

2011 North Boys Cross Country

| Name | Time | School |
|----------------------------|-------------|-------------------|
| Sheldon Keence | 17:03.40 | St. Charles West |
| Nolan Ryan | 17:28.83 | Ft. Zumwalt East |
| Joe Bindner | 17:53.23 | Ft. Zumwalt East |
| Travis Elbert | 18:05.70 | Washington |
| Travis Weidenbenner | 18:08.97 | St. Charles West |
| Jacob Humphries | 18:09.52 | Ft. Zumwalt South |
| Sean Conlin | 18:11.42 | Ft. Zumwalt East |
| Adam DeSplinter | 18:16.46 | St. Charles West |
| Carson Miller | 18:22.04 | Ft. Zumwalt South |
| Nathan Louder | 18:23.44 | Ft. Zumwalt East |
| Jacob Holtgraewe | 18:23.84 | Ft. Zumwalt East |
| Riley Kirsch | 18:24.72 | Washington |
| Josh Anderson | 18:27.86 | Ft. Zumwalt South |
| Tyler Afflick | 18:33.56 | St. Charles West |

2011 South Boys Cross Country

| NAME | TIME | SCHOOL |
|------------------------|-------------|------------------------|
| Tyler Percy | 17:17.07 | Ft. Zumwalt West |
| Zach Igotz | 17:34.25 | Troy Buchanan |
| Josh McKinley | 17:37.80 | Francis Howell Central |
| Seth Parres | 17:44.10 | Ft. Zumwalt West |
| Alec Whiting | 17:49.38 | Wentzville Holt |
| Steve Heim | 17:52.09 | Ft. Zumwalt West |
| Peter Franck | 17:56.23 | Wentzville Holt |
| Eric Rogers | 17:59.18 | Ft. Zumwalt West |
| Gavin Galanes | 18:01.68 | Francis Howell |
| Brendan Woodall | 18:09.15 | Troy Buchanan |
| Taylor Carter | 18:09.82 | Troy Buchanan |
| Jerome Freeberg | 18:11.34 | Wentzville Holt |
| Kyle White | 18:17.35 | Wentzville Holt |
| Cody Schoene | 18:21.38 | Wentzville Holt |

2011 North Girls Cross Country

| NAME | TIME | SCHOOL |
|------------------------|----------|-------------------|
| Maggie Noble | 20:28.95 | Duchesne |
| Emily Mauch | 20:50.72 | Warrenton |
| Ali Bader | 21:10.39 | Duchesne |
| Amy Brown | 21:22.03 | St. Charles West |
| Caitlin Gervich | 21:22.24 | Ft. Zumwalt South |
| Julia Larson | 21:33.06 | St. Charles West |
| Britney Watson | 21:36.25 | Ft. Zumwalt East |
| Emily Brown | 21:41.89 | St. Charles West |
| Jessie Schmidt | 21:49.17 | St. Charles West |
| Melora Broker | 21:50.40 | Warrenton |
| Brdiget Stewart | 21:56.80 | Ft. Zumwalt South |
| Megan Graves | 22:00.10 | St. Charles West |
| Katie Bradley | 22:13.29 | St. Charles |
| Ashley Garrard | 22:14.84 | Washington |

2011 South Girls Cross Country

| NAME | TIME | SCHOOL |
|--------------------------|----------|------------------------|
| Leah Krause | 20:03.39 | Francis Howell |
| Kristen Adams | 20:07.19 | Francis Howell |
| Hannah Lucas | 20:17.89 | Wentzville Holt |
| Whitney Adams | 20:32.06 | Francis Howell |
| Alexis Happe | 20:51.94 | Francis Howell North |
| Katie Wright | 20:56.55 | Ft. Zumwalt West |
| Valeska Halamicek | 21:02.37 | Francis Howell |
| Sarah Fogarty | 21:05.84 | Ft. Zumwalt West |
| Chandler Carreon | 21:06.58 | Wentzville Holt |
| Abby Piper | 21:13.12 | Wentzville Holt |
| Hailey Porter | 21:15.17 | Ft. Zumwalt West |
| Brittany Kennedy | 21:17.05 | Francis Howell Central |
| Rebecca Turney | 21:23.48 | Francis Howell |
| Jenny Retzlaff | 21:33.45 | Ft. Zumwalt West |

