

2009 North Baseball

PITCHERS

1st Team	Andy Heifner	Sr.	St. Charles West
	Justin Sprenger	Sr.	Washington
2nd Team	Jacob Couch	Sr.	St. Charles
	Jon Glidewell	Jr.	Wentzville Timberland
H.M.	Brian Grote	Sr.	St. Charles West
	Tanner Trokey	So.	Ft. Zumwalt East

CATCHERS

1st Team	Ryan Fox	Jr.	Ft. Zumwalt North
2nd Team	Tom Jarka	Sr.	Duchesne
H.M.	Jimmie Culley	Jr.	St. Charles West

UTILITY PLAYER

1st Team	Joe Liesmann	Sr.	Washington
2nd Team	Wade Rothermich	So.	Ft. Zumwalt North
H.M.	Keith Terry	Sr.	Warrenton

INFELDERS

1st Team	Brandon Chowning	Sr.	St. Charles West
	Nick Gumm	Sr.	St. Charles
	Jordan Hankins	Jr.	Ft. Zumwalt North
	Michael Lockett	Jr.	Wentzville Timberland
	J. T. Roethig	Sr.	Ft. Zumwalt North
2nd Team	Jake Bower	Sr.	Wentzville Timberland
	Lendon Ehlmann	Sr.	St. Charles
	David masters	So.	Wentzville Timberland
	Chris Shoemaker	Sr.	Wentzville Timberland
	Rickey Trautwein	Sr.	Duchesne

H.M.	Alan Burbach	Jr.	Warrenton
	Michael Eimer	Jr.	St. Charles West
	Jeremy Koenig	Jr.	Ft. Zumwalt North
	Curtis Strubinger	Jr.	Duchesne

OUTFIELDERS

1st Team	Brannon Champagne	Sr.	St. Charles West
	Matt Duran	Sr.	Warrenton
	Kevin Gratza	Jr.	Washington
	Derek MacLachlan	Jr.	Ft. Zumwalt East

2nd Team	Brad Chapman	So.	Ft. Zumwalt East
	Mike Hollander	Sr.	Duchesne
	Danny Kueckelhan	Jr.	Ft. Zumwalt North
	Jon Sinecki	Sr.	St. Charles

H.M.	Matt Alexy	Sr.	Ft. Zumwalt North
	Niko Isaia	Sr.	Ft. Zumwalt North
	Clay Miller	So.	Wentzville Timberland
	Brady Swift	Jr.	St. Charles West

DESIGNATED HITTER

1st Team	Nick Dimotrivich	Sr.	Wentzville Timberland
2nd Team	Eric Stross	Jr.	St. Charles West
H.M.	Tyler Markum	Jr.	Ft. Zumwalt North

PLAYER OF THE YEAR - Brannon Champagne of St. Charles West

COACH OF THE YEAR - Ray Rico of St. Charles West

Sportsmanship Award

Duchesne

Jake Bohr

Warrenton	Alan Burbach
Washington	Scott Sherman
St. Charles	Jon Sinecki
Timberland	Jake Brower
Ft. Zumwalt North	Danny Kueckelhan
St. Charles West	Sam Bushery
Ft. Zumwalt East	Harrison Hessler

All-Academic Team

Duchesne – Jake Bohr, Zach Bohr, Paul Bothe, Chris Boyer, Tom Jarka, Nolan Kohnen, Mike Macke, Blake Rohlfiing, Curtis Strubinger, Andy Thro, Rickey Trautwein

Warrenton – Jeremy Berrey, Michael Miley, Keith Terry, Nick Shough

Washington – Zack Omer, Max Bigford, Joe Liesmann, Scott Sherman, Kevin Gratza, Tyler Siem, Ross Althage

St. Charles – Dan Bradley, Jacob Couch, Lendon Ehlmann, Justus Forbes, Tyler Martchink, Tyler Paule, Jon Sinecki, Brett Weis, Andrew Wilkewitz

Timberland – Jake Brower, Nick Domitrovich, Kevin Doss, Jake Hirniak, David Masters, Chris Shoemaker

Ft. Zumwalt East - Colin Zurweller, Branden Sugar, Josh Romanchuk, Clayton Meyer, Eric Keling, Brad Chapman

Ft. Zumwalt North – Cody Kliethermes, Jeremy Koenig, Jeffrey Smith, Wade Rothermich, Matthew Lackey, Brian Kovarik, Josh Henson, Bobby Jones, Rand Micheletti, Joseph Siegler, Tyler Markum

St. Charles West – Sam Bushery, Brannon Champagne, Mike Eimer, Brian Grote, Joe Hallemeier, Andy Heifner, J. J. Kinnevan, Jordan Schaeffer, Christian Stadler, Matt Strode, Eric Stross, Devon Whittier

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2009 South Baseball

PITCHERS

1st Team	Jake Powers	Sr.	Francis Howell Central
	Kyle Frantz	Sr.	Troy Buchanan
2nd Team	Hank Williams Jr.	Sr.	Ft. Zumwalt South
	A. J. Walkenhorst	Jr.	Ft. Zumwalt South
H.M.	Alex Belew	Sr.	Ft. Zumwalt West
	Matt Davidson	Sr.	Francis Howell North

CATCHERS

1st Team	Mike Wilson	So.	Francis Howell North
2nd Team	Jake Henson	Fr.	Francis Howell Central
H.M.	Mason Queen	Jr.	Wentzville Holt

UTILITY PLAYER

1st Team	Mark Kavanagh	Sr.	Troy Buchanan
2nd Team	Zach Loraine	Sr.	Ft. Zumwalt West
H.M.	Nick Conley	Sr.	Francis Howell North

INFELDERS

1st Team	Danny Brennan	Jr.	Ft. Zumwalt South
	Luke Collis	Sr.	Francis Howell North
	Tim Holmes	Sr.	Francis Howell

Fred Ford Jr. Ft. Zumwalt South
Christian Hull Jr. Ft. Zumwalt West

2nd Team Mark McClelland Sr. Wentzville Holt
Nick Armstrong Sr. Francis Howell
Brett Graves So. Francis Howell
Luc Faron Sr. Francis Howell Central
Josh Golliver Jr. Francis Howell

H.M. Justin Hellman Jr. Wentzville Holt
Eddie Sutton Jr. Ft. Zumwalt West
Braxton Martinez Fr. Francis Howell North
Trey Pirkle Jr. Wentzville Holt
Dan Seddon So. Ft. Zumwalt South

OUTFIELDERS

1st Team A. J. Hance Sr. Troy Buchanan
Sean Hagen Jr. Ft. Zumwalt West
Robbie Freidlein Jr. Francis Howell North
Joe Emery Sr. Francis Howell Central
2nd Team Branden Smith Sr. Ft. Zumwalt West
Tyler Schneider Sr. Francis Howell
Ben Snarr Fr. Wentzville Holt
Tyler Tucker Sr. Ft. Zumwalt South
H.M. Jared Hagley So. Francis Howell
Doran Briscoe Sr. Ft. Zumwalt South
Nick Dawson Jr. Wentzville Holt
Jon Mikiska Jr. Francis Howell Central

