta Young	
	Amanda Ottinger	
	Lauren Lynch	

### 4 x 200 meter relay

School	Relay Member	Time
Wentzville Timberland	Alicia Alexander	1:47.64

	?	
	?	
	?	
Francis Howell	Stephanie Clawson	1:47.66
	Darby Joerling	
	Taylor Knoche	
	Breanna Wages	
Troy Buchanan	Anna Sullivan	1:48.78
	Rachel Sullivan	
	Lexie Daw	
	Stefanie Richterkesing	
Francis Howell North	Autumn Todd	1:53.15
	Cynthis Cahall	
	Catonah Jenkins	
	Cassie Pierce	

### 4 x 400 meter relay

Name	Relay Member	Time
Francis Howell	Leigh Maddi	4:09.57
	Courtney Kinion	
	Breanna Wages	
	Josie Reardon	

Troy Buchanan	Stefanie Richterkessing	4:14.04
	Destiny Law	
	Lexie Daw	
	Anna Sullivan	
Fort Zumwalt West	Rachel Althage	4:16.27
	Alicia Reed	
	Madlena Demerchian	
	Kailey Tennant	
Wentzville Timberland	Doris Putman	4:37.46
	?	
	?	
	?	

### 4 x 800 meter relay

School	Relay Member	Time
Francis Howell	Courtney Kinion	9:51.44
	Kristen Adams	
	Maddi Leigh	
	Rebecca Turney	
Fort Zumwalt West	Rachel Althage	10:04.34
	Madlena Demerchian	
	Elizabeth Lay	

	Meg Norris	
Francis Howell North	Jillian Fields	10:05.34
	Ariel Kirkpatrick	
	Brenda Alvarado	
	Hanna Fetsch	
Troy Buchanan	Lindsay Bradshaw	10:44.56
	Morgan Hartwig	
	Rebecca Ashburn	
	Elizabeth Edwards	

## High Jump

Name	School	Height
Haley Lindenbusch	Fort Zumwalt West	5' 00.00
Jenna Boessen	Troy Buchanan	5' 00.00
Taylor Knoche	Francis Howell	4' 08.00
Olivia Gautier	Fort Zumwalt West	4' 08.00

## Pole Vault

Name	School	Height
Dominque Meyer	Francis Howell North	11' 04.00
Julie James	Wentzville Timberland	10' 00.00

Madison Jilek	Francis Howell Central	9' 06.00
Shelby Saal	Troy Buchanan	8' 06.00

## Long Jump

Name	School	Distance
Alicia Alexander	Wentzville Timberland	15' 11.00
Cynthia Cahall	Francis Howell North	15' 05.00
Kayla Landwehrmier	Francis Howell	15' 03.00
Jordyn Armstrong	Wentzville Timberland	15' 01.75

## Triple Jump

Name	School	Distance
Olivia Gautier	Fort Zumwalt West	33' 06.00
Cynthia Cahall	Francis Howell North	32' 11.00
Terrie Mickens	Wentzville Timberland	32' 08.00
Darby Joerling	Francis Howell	31' 05.00

## Shot Put

Name	School	Distance
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Leah Colbert	Troy Buchanan	42' 08.00
Chelsea Priebe	Francis Howell North	35' 08.50
Bri Livingston	Troy Buchanan	35' 07.00
Mary Kate Berck	Francis Howell Central	33' 07.50

## Discus

Name	School	Distance
Bri Livingston	Troy Buchanan	113' 00
Leah Colbert	Troy Buchanan	110' 11
Shelby Weiss	Wentzville Timberland	109' 09
Samantha Dudley	Wentzville Timberland	104' 00

**TEAM RESULTS: Troy Buchanan [133.5]; Francis Howell [123];  
Wentzville Timberland [122.5]; Fort Zumwalt West [76]; Francis  
Howell North [ 73]; Francis Howell Central [27]**

## ACADEMIC ALL CONFERENCE

**Fort Zumwalt West -**

**Wentzville Timberland -** Alicia Alexander, Jordyn Armstrong, Morgan Bond, Lauren Christo, Kelsie Eckert, Courtney Ferguson, Jordan Gittemeier, Christina Harper, Maia Hopkins, Dominique Irangi, Julia James, Emma Johnson, Madeline Koerner, Lydia Konneman, Kalleigh Linthicum, Sarah McVey, Terrie Mickens, Victoria Papez, Briana Pritchett, Doris Putman, Autumn Rivera, Elise Schillinger, Emma Schillinger, Renee Shelburne, Shelby Weiss, Monica Witzke

# **SPORTSMANSHIP**

**Fort Zumwalt West -**

**Wentzville Timberland - Autumn Rivera**

## **2104 Boys Volleyball**

# **ACADEMIC ALL CONFERENCE**

**Fort Zumwalt West -**

# **SPORTSMANSHIP**

**Fort Zumwalt West -**

## **2014 SPRING CONFERENCE CHAMPIONS**

	<b>NORTH</b>	<b>CENTRAL</b>	<b>SOUTH</b>
<b>Girls Soccer</b>	Saint Charles West	Fort Zumwalt South	Francis Howell
<b>Baseball</b>	Saint Charles West	Fort Zumwalt South	Wentzville Timberland
<b>Girls Track</b>	Warrenton	Washington	Troy Buchanan
<b>Boys Track</b>	Saint Charles	Fort Zumwalt East	Wentzville Timberland
<b>Boys Golf</b>	Saint Charles West	Washington	Wentzville Timberland

## **2014 SRING TWO DIVISION CHAMPIONS**

	<b>NORTH CENTRAL</b>	<b>SOUTH CENTRAL</b>
<b>Boys Tennis</b>	Fort Zumwalt South	Francis Howell North

## **2014 SRING COMBINED CHAMPIONS**

<b>Boys Volleyball</b>	<b>Francis Howell</b>
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