2011 North Football

PHOTO OF NORTH 1ST TEAM OFFENSE

QUARTERBACK

| | | | |
|-----------------|-------------------|-----|-------------------|
| 1st Team | V. J. Fitzpatrick | Sr. | Ft. Zumwalt North |
| 2nd Team | Brandon Barrett | Sr. | Ft. Zumwalt East |
| H.M. | Luke Hasenjaeger | Jr. | Washington |

RUNNING BACK

| | | | |
|-----------------|-----------------|-----|-------------------|
| 1st Team | Chase Abbington | Jr. | Ft. Zumwalt South |
| | Marcus Taylor | Jr. | St. Charles West |
| 2nd Team | Vinny Bockhoff | Sr. | Ft. Zumwalt North |
| | Austin Black | Sr. | Warrenton |
| H.M. | Mike Deluvia | Jr. | Duchesne |
| | Zach nelson | Sr. | Ft. Zumwalt North |

ATHLETE

| | | | |
|-----------------|------------------|-----|------------------|
| 1st Team | Christian Brooks | Sr. | Ft. Zumwalt East |
| 2nd Team | Austin Rugraff | Sr. | St. Charles West |
| H.M. | Brandon Howard | Sr. | St. Charles |

OFFENSIVE LINE

| | | | |
|-----------------|----------------|-----|-------------------|
| 1st Team | Nic Wesienborn | Sr. | Ft. Zumwalt East |
| | Nathen Gowen | Sr. | Ft. Zumwalt North |
| | Ryan Rockow | Jr. | St. Charles West |

| | | | |
|-----------------|-------------------|-----|-------------------|
| | Dustin Wood | Jr. | Ft. Zumwalt South |
| | Trevor Shockley | Sr. | Washington |
| 2nd Team | Alex Ritter | Sr. | Duchesne |
| | Zach Mudd | Sr. | St. Charles West |
| | Jeremy Merlenbach | Sr. | Ft. Zumwalt North |
| | Jeff Reece | Jr. | Warrenton |
| | Chris Hood | Jr. | Ft. Zumwalt South |
| H.M. | Chris Gillette | Jr. | St. Charles |
| | Alex Tims | Sr. | Warrenton |
| | Jake Kraus | Sr. | St. Charles West |
| | John Vonderhaar | Jr. | Duchesne |
| | Nick Glenn | Jr. | Ft. Zumwalt East |
| | Evan Miller | Jr. | Ft. Zumwalt North |

WIDE RECEIVER

| | | | |
|-----------------|----------------|-----|-------------------|
| 1st Team | Mike Mahoney | Sr. | Ft. Zumwalt East |
| | Ryan Finders | So. | St. Charles West |
| | Jason Bunge | Sr. | Warrenton |
| 2nd Team | Mike McGilvray | Sr. | Washington |
| | Antonio Smith | Sr. | St. Charles |
| | Broack Hopkins | Jr. | Washington |
| H.M. | Marcus Smith | Sr. | Ft. Zumwalt South |
| | Gerrion Grimm | Sr. | Ft. Zumwalt South |
| | Drew Moore | So. | Duchesne |

KICKER

| | | | |
|-----------------|----------------|-----|-------------------|
| 1st Team | Ryan McCrum | Sr. | St. Charles West |
| 2nd Team | Darren Hackman | Sr. | Warrenton |
| H.M. | Brett Smith | Sr. | Ft. Zumwalt South |

PHOTO OF NORTH 1ST TEAM DEFENSE

DEFENSIVE BACK

| | | | |
|-----------------|----------------|-----|-------------------|
| 1st Team | Clayton Hamai | Sr. | Washington |
| | Marcus Taylor | Jr. | St. Charles West |
| | Clay Stulce | So. | Duchesne |
| | Windsor Eaves | Sr. | Ft. Zumwalt East |
| 2nd Team | Kory Morton | So. | Ft. Zumwalt North |
| | Evan Perry | Jr. | Ft. Zumwalt South |
| | Jason Bunge | Sr. | Warrenton |
| | Justin Smith | Jr. | Ft. Zumwalt South |
| H.M. | Quincy Moore | Jr. | Ft. Zumwalt North |
| | Hayden Miller | Sr. | St. Charles |
| | Auggie Loschen | So. | St. Charles West |
| | Chris Milich | So. | Ft. Zumwalt North |