DESIGNATED HITTER

1st Team Andrew Hood Francis Howell North

2nd Team Mike Macke Sr. Ft. Zumwalt South
H.M. Mark Hatfield Sr. Francis Howell

PLAYER OF THE YEAR - Jake Powers of Francis Howell Central

COACH OF THE YEAR - Steve Newton of Troy Buchanan

Sportsmanship Award

Ft. Zumwalt West	John Downes
Ft. Zumwalt South	Alex Diekmann
Francis Howell	Josh Golliver
Francis Howell North	Nick Conley
Francis Howell Central	Dominic Caraffa
Troy Buchanan	Wes Wright
Wentzville Holt	Mark Thompson

All-Academic Team

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Ft. Zumwalt West – Austin Anderson, Nicklas Bazzoni, Alex Belew, John Downes, Daniel Frohock, Thomas Hager, Christian Hull, Austin Lange, Zachary Loraine, Michael Nickrent, Scott Pennington, Benjamin Purnell, Sean Robertson, Scott Szarek, Kyle Tennant, Tomas Vincenc, Adam Wright

Ft. Zumwalt South – Kyle Bauer, Danny Brennan, Doran Briscoe, Alex Diekmann, Fred Ford, D. J. Krome, Ryan light, Michael Macke, Steven Page, Ryne Seddon, John Sesti, Cody, Spotanski, Tyler Tucker, Hank Williams Jr

Francis Howell – Nate Hardy, Brett Graves, Jared Hagley, Jake Ivory, Justin Williams

Francis Howell North – Braxton martinez, Luke Collis, Luke johnson, Matt Miller, Pat Donnelly, Andrew Hood, Andrew gallagher, Robbie Frielein, Chris Volpo, Mike Wilson, Zach Short, Tyler Christeson

Francis Howell Central – Josh Crawford, Matt mason, Jon Mikiska, Jake Powers, Joe Macke, Tyler Meyer, Jake henson, Kevin griffith, Dan Hurst, Cody Woods, Joe Emery, Tyler Beamer, Luke Faron, Dominic Caraffa, Matt Mueller

Troy – Brock Byington, Brandon Colbert, Erik Guzenski, Drew Schrader, Eric Tiefenthaler, Mark Kavanagh, Carl "Wes" Wright

Holt – Nick Dawson, Matt Freymuth, Nick Grubbs, Dan Magnin, Brennen Nabholz, Trey Pirkle, Mason Queen, Mark Thompson

2009 GAC North Golf Medallists

Mike Glosier	77	Duchesne
Luke Orf	79	Duchesne
Gerard Choinka	81	Duchesne
Taylor Dalton	82	Warrenton
Hunter Parrish	82	Washington
Nick Reilly	83	Duchesne
Tyler Schrader	83	Washington
Ethan Muffett	84	Duchesne
Luke Brandmeyer	84	Ft. Zumwalt East
Mikal Harpster	84	Warrenton

TEAM SCORES: Duchesne [320], Washington [336], Warrenton [346], Wentzville Timberland [355], Ft. Zumwalt East [360], St. Charles [366], Ft. Zumwalt North [380], St. Charles West [388]

SPORTSMANSHIP

Washington - Hunter Parrish

All-Academic Team

Ft. Zumwalt East – Michael Mayberry, Bryan Lowery, Luke Brandmeyer, Bryan Beiter

St. Charles West – missing

St. Charles – missing

Ft. Zumwalt North – Mike Hessel, Jeffrey Bender, Justin Simerda, Brendan Birch, Brad Forir, Zach Koester

Wentzville Timberland – missing

Duchesne – missing

Warrenton – Taylor Dalton, Austin Gibbs, Patrick Koch, Mikal McElroy

Washington - Josh Baysinger, Mitch Brauer, Hunter Parrish, Tyler Schrader

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2009 All-GAC South Golf Medallists

Pat Harrell	69	Wentzville Holt
Steven Bass	72	Wentzville Holt
Nick Goeke	74	Francis Howell Central
Greg Phillips	76	Wentzville Holt
Mike Wooten	77	Francis Howell
Nick Holder	77	Francis Howell
Chris Seiffert	77	Wentzville Holt
Brennan Longwell	79	Ft. Zumwalt West
Tyler Tieman	80	Francis Howell
John Heimann	81	Ft. Zumwalt South
Kyle Brunner	81	Ft. Zumwalt South
Mike Taylor	82	Francis Howell North

TEAM SCORES: Wentzville Holt [294], Francis Howell [320], Ft. Zumwalt South [327], Ft. Zumwalt West [332], Francis Howell Central [341], Francis Howell North [345], Troy Buchanan [348]

SPORTSMANSHIP

Troy Buchanan - Brad Howell

All-Academic Team

Ft. Zumwalt West – Robert Bajier, Taylor Barthels, Dylan Carter, Stephen Freund, Tyler Hall, Doug Lagarce, Brennan Longwell, Connor Schimdt

Ft. Zumwalt South – Steven Beyer, Kyle Brunner, Jonathan Heimann, Joseph Hollingsworth, Wade Schauwecker, Eric Schwartz, Matthew Smith, Nathan Stock, Luke Teson

Francis Howell – missing

Francis Howell North – missing

Francis Howell Central – missing

Troy – Timothy Burton, Kyle Heinz, Taylor Hutson, Justin Nichols, Matthew Graviett, Bradley Howell, Kyle Peasel, Jacob Meyer

Holt – Jon Alexander, Steven Bass, Dan Frost, Patrick Harrell, Greg Phillips, Corey Robertson, Chris Seiffert, Justin Wilferv

2009 North Girls Soccer

FORWARDS

1st Team	Emma Walker	Sr.	Duchesne
	Amanda Wiechens	Fr.	Ft. Zumwalt North
2nd Team	Emily Svoboda	So.	St. Charles West
	Hailey Rodgers	So.	Ft. Zumwalt East
H.M.	Kelli Knobbe	Sr.	Duchesne
	Erika Teson	Fr.	St. Charles

MIDFIELDERS

1st Team	Kayla Nurnberger	So.	St. Charles West
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	Emily Kersting	Sr.	Ft. Zumwalt North
	Jordon Andrzejewski	Jr.	St. Charles West
	Allie Reimer	Sr.	Duchesne
2nd team	Melissa Beste	Jr.	Washington
	Jessica Seiler	Fr.	Ft. Zumwalt East
	Brandi VanBooven	Fr.	St. Charles West
	Natalie Henson	Sr.	Duchesne
H.M.	Julia Burns	So.	Washington
	Lauren Josten	Fr.	Duchesne
	Jenny Krug	Fr.	Ft. Zumwalt East
	Kristen Koehler	Jr.	St. Charles

DEFENDERS

1st Team	Chloey Kauffman	Sr.	St. Charles West
	Lisa Sanford	Sr.	Ft. Zumwalt North
	Allison Hu	Sr.	Duchesne
	Alex Morris	Sr.	Duchesne
2nd Team	Kelsey Mitchell	So.	Washington
	Olivia Aholt	Sr.	Washington
	Katelyn Fitter	Jr.	St. Charles West
	Katie Josten	Sr.	Duchesne
H.M.	Sydney Frauen	Fr.	St. Charles West
	Katie Harris	Fr.	Ft. Zumwalt East
	Erica Peters	So.	Wentzville Timberland
	Alex White	Jr.	St. Charles

KEEPER

1st Team	Tori Champagne	Sr.	Duchesne
2nd Team	Ashley Barczewski	Sr.	Ft. Zumwalt North
H.M.	Lauryn Farrar	Sr.	Washington

Sportsmanship Award

Duchesne	Sarah Skaggs
Warrenton	Malory Toebben

Washington	Melissa Beste
St. Charles	Emily Wilson
Timberland	Kylie Huck
Ft. Zumwalt North	Ashley Barczewski
St. Charles West	Blake French
Ft. Zumwalt East	Brenna Cummings

All-Academic Team

Duchesne – Tori Champagne, Amber Riley, Emma Walker, Megan Elmendorf, Alli Reimer, Stephanie Mullen, Lauren Josten, Allison Hu, Catie Josten, Alex Morris, Sarah Skaggs, Rachel Baronovic, Natalie Henson, Amanda Hubble, Kelly Knobbe, Ashley Riley

Warrenton – Krysten Beard, Ashely Smith, Kayla Clemens, Annie Craven, Amanda Bardwell, Malory Toeppen, Madeline Finnern, Morgan Barton, Brooke Kassing, Lauren Grotpeter, Jamie Peper, Kelsea Job, Sarah Foran, Shannon Sanders

Washington – Hannah Overschmidt, Anneliese Baer, Ashley Schiermeier, Taylor McDonald, Kayla Nurnberger, Sarah Brinkmann, Kelsey Mitchell, Brittany Monroig, Melissa Beste, Sam Deimeke, Olivia Aholt, Julia Burns, Jamie Scoles, Ellie Ebinger, Dusty Maciejewski, Sam Gildehaus, Sierra Simmons

St. Charles – Paige Cannon, Alexandra Coward, Taylor Dooley, Kelsey Fix, Samantha Fix, Rachel Franz, Marissa Freise, Kristen Koehler, Sarah Pace, Alexis Schneider, Melissa Schnettler, Ashley Sudbrock, Erika Teson, Alex White, Emily White, Emily Wilson, Taylor Wolf, Emily Wright, Abbie Zimpfer

Timberland – Alex Adelsberger, Jessica Allen, K.C. Haman, Alyssa Houska, Kylie Huck, Julie Johnston, Eleanor Kester, Kourtney Krulik, Katie LaPak, Kayleigh Martinez, Ashley McCaffrey, Katie Novak, Erica Peters, Ashley Porter, Courtney Schultz, Melissa Searle

Ft. Zumwalt North – Lisa Sanford, Emily Beins, Ashley Barczewski, Erin Lee, Ellen Vehige, Paige Jones, Lyndee Rodamaker, Sadie Naumann, Amanda Wiechens, Sarah Pratt, Bridget Kiely, Emily Kersting, Alexis Cook, Nicole Steiner, Ashley Newsom, Bridget Koch, Merissa Martin, Andrea Filliben, Meghan Kiely

St. Charles West – Kelly Abernathy, Kelsey Tennison, Jordan Andrzejewski, Taylor Andrzejewski, Katelyn Fitter, Sydney Frauen, Blake French, Julianne Horsford, Brooke Huddleston, Jessica Ilgenfritz, Chloe Kauffman, Abbey Lauer, Melina Malloy, Aleesa Mays, Shannon Wittich, Chelsea Pavlacic, Laurie Schmidt, Taylor Staggemeier, Emily Svoboda, Brandi VanBooven, Elise Widaman

Ft. Zumwalt East -Alex Adelsberger 09 , Jessica Allen 12 , KC Haman 11 , Alyssa Houska 11 , Kylie Huck 09 , Julie Johnston 11 , Eleanor Kestor 11 , Kourtney Krulik 09 , Katelyn Lapak 10 , Kayleigh Martinez 09 , Ashley McCaffrey 11 , Kathryn Novak 10 , Erica Peters 10 , Ashley Porter 11 , Courtney Schultz 09 , Melissa Searle 11

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2009 South Girls Soccer

FORWARDS

1st Team	Breanna Beine	Jr.	Francis Howell Central
	Betsy Blanchard	Jr.	Francis Howell North
	Nicole Becker	Jr.	Francis Howell Central
	Julie Mooney	So.	Francis Howell
2nd Team	Dani Langness	Sr.	Francis Howell North
	Kelsey Vanzant	So.	Troy Buchanan
H. M.	Molly Galen	Sr.	Ft. Zumwalt West

MIDFIELDERS

1st Team	Brittany Colvin	Sr.	Ft. Zumwalt West
	Morgan Boudreau	Sr.	Francis Howell North
	Lauren Capuano	Jr.	Francis Howell Central
2nd Team	Emily Lock	Sr.	Francis Howell
	Hunter Wagoner	Fr.	Troy Buchanan
	Becky Lackey	Jr.	Francis Howell North
	Jorie Clarkston	So.	Francis Howell
H. M.	Karly Thomas	Fr.	Ft. Zumwalt West
	Melanie Hunt	So.	Francis Howell
	Choloe Lake	So.	Ft. Zumwalt West
	Brooke Oostenoorp	So.	Francis Howell North
	Alexis Baez	Sr.	Francis Howell Central

DEFENDERS

1st Team	Kayla Thomas	Sr.	Ft. Zumwalt West
	Cindy Lackey	So.	Francis Howell North
	Maritza Hayes	Jr.	Francis Howell
	Darienne Korbai	Jr.	Francis Howell Central
2nd Team	Suzanne Pelley	Jr.	Francis Howell
	Ally Rodriguez	So.	Francis Howell
	Kelsey Fouch	So.	Francis Howell North
	Kayla Leeser	Sr.	Ft. Zumwalt South
H.M.	Stephanie Blanchard	So.	Francis Howell North
	Paige Westbrook	Fr.	Ft. Zumwalt West
	Allison Daiber	Jr.	Francis Howell Central
	Daedriana Kroninger	Sr.	Troy Buchanan