LINEBACKER

| | | | |
|-----------------|----------------|-----|-------------------|
| 1st Team | Oscar Dillon | Sr. | Ft. Zumwalt South |
| | Austin Rugraff | Sr. | St. Charles West |
| | Austin Black | Sr. | Warrenton |

| | | | |
|-----------------|------------------|-----|-------------------|
| | Trevor Korba | So. | Duchesne |
| 2nd Team | Luke Bornhop | Sr. | St. Charles |
| | Christian Brooks | Sr. | Ft. Zumwalt East |
| | Chase Hellebusch | Sr. | Washington |
| | Casey Bartee | Jr. | St. Charles West |
| H.M. | Jeremy Davidson | So. | Ft. Zumwalt North |
| | Quinton Moore | Jr. | Ft. Zumwalt North |
| | Dillon Bowman | Jr. | Ft. Zumwalt South |
| | Tommy Jones | Jr. | St. Charles West |

DEFENSIVE LINE

| | | | |
|-----------------|-----------------|-----|-------------------|
| 1st Team | Brad Pryor | So. | Duchesne |
| | Zach Snider | Sr. | Ft. Zumwalt East |
| | Jake Kraus | Sr. | St. Charles West |
| | Nathen Gowen | Sr. | Ft. Zumwalt North |
| 2nd Team | Zach Mudd | Sr. | St. Charles West |
| | Tyler Hanneke | Sr. | St. Charles West |
| | Trevor Shockley | Sr. | Washington |
| | Dustin Wood | Jr. | Ft. Zumwalt South |
| H.M. | Travis Doyle | Sr. | Warrenton |
| | Wesley Garrett | Jr. | Warrenton |
| | Nick Glenn | Jr. | Ft. Zumwalt East |
| | Ryan Rockow | Jr. | St. Charles West |

PUNTER

| | | | |
|-----------------|----------------|-----|-------------------|
| 1st Team | Ryan McCrum | Sr. | St. Charles West |
| 2nd Team | Darren Hackman | Sr. | Warrenton |
| H.M. | Teddy Ballmann | Jr. | Ft. Zumwalt North |

2011 South Football

PHOTO OF SOUTH 1ST TEAM OFFENSE

QUARTERBACK

| | | | |
|-----------------|-----------------|-----|------------------|
| 1st Team | Drew Hare | Sr. | Ft. Zumwalt West |
| 2nd Team | Eric Seibenshuh | Sr. | Francis Howell |
| H.M. | Ben Chaney | Jr. | Troy Buchanan |

RUNNING BACK

| | | | |
|-----------------|------------------|-----|-----------------------|
| 1st Team | Ray Harris | Sr. | Ft. Zumwalt West |
| | Terron Givans | Sr. | Francis Howell North |
| 2nd Team | Devon Fuller | So. | Troy Buchanan |
| | Lucas Jordan | Jr. | Wentzville Timberland |
| H.M. | Teddy Williamson | Jr. | Ft. Zumwalt West |
| | Tray Mitchell | Jr. | Wentzville Holt |

WIDE RECEIVER

| | | | |
|-----------------|-------------|-----|------------------|
| 1st Team | Kyle Echols | Sr. | Ft. Zumwalt West |
| | Corey King | Sr. | Francis Howell |
| | Alex Strong | Sr. | Francis Howell |

| | | | |
|-----------------|------------------|-----|------------------------|
| 2nd Team | Matt Quarles | Sr. | Ft. Zumwalt West |
| | Ben Steinkamp | Sr. | Wentzville Timberland |
| | Jayden Lumpa | Sr. | Francis Howell Central |
| H.M. | Bobby Garner | Sr. | Francis Howell North |
| | Richie Eisenhart | So. | Francis Howell |
| | John Haarmann | Sr. | Francis Howell |