KEEPER

1st Team	Jessica Morelli	Sr.	Ft. Zumwalt West
2nd Team	Jacy Waldrof	Jr.	Francis Howell North
H.M.	Adrianna Corcione	So.	Francis Howell Central

Sportsmanship Award

Francis Howell North	Jessica Behnke
Ft. Zumwalt West	Kayla Thomas
Francis Howell Central	Alexis Baez
Ft. Zumwalt South	Kelsey Barkley
Wentzville Holt	Amanda Graven
Francis Howell	CJ Hoffman
Troy Buchanan	Karen Fackler

All-Academic Team

Ft. Zumwalt West – Jessica Day, Kayla Gajewski, Jordan Guion, Krystin Haas, Colleen Husmann, Kaylyn Kellett, Sarah Krispin, Chloe Lake, Maggie Lau, Janey Marion, Lauren Robertson, Abby Salisbury, Karly Thomas, Kayla Thomas, Paige Westbrook

Ft. Zumwalt South – Jordan Bailey, Kelsey Barkley, Abigail Clark, Ellen Ghirardi, Anna Harrison, Sarah Hough, Kayla Leeser, Alyssa Roberston, Abby Nelson, Elaine Smith, Shannon Stewart, Kelsey Tsukayama, Chelsea Wade

Francis Howell – Jennifer Pelley, Suzanne Pelley, Kim Mooney, Julie Mooney, Ally Rodriguez, Jorie Clarkston, Brittany Joseph, Maritza Hayes, Alex Katubig, Mackenzie Kelly, Melanie Hunt, Ashley Heryford, Molly Majewski, CJ Hoffman, Emily Lock, Emily Rodriguez, Jessica Scheve, Nickie Basler, Samm Melton

Francis Howell North - Ashley Walters, Brittany Burke, Stephanie Blanchard, Dani Langness, Kesley Hieb, Maureen Murphy, Kaitlyn Fouch, Erin Martin, Crystal Friedman, Breann Kinworth, Kelsey Fouch, Morgan Boudreau, Brooke Oostendorp, Cindy Lackey, Betsy Blanchard, Becky Lackey, Sammi McMichael, Jade Shinn, Jacy Waldrop, Megan Frkovic

Francis Howell Central – Shelly Hassall, Emily Klobe, Lauren Capuano, Alexis Baez, Jamie Winchell, Breanna Beine, Julie White, Nicole Becker

Troy – Clarissa Brown, Krista Drewel, Kelsey Vanzant, Jessica Burlison, Courtney Dorrell, Karen Fackler, Kara Haney, Kaelan Hubbard, Daedriana Kroninger, Megan McDonald, Rebekah Schwartz, Emily Crane, Taylor Gill, Chelsie Jakuboski, Amy Stewart, Hunter Wagoner

Holt – Caitlyn Bell, Erika Bogolin, Chrissy Caldwell, Megan Gatschenberger, Taylor Goddard, Amanda Graven, Kelsey Griffith, Courtney Kitson, Rachel Klopstein, Liz Melville, Megan Muehling, Taylor Park, Ashley Peters, Meghan Potthoff, Jennifer Rucker, Holly Smothers, Jacey Wells

2009 North Boys Tennis

#1 SINGLES

1st	Merkle	Duchesne
2nd	Jordan	Ft. Zumwalt East

3rd Berich Ft. Zumwalt North

#2 SINGLES

1st Hepler Duchesne
2nd Gibler Ft. Zumwalt East
3rd Sternberg St. Charles West

#3 SINGLES

1st Phillips Duchesne
2nd Heien St. Charles West
3rd Ellis Ft. Zumwalt North

#4 SINGLES

1st Farrell Duchesne
2nd Karbowski Ft. Zumwalt East
3rd Balotti St. Charles West

#1 DOUBLES

1st Lionberger-Keethler Wentzville Timberland
2nd Thurmer-Wapplehorst Duchesne
3rd Wiechens-Batzer Ft. Zumwalt North

#2 DOUBLES

1st Davis-Moellering Duchesne
2nd Rootz-Presswood Ft. Zumwalt East
3rd Buse-Newman St. Charles

#3 DOUBLES

1st Angly-Boly Wentzville Timberland
2nd Friscella-Park Duchesne
3rd Marsh-Ritter Ft. Zumwalt North

TEAM SCORES: Duchesne [41.5], Wentzville Timberland [19.5], Ft. Zumwalt East [19.5], Ft. Zumwalt North [19], St. Charles West [14.5], St. Charles [4]

All-Academic Team

Duchesne – missing

Wentzville Timberland– missing

Ft. Zumwalt East – Brian Carpenter, Dylan Gilbert, Allison Glugla, Ian Karbowski, Katie Keppel, Lee Presswood, Sam Reynolds, Zach Rootz, Jeremy Woodard

St. Charles – missing

St. Charles West – missing

Ft. Zumwalt North – Kyle Wiechens, Anthony Ritter, Justin Marsh, Alex Berich, Joseph Batzer, Maxwell Barnett, John Mannbeck, Joshua Schneider, Daniel Price, Nick Dischbein, Jerick Caldwell, Luke Ellis

2009 South Boys Tennis

#1 SINGLES

1st	Richards	Francis Howell North	7-5, 5-7, 7-5
2nd	He	Ft. Zumwalt West	
3rd	Salter	Francis Howell	2-6, 6-2, 6-2
4th	Hetlage	Ft. Zumwalt South	

#2 SINGLES

1st	Roberts	Francis Howell Central	3-6, 7-5, 6-2
2nd	Milsaps	Ft. Zumwalt South	
3rd	Furtardo	Wentzville Holt	6-2, 6-2

4th McCoy Troy Buchanan

#3 SINGLES

1st	Benoist	Francis Howell	7-6, (8-6), 6-3
2nd	Mahoney	Wentzville Holt	
3rd	Woodard	Ft. Zumwalt South	6-2, 2-6, 6-3
4th	Lau	Ft. Zumwalt West	

#4 SINGLES

1st	Ashley	Wentzville Holt	5-7, 6-3, 6-1
2nd	Felzien	Ft. Zumwalt South	
3rd	Lenhard	Ft. Zumwalt West	7-6, 6-0
4th	Dubois	Francis Howell North	

#1 DOUBLES

1st	Compton-Newbold	Ft. Zumwalt South	6-4, 5-7, 6-4
2nd	Stobie-Read	Wentzville Holt	
3rd	Hale-Hepburn	Francis Howell	5-7, 6-4, 6-2
4th	Arndt-Yu	Francis Howell Central	

#2 DOUBLES

1st	Bunch-Ostby	Wentzville Holt	6-3, 6-1
2nd	Rabus-Ket	Francis Howell	
3rd	S. Felzien-Bergmann	Ft. Zumwalt South	?, ?
4th	McGowan-Hang	Francis Howell Central	

#3 DOUBLES

1st	Smith-Lanzone	Francis Howell	4-6, 6-1, 7-5
2nd	Sage-Reynolds	Ft. Zumwalt South	
3rd	Smith-Piper	Wentzville Holt	6-3, 6-2
4th	Dorell-Musterman	Troy Buchanan	

TEAM SCORES: Ft. Zumwalt South [29.5], Wentzville Holt [29.5], Francis Howell [25.5], Francis Howell Central [11], Ft. Zumwalt West [9], Francis Howell North [8], Troy Buchanan [4.5]

SPORTSMANSHIP

Francis Howell North - Taylor Bell

Troy Buchanan - Mitchell Musterman

All-Academic Team

Francis Howell – missing

Wentzville Holt– Kevin Ashley, Ian Barr, Conner Bunch, Chris Furtado, Ryan Grass, Sung Harm, Dan Mahoney, Andy McDonough, Jacob Ostby, Kieran Piper, Dylan Read, Jake Smith, Taylor Stobie

Ft. Zumwalt South – Florian Bergmann, David Compton, Alex Felzien, Slater Felzien, Andrew Krist, Seth Newbold, Justin Reynolds, Tyler Sage, Jacob Schippers

Troy Buchanan – Levi Ammons, Tyler Cissell, Will Foreman, Mason McDonald, Clark Miller, Colin Wing, Patrick Witte, Corey Gholson, Zachary Jakuboski, Francis Lo, Kyle Miller, Mitchell Musterman, Ryan Baker, Shayne Dorrell, Richard Kruszynski, Robert Lewis, Kyle McCoy

Ft. Zumwalt West – Robert Baskins, Kyle Bruere, Edbert Cheng, Aaron Donnell, Mitchell Gerringer, Kai He, Jacob Horvath, Andrew Lau, Kurt Lenhard, Noah, Nunn-Faron, Saahil Sheth, Greg Towe, Brad Trapp, Jeff Wessel

Francis Howell North – Taylor Bell, Curtis Meuth, Andrew Brodnik, Dan Brodnik, Chris Palmer, Kyle Harman, Max Ritter

Francis Howell Central - missing

2009 North Boys Track

4 x 800 meter Relay

1st St. Charles West 8:14.0

2nd Ft. Zumwalt North 8:24.0

3rd Warrenton 8:27.7

110 meter High Hurdles

1st S. Dudley St. Charles 14.8

2nd D. Baily Ft. Zumwalt East 15.2

3rd B. Banowetz Ft. Zumwalt North 15.8

100 meter Dash

1st J. Mansco St. Charles West 10.9

2nd E. Maise Wentzville Timberland 11.0

3rd M. Greer Wentzville Timberland 11.1

4 x 200 meter Relay

1st Wentzville Timberland 1:35.0

2nd Ft. Zumwalt North 1:36.0

3rd Ft. Zumwalt East 1:37.9

1600 meter Run

1st Klosterhoff St. Charles West 4:31.4

2nd Duncan St. Charles West 4:34.2

3rd Webster Ft. Zumwalt East 4:36.5

4 x 100 meter Relay

1st Ft. Zumwalt North 44.1

2nd Wentzville Timberland 45.4

3rd Washington 45.4

400 meter Dash

1st	Maise	Wentzville Timberland	50.7
2nd	Mansco	St. Charles West	51.0
3rd	Robinson	Ft. Zumwalt North	52.5

300 meter Intermediate Hurdles

1st	Bailey	Ft. Zumwalt East	41.2
2nd	Klossner	Wentzville Timberland	41.6
3rd	Banowetz	Ft. Zumwalt North	42.4

800 meter Run

1st	Fink	Ft. Zumwalt North	1:58.9
2nd	Lhamon	Ft. Zumwalt East	2:00.1
3rd	Easton	St. Charles West	2:01.6

200 meter Dash

1st	Mansco	St. Charles West	22.54
2nd	Maise	Wentzville Timberland	22.9
3rd	Greer	Wentzville Timberland	23.2

3200 meter Run

1st	Klosterhoff	St. Charles West	9:53.0
2nd	Webster	Ft. Zumwalt East	10:00.3
3rd	Benton	Ft. Zumwalt North	10:01.5

4 x 400 meter Relay

1st Ft. Zumwalt North 3:29.5

2nd St. Charles West 3:32.4

3rd St. Charles 3:32.6

Discus

1st A. McDonald Wentzville Timberland 179' 4

2nd C. Francis Washington 145' 3

3rd R. Berry Warrenton 125' 9

Shot Put

1st A. McDonald Wentzville Timberland 58' 4

2nd B. Sudbrock St. Charles 46' 9.5

3rd R. Berry Warrenton 45' 7

High Jump

1st J. Vehige Duchesne 6' 8

2nd S. Huddleston St. Charles West 6' 2

3rd T. Cook Ft. Zumwalt North 6' 0

Long Jump

1st	D. Moore	Washington	22' 0.5
2nd	C. Blake	Ft. Zumwalt North	21' 10.5
3rd	B. Whiteside	St. Charles West	20' 6.5

Triple Jump

1st	D. Moore	Washington	45' 9
2nd	K. Robinson	Ft. Zumwalt North	43' 8.75
3rd	A. J. Wallace	Warrenton	42' 7.75

Pole Vault

1st	B. Pitcher	Ft. Zumwalt North	14' 0
2nd	G. Brownlee	Wentzville Timberland	12' 0
3rd	Jones-Richardson	Duchesne	12' 0

TEAM SCORES: Ft. Zumwalt North [142], St. Charles West [141], Wentzville Timberland [131], Warrenton [71.5], Washington [65], Ft. Zumwalt East [61.5], St. Charles [50], Duchesne [32]

SPORTSMANSHIP

Washington - Dennis Moore

All-Academic Team

Duchesne – Dominic Bisesi, Jake Busche, Michael Busche, Tim Butler, Michael Frisella, Jack Gregg, David Jones-Richerson, Andrew Tegethoff, Jake Tweet, Joe Vehige, Jake Woltering

St. Charles – missing

Wentzville Timberland– missing

Ft. Zumwalt East – Christian Brooks, Brett Cochran, Nathan Good, Tyler Hamm, Stephen Island, Michael Mahoney, Alex Nischbach, Michael Stahlheber, Michael Thornton

Warrenton – Cory Cameron, Ben Tappmeyer, Brian Groeper, Justin Greene, AJ Wallace, Reece Berry, Chris McCulloch, Matt Wortham

Ft. Zumwalt North – Kyle Deeken, Brad Banowetz, Kris Robinson, Lynn, Vattathara, Eric Bean, Jacob Benton, Keith Williams, Vincent Fitzpatrick, Dalen Fink, Matthew Wilson, Casey Jaeger, Adam Schwerdt, Travis Davidson, James Ward, Matthew Flynn, Ben Pitcher, Nathan Elmy, Blake Carter