OFFENSIVE LINE

| | | | |
|-----------------|------------------|-----|------------------------|
| 1st Team | Ben Saint | Jr. | Ft. Zumwalt West |
| | Richard Maggison | Sr. | Ft. Zumwalt West |
| | Ryan Auer | Sr. | Francis Howell |
| | Stephen Riley | Sr. | Wentzville Holt |
| | Harneet Gill | Jr. | Francis Howell |
| 2nd Team | Jake Hurrell | Sr. | Francis Howell North |
| | Jimmy Alloway | Jr. | Francis Howell |
| | D. J. Dunn | Sr. | Troy Buchanan |
| | Nate Christo | Sr. | Wentzville Timberland |
| | Joe McDevitt | Jr. | Francis Howell Central |
| H.M. | Andrew Smith | Sr. | Francis Howell North |
| | Nic Perkins | So. | Francis Howell |
| | Logan Miller | So. | Wentzville Holt |
| | Andrew Await | Sr. | Troy Buchanan |
| | Jacob Floyd | Sr. | Francis Howell Central |

RETURNER

1st Team Corey King Sr. Francis Howell
2nd Team Kyle Echols Sr. Ft. Zumwalt West
H.M. Tray Mitchell Sr. Wentzville Holt

KICKER

1st Team Zac Perkins Jr. Francis Howell
2nd Team Travis Arndt Jr. Wentzville Timberland
H.M. Dustin Hepburn Sr. Troy Buchanan

PHOTO OF SOUTH 1ST TEAM DEFENSE

DEFENSIVE TACKLE

1st Team Donovan Walker Jr. Francis Howell
Daulton Daies Sr. Francis Howell Central
2nd Team Qunton White Sr. Ft. Zumwalt West
Johnny Pulliam So. Troy Buchanan
H.M. Kyle Conley Jr. Wentzville Holt
Jake Hayes Jr. Wentzville Timberland

DEFENSIVE END

1st Team Tanner Day Sr. Ft. Zumwalt West
Josh Brown Sr. Francis Howell
2nd Team Jarett Franklin Jr. Francis Howell
Dan Freymuth Jr. Wentzville Holt
H.M. Dalton Gilbert Jr. Troy Buchanan
John Hummel Jr. Wentzville Timberland

LINEBACKER

| | | | |
|-----------------|-------------------|-----|------------------------|
| 1st Team | Matt Fazio | Sr. | Ft. Zumwalt West |
| | Demetrius Bernard | Jr. | Ft. Zumwalt West |
| | Tim Thomas | Sr. | Francis Howell |
| | Calvin Munson | Jr. | Francis Howell |
| 2nd Team | Alex Walker | Sr. | Francis Howell North |
| | Clint Koons | Jr. | Wentzville Holt |
| | Mark Cushing | Jr. | Wentzville Holt |
| | K. C. Moorman | Sr. | Troy Buchanan |
| H.M. | Dylan Noll | Sr. | Troy Buchanan |
| | Austin Grubs | Jr. | Wentzville Timberland |
| | Brett Davis | Sr. | Francis Howell Central |
| | A. J. Jones | So. | Francis Howell |

DEFENSIVE BACK

| | | | |
|-----------------|-----------------|-----|------------------------|
| 1st Team | T. J. Fine | Sr. | Ft. Zumwalt West |
| | Brett Uhlemeyer | Sr. | Ft. Zumwalt West |
| | Jarett Strode | Sr. | Francis Howell |
| | Ben Chaney | Jr. | Troy Buchanan |
| 2nd Team | Malik Shipley | Sr. | Francis Howell North |
| | Tre Vaughn | Sr. | Wentzville Holt |
| | Darren Love | So. | Wentzville Holt |
| | Jayden Lumpa | Sr. | Francis Howell Central |
| H.M. | Kyle Harris | Jr. | Ft. Zumwalt West |

| | | |
|---------------|-----|----------------------|
| Philip Snipes | Sr. | Francis Howell North |
| Nate Desemone | Sr. | Francis Howell |
| Zac Perkins | Jr. | Francis Howell |

PUNTER

| | | | |
|-----------------|--------------|-----|----------------------|
| 1st Team | Zac Perkins | Jr. | Francis Howell |
| 2nd Team | Brady Hawkes | Sr. | Francis Howell North |
| H.M. | Ben Chaney | Jr. | Troy Buchanan |