Washington – Andrew Baker, Clayton Bunkley, Cody Francis, Travis Gardner, Blake Haberberger, Adam Jones, Taylor Juergens, Yuske Kida, Sam Kosark, Adam Lause, Adam Marquart, Alex Mueller, Caleb Reed, Robert Schickler, Brian Sulltrop

St. Charles West - missing

2009 South Boys Track

4 x 800 meter Relay

1st Ft. Zumwalt West 8:07.50

2nd Francis Howell 8:09.50

3rd Troy Buchanan 8:30.10

110 meter High Hurdles

1st	Frank Stewart	Wentzville Holt	14.90
2nd	Isiah Glenn	Francis Howell North	15.60
3rd	Jacob Brown	Troy Buchanan	16.20

100 meter Dash

1st	Grant Shannon	Ft. Zumwalt South	11.10
2nd	Reed Lungsford	Francis Howell North	11.30
3rd	Jawanza Davidson	Ft. Zumwalt South	11.60

4 x 200 meter Relay

1st	Wentzville Holt	1:31.40
2nd	Ft. Zumwalt South	1:33.00
3rd	Francis Howell North	1:34.20

1600 meter Run

1st	Nick Happe	Francis Howell North	4:26.20
2nd	Nick Dunn	Francis Howell	4:27.00
3rd	Tyler Mullen	Ft. Zumwalt South	4:31.30

4 x 100 meter Relay

1st	Ft. Zumwalt South	44.30
2nd	Wentzville Holt	44.70
3rd	Francis Howell Central	45.80

400 meter Dash

1st	Chris Campbell	Wentzville Holt	50.20
2nd	Reed Lungsford	Francis Howell North	52.40
3rd	Jaz Downer	Francis Howell	52.50

300 meter Intermediate Hurdles

1st	Frank Stewart	Wentzville Holt	40.70
2nd	Jacob Brown	Troy Buchanan	41.10
3rd	Jared Boyd	Ft. Zumwalt West	41.90

800 meter Run

1st	Nick Happe	Francis Howell North	1:58.00
2nd	Eric Trupiano	Francis Howell	1:59.30
3rd	Kenny Cushing	Wentzville Holt	1:59.50

200 meter Dash

1st	Reed Lungsford	Francis Howell North	22.50
2nd	Cal Hawkins	Wentzville Holt	22.70
3rd	Grant Shannon	Ft. Zumwalt South	23.30

3200 meter Run

1st	Nick Happe	Francis Howell North	9:54.10
2nd	Nick Dunn	Francis Howell	9:54.60
3rd	Tyler mullen	Ft. Zumwalt South	9:54.70

4 x 400 meter Relay

1st	Francis Howell North	3:28.60
2nd	Francis Howell	3:29.10
3rd	Ft. Zumwalt West	3:30.40

Discus

1st	Joe Naughton	Troy Buchanan	148' 11.00
2nd	Brian Cooper	Troy Buchanan	148' 2.00
3rd	Andy Viehmann	Ft. Zumwalt West	148' 0.00

Shot Put

1st	Andy Viehmann	Ft. Zumwalt West	50' 8.00
2nd	Joseph Jennings	Ft. Zumwalt South	50' 6.25
3rd	Brian Cooper	Troy Buchanan	49' 0.50

High Jump

1st	Austin Carroll	Troy Buchanan	6' 2
2nd	Orlando Lloyd	Ft. Zumwalt South	5' 10
3rd	Tyler Hatcher	Troy Buchanan	5' 8

Long Jump

1st	Steve Markivee	Ft. Zumwalt West	21' 4.00
2nd	Robert Cunningham	Ft. Zumwalt South	20' 2.50
3rd	Korey Evans	Ft. Zumwalt West	20' 0.00

Triple Jump

1st	Steve Markivee	Ft. Zumwalt West	43' 9.50
2nd	Daniel Kirkpatrick	Francis Howell North	42' 83.00
3rd	Frank Stewart	Wentzville Holt	39' 11.75

Pole Vault

1st	Kyle Morse	Francis Howell North	14' 2
2nd	Devin LaGarce	Troy Buchanan	12' 6
3rd	Josh Mabry	Troy Buchanan	12' 0

TEAM SCORES: Francis Howell North [152.33], Ft. Zumwalt West [118.33], Ft. Zumwalt South [111], Troy Buchan [106], Wentzville Holt [89], Francis Howell [86], Francis Howell Central[27.33]

SPORTSMANSHIP

Troy Buchanan - Joe Naughton

All-Academic Team

Francis Howell – missing

Wentzville Holt– Matt Allensworth, Stuart Baker, Nick Bradshaw, Ken Cushing, Peter Franck, Jordan Gagliano, Austin Gerlt, Jarret Ingram, Drew Klopstein, James Luecke, Jacob Main, Jack Peglow, Justin Peters, Dylon Sacco, Cody Schoene

Ft. Zumwalt South – Blake Beyer, Michael Burleson, Megan Carroll, Dereck Clerkley, Richard Hinchsliff, Joshua Hoffman, Joseph Jennings, Wesley King, Tyler Mullen, Eric Roberts, Kyle Stroud, Taylor Thompson, Tyler Zangara

Troy Buchanan – Elliot Burkemper, Austin Carroll, Cory Caruthers, Dylan Conway, Tyler Hatcher, Chad Holloway, Devin LaGarce, Joshua Mabry, Joseph Naughton, Erin Sutton, Keith Craig, Jonathon Hazelwonder, Benjamin Lehmkuhl, Matthue Rosenthal

Ft. Zumwalt West – Ryan Arnold, Wes Barger, Tre Barnes, Nassim Benchabane, Garry Berra, David Biggs, Joe Bogue, Christian Bradford, Jordan Brewer, Jeremiah Bunch, Robert Clubb, Json Dorn, Jordan Duggan, Chris Dussold, Kory Evans, James Fine, Greg Halligan, Brad Hardin, Steven Harris, Steven Heim, Russell Hesser, Dorian Jackson, Kyle Kestler, Jory Langdon, Erik Lopez, Steven McLaughlin, John Middenbrooks, Brian Seelye, Brian Seger, Ryan Smith, Tanner Spaulding, Ryan Sponamore, Alex Sudbrock, Josh Teasley, Brett Uhlemeyer, Ryan Vesper, John Viehmann, Evan White, Drake Williams

Francis Howell North – missing

Francis Howell Central - missing

2009 North Girls Track

4 x 800 meter Relay

1st	Warrenton	9:54.1
2nd	Washington	9:55.6
3rd	Wentzville Timberland	10:12.4

110 meter High Hurdles

1st	O. Koehler	Wentzville Timberland	15.6
2nd	P. Huebner	Washington	16.5
3rd	H. Ulsas	Washington	16.8

100 meter Dash

1st	J. Howard	Duchesne	12.5
2nd	J. Clayton	Washington	12.7
3rd	D. Drury	Wentzville Timberland	12.7

4 x 200 meter Relay

1st	Wentzville Timberland	1:50.5
2nd	Washington	1:52.1

3rd Ft. Zumwalt North 1:52.1

1600 meter Run

1st	Brown	Washington	5:13.5
2nd	Guasto	Washington	5:30.7
3rd	Westlake	Ft. Zumwalt East	5:36.0

4 x 100 meter Relay

1st St. Charles West 51.3

2nd Wentzville Timberland 52.0

3rd Washington 52.2

400 meter Dash

1st	Cunningham	Warrenton	58.8
2nd	Oberdieck	Ft. Zumwalt North	58.9

3rd	Luckett	St. Charles West	59.4
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300 meter Low Hurdles

1st	Denker	St. Charles West	49.6
2nd	Rockette	Ft. Zumwalt North	49.9
3rd	O'Shea	Wentzville Timberland	51.2

800 meter Run

1st	Wenezia	Washington	2:24.9
2nd	Clarice	Wentzville Timberland	2:25.5
3rd	Behr	Washington	2:26.4

200 meter Dash

1st	Howard	Duchesne	26.0
2nd	Luckett	St. Charles West	26.2
3rd	Drury	Wentzville Timberland	26.2

3200 meter Run

1st	Brown	Washington	11:31.4
2nd	Westlake	Ft. Zumwalt East	11:50.2
3rd	Wood	Washington	11:52.4

4 x 400 meter Relay

1st St. Charles West 4:12.7

2nd Wentzville Timberland 4:14.9

3rd Washington 4:18.9

Discus

1st K. Meine Warrenton 105' 10.5

2nd M. Dudley Wentzville Timberland 101' 0.5

3rd E. Jordan Ft. Zumwalt North 99' 6

Shot Put

1st S. Walch Warrenton 38' 1

2nd M. Skelton St. Charles 34' 6

3rd A. McRoberts Wentzville Timberland 33' 9

High Jump

1st Vahey Wentzville Timberland 5' 0

2nd J. Shelton St. Charles 4' 10

3rd Shrader Wentzville Timberland 4' 6

Long Jump

1st	Huebner	Washington	18' 3.75
2nd	Koehler	Wentzville Timberland	16' 8.75
3rd	Kennedy	Wentzville Timberland	15' 9

Triple Jump

1st	P. Absher	Wentzville Timberland	34' 6.75
2nd	s. Cunningham	Warrenton	33' 1
3rd	K. Kennedy	Wentzville Timberland	32' 7.25

Pole Vault

1st	K. Nicolas	Ft. Zumwalt North	9' 3
2nd	S. Markum	Ft. Zumwalt North	9' 0
3rd	B. Berber	Wentzville Timberland	8' 6

TEAM SCORES: Wentzville Timberland[170], Washington [130], Warrenton [101], St. Charles West [87], Ft. Zumwalt North [60], St. Charles [46], Ft. Zumwalt East [45], Duchesne [34]

SPORTSMANSHIP

Washington - Lauren Ficklin

All-Academic Team

Duchesne – Katie Becher, Malia Bucher, Emily Bolliot, Jenne Friedel, Kate Hampel, Jenny Howard, Ellen Jackson, Hailey Richter

St. Charles – missing

Wentzville Timberland– missing

Ft. Zumwalt North – Erin Andres, Chelsie Rohan, Kelly Nicholas, Karah Loftin, Erika Mennemeier, Kaitlyn Scates, Tabitha Schulz, Shelby Markum, Sarah Proctor,

Ashley Oberdieck, Shannon Schulte, Samantha Hundelt, Alayna Hitz, Natalie Mulcahy, Katelynn Pettit, Christelle Rockette, Erin Jordan

St. Charles West – missing

Ft. Zumwalt East – Megan Hawkins, Taylor Hayes, Nancy Nguyen, Kya Norby, Kristina Norwood, Chelsea Orf, Danielle Parker, Gloria Westlake

Washington – Alaina Arnold, Heather Aubuchon, Jordyn Backs, Molly Behr, Emily Blocker, Casey Crawford, Lauren Ficklin, Lauren Guasto, Micah Haynes, Anna Holtermann, Rachel Rodgers, Hannah Seitter, Kesley Staiger, Haley Ulsas, Celia Venezia, Kasey Wood, Megan Wood

Warrenton - Megan Stark, Sara Spoede, Samantha Walch, Kerri Cunningham, Nicole Arnold, Cassie Dishman, Kristen Schneider, Sarah Cunningham, Kayla Meine, Kelly Engleman, Hollyanne Leach, Emily Mauch

2009 South Girls Track

4 x 800 meter Relay

1st Ft. Zumwalt South 9:56.80

2nd Ft. Zumwalt West 10:07.90

3rd Francis Howell 10:10.30

110 meter High Hurdles

1st	Fiona Brooks	Francis Howell North	16.40
2nd	Neilisha Williams	Ft. Zumwalt West	16.40
3rd	Soung Nguyen	Francis Howell North	16.90

100 meter Dash

1st	Lydia Rudigier	Francis Howell Central	12.90
2nd	Anika Piorkowski	Wentzville Holt	13.00
3rd	T. C. Tiller	Francis Howell Central	13.20

4 x 200 meter Relay

1st	Francis Howell Central	1:48.50
2nd	Troy Buchanan	1:53.00
3rd	Ft. Zumwalt South	1:53.30

1600 meter Run

1st	Rikki Watts	Ft. Zumwalt South	5:23.30
2nd	Leah Krause	Francis Howell	5:23.90
3rd	Haley Delgado	Ft. Zumwalt West	5:25.10

4 x 100 meter Relay

1st	Wentzville Holt	50.70
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2nd Francis Howell North 52.60

3rd Troy Buchanan 54.00

400 meter Dash

1st	Raven Cockrell	Francis Howell Central	1:01.50
2nd	Anika Piorkowski	Wentzville Holt	1:02.00
3rd	Lizzie Johnson	Francis Howell North	1:02.60

300 meter Low Hurdles

1st	Neilisha Williams	Ft. Zumwalt West	48.60
2nd	Fiona Brooks	Francis Howell North	48.70
3rd	Jennifer Rucker	Wentzville Holt	50.70

800 meter Run

1st	Kara Rood	Ft. Zumwalt South	2:28.60
2nd	Rikki Watts	Ft. Zumwalt South	2:28.90
3rd	Jackie Wolf	Francis Howell North	2:30.20

200 meter Dash

1st	Lydia Rudigier	Francis Howell Central	26.10
2nd	Anika Piorkowski	Wentzville Holt	26.60
3rd	Cinnamon Brown	Wentzville Holt	27.30

3200 meter Run

1st	Rikki Watts	Ft. Zumwalt South	11:58.80
2nd	Haley Delgado	Ft. Zumwalt West	12:01.70
3rd	Leah Krause	Francis Howell	12:08.50

4 x 400 meter Relay

1st	Troy Buchanan	4:20.10
2nd	Francis Howell Central	4:20.60
3rd	Wentzville Holt	4:23.30

Discus

1st	Jasmine Boyer	Ft. Zumwalt West	142' 4.00
2nd	Molly Boevers	Ft. Zumwalt South	124' 2.00
3rd	Deanna Price	Troy Buchanan	122' 2.00

Shot Put

1st	Jasmine Boyer	Ft. Zumwalt West	44' 11.25
2nd	Jyra Griffen	Ft. Zumwalt South	37' 8.5
3rd	Alex Haupt	Francis Howell Central	35' 9.25

High Jump

1st	Nikki Larson	Troy Buchanan	5' 4
2nd	Kylie Ellison	Ft. Zumwalt West	5' 2
3rd	Nisha McCoy	Ft. Zumwalt South	5' 2

Long Jump

1st	Julie Reisinger	Troy Buchanan	15' 11.5
2nd	Katie James	Francis Howell	15' 2.0
3rd	Sara Shell	Francis Howell	14' 11.0

Triple Jump

1st	Julie Reisinger	Troy Buchanan	33' 7.0
2nd	Kylie Ellison	Ft. Zumwalt West	32' 7.0
3rd	Nikke Larson	Troy Buchanan	32' 6.5

Pole Vault

1st	Crystal Hassinger	Troy Buchanan	8' 6.0
2nd	Dianna Carter	Ft. Zumwalt South	8' 0
3rd	Megan Plevel	Wentzville Holt	8' 0

TEAM SCORES: Ft. Zumwalt South [135], Ft. Zumwalt West [131], Francis Howell Central [102], Troy Buchanan [101], Francis Howell North [87], Wentzville Holt [83], Francis Howell [62]

SPORTSMANSHIP

Troy Buchanan - Kacey Denny

All-Academic Team

Francis Howell – missing

Wentzville Holt– Rachael Boll, Cinnamon Brown, Kaylee Brueggeman, Chrissy Caldwell, Ana Duque, Justine Fitzgerald, Tia Harper, Rebecca Holliday, Kalynn Jones, Hanna Kientzy, Kara Lough, Hannah Lucas, Anika Piorkowski, Megan Plevel, Jennifer Rucker, Katie Triplett, Marissa Vassallo

Ft. Zumwalt South –Molly Boevers, Noel Burke, Megan Carroll, Alexandra Cartee, Jennifer Cartee, Diana Carter, Nichole Cochran, Carley Collins, Ariel Good, Jasmine Jones, Sarah Jones, Katie Kitchen, Jordan Lemasters, Shelby Long, Sarah Maloney, Kayle Nuske, Kara Rood, Taylor Thompson, Rikki Watts

Troy Buchanan – Jennie Besselman, Courtney Boyd, Hannah Braungardt, Samantha Caputo, Rachel Cenzer, Kacey Denny, Makenzi Donaldson, Sarah Graham, Crystal Hassinger, Nicolette Larson, Deanna Price, Julie Reisinger, Megan Turpin, Amy Zuroweste

Ft. Zumwalt West – Danielle Althage, Megan Bobbitt, Jacklyn Boley, Miranda Borchert, Jennifer Boring, Jasmine Boyer, Jaden Butzen, Cynthia Campos, Sarah Cayce, Stephanie Chavis, Olivia Clark, Riana Clark, Kristy Coffin, Megan Cox, Alexandra Currie, Alexis Dearing, Haley DelGado, Elizabeth Donaldson, Dahlia Dyson, Kylie Ellison, Haley Fisher, Megan Gebhardt, Emily Grayek, Brianan Harrison, Tiara Harrison, Ashley Hesse, Amber Higgins, Grace Horvath, Krisitna Jackson, Kellah Johnson, Samaria Johnson, Emily Jonas, Megan Kessler, Dajisia King, Kathryn Kirby, Kassaundra Kirschmann, Adriane Koehler, Katlyn Kruggel, Grace Lackner, Alice Lo, Miranda Malone, Samantha Matlock, Astrid Matson, Larissa McKenzie, Samantha Merritt, Shawna Morris, Erica Mound, Jazmine Newsome, Kara Rapp, Kelsey Schneider, Allison Settles, Komal Sinha, Kendall Smith, Eryn Spencer, MacKenzie Stegeman, Ruth Suddarth, Cierra Summers, Jessica Swopshire, Samantha Thierry, Courtney Velker, Lauren Wadkowski, Sara Welch, Kathleen Wright

Francis Howell North – missing

Francis Howell Central - missing

2009 Boys Volleyball Champions

1st Team	Kyle Watts [MVP]	Francis Howell Central
	Lee Henderson	Francis Howell Central
	Eric Ricker	Francis Howell Central
	Brandon Pyles	Ft. Zumwalt South
	Braxton Payne	Ft. Zumwalt South
	Tom Platten	Francis Howell
	Matt Melone	Francis Howell North

2nd Team

H.M.

Sportsmanship Award

Duchesne
Ft. Zumwalt South
Ft. Zumwalt West
Francis Howell
Francis Howell Central
Francis Howell North

All-Academic Team

Duchesne – Jake Becher, Joe Boschert, Dylan Burian, Sean Dougherty, Kyle Goewert, Matt Howard, Nathan Kohnen, Tim Valli, Justin Whittemore, Matt Witzel, Kara Trader, Margaret Reilly, Anna Gerling, Caitlin Earnest, Emilie Dougherty, Jaclyn Barks, Kelcy Bai

Ft. Zumwalt South – Andrew Chapman, Zachary Gomez, Travis Grasser, Caleb Hull, Timothy Lambing, Anthony Neiswander, Jason Orf, Braxton Payne, Matthew Porter, Leonardo Speno

Ft. Zumwalt West – Ben Blanton, Connor Bodeman, Alejandro Campos, Blake Gibbons, Jackson Jewkes, Mark Lemen, Andrew McAllister

Francis Howell – missing

Francis Howell Central – missing

Francis Howell North – missing

Ft. Zumwalt North - Anthony Winkelmann, Justin Winkelmann, Jeffrey Smith, Joshua Glenn

Ft. Zumwalt East - Zach Bumstead, Dan Masterson, Sky Toland

2009 SPRING CONFERENCE CHAMPIONS

SPORT

Baseball

Boys Golf

Girls Soccer

Boys Tennis

Boys Track

Girls Track

North Division

St. Charles West

Duchesne

Duchesne

Duchesne

Ft. Zumwalt North

Wentzville Timberland

South Division

FZ South-FZ West-FH North

Francis Howell

Francis Howell - FH North

Ft. Zumwalt South - Wentzville Holt

Francis Howell North

Ft. Zumwalt South

SPORT

Boys Volleyball

Conference Champion

Francis Howell Central