2011 Girls Golf Medallists

| | | |
|------------------|----|------------------------|
| Amanda Kim | 37 | Ft. Zumwalt South |
| Reagan Snavely | 40 | Wentzville Timberland |
| Brittney Jostes | 40 | Francis Howell |
| Tess McCorkle | 41 | Francis Howell |
| Jen Gerwel | 42 | Wentzville Timberland |
| Sarah Creeley | 45 | Francis Howell North |
| Katie Ringhausen | 46 | Francis Howell |
| Maggie Smith | 47 | Ft. Zumwalt West |
| Becca Bates | 48 | Francis Howell Central |
| Christine Byrd | 48 | Ft. Zumwalt South |
| Ashley Boyle | 49 | Ft. Zumwalt West |
| Rachel Kelly | 49 | Francis Howell |

TEAM STANDINGS: Francis Howell [187], Wentzville Timberland [189], Ft. Zumwalt South [192], Ft. Zumwalt West [201], Troy Buchanan [209], Francis Howell North [220], Francis Howell Central [225], Ft. Zumwalt North [250], Duxchesne [258], Wentzville Holt and Ft. Zumwalt East [no team score]

2011 North Boys Soccer

[Click here for 1st Team Photo](#)

FORWARDS

| | | | |
|-----------------|-----------------|-----|-------------------|
| 1st Team | Ryan McCrum | Sr. | St. Charles West |
| | Jake Stowers | Sr. | Duchesne |
| 2nd Team | Brendan Shields | Jr. | Ft. Zumwalt East |
| | MarK Cline | Sr. | St. Charles West |
| H.M. | Tyler Womack | Jr. | Ft. Zumwalt South |
| | Evan Stoll | Jr. | Ft. Zumwalt North |
| | Anthnoy Dewey | Sr. | Warrenton |

MIDFIELDERS

| | | | |
|-----------------|---------------------|-----|-------------------|
| 1st Team | Austin Andrews | Sr. | Ft. Zumwalt South |
| | Dylan Donovan | Sr. | Ft. Zumwalt North |
| | Jordan Swindle | Sr. | Ft. Zumwalt East |
| | Nathan Spiess | Sr. | Duchesne |
| 2nd Team | Kevin Knobbe | Sr. | Duchesne |
| | Kyle Weinrich | Fr. | St. Charles West |
| | Chris Hertel | Sr. | Warrenton |
| | Matt Galvin | So. | Ft. Zumwalt South |
| H.M. | David Rowland | Sr. | St. Charles |
| | Louis Moretti | Sr. | Ft. Zumwalt East |
| | Justin Schuttenberg | Fr. | Washington |
| | Bryson Cannon | Fr. | St. Charles |

DEFENDERS

| | | | |
|-----------------|------------------|-----|-------------------|
| 1st Team | Nick Spiess | Sr. | Duchesne |
| | Jake Reinsmith | Sr. | Ft. Zumwalt South |
| | Casey Leadbetter | Sr. | Ft. Zumwalt North |
| | Ryan Ruzycki | Jr. | Ft. Zumwalt East |
| 2nd Team | Ryan Howell | Jr. | Ft. Zumwalt South |
| | Brenden Burke | Jr. | St. Charles West |
| | Jake Brown | Jr. | Ft. Zumwalt North |
| | Josh Flaughner | Jr. | St. Charles |
| H.M. | Jacob Spratt | Sr. | Washington |
| | Austin Layne | Jr. | Ft. Zumwalt East |
| | Adam Wesler | Sr. | Duchesne |
| | Tyler Muehling | So. | Ft. Zumwalt South |

KEEPER

| | | | |
|-----------------|-------------|-----|-------------------|
| 1st Team | Jack Filla | Jr. | Ft. Zumwalt North |
| 2nd Team | Drew Orf | Fr. | Ft. Zumwalt South |
| H. M. | Zach Dooley | Sr. | St. Charles West |

PLAYER OF THE YEAR: Alex Clark, Junior, FZ South

2011 South Boys Soccer

[Click here for 1st Team Photo](#)

FORWARDS

| | | |
|-----------------|-----------------|------------------------|
| 1st Team | Jordan Stephens | Francis Howell |
| | Brett Hodges | Francis Howell Central |
| 2nd Team | Josh Gwaltney | Francis Howell |
| | Ben Lehmkuhl | Troy Buchanan |
| H.M. | Ben Boyd | Francis Howell |
| | Josh Phillips | Troy Buchanan |
| | Mason Kaatman | Francis Howell North |
| 1st Team | Keegan McHugh | Francis Howell |
| | Michael Holmes | Francis Howell |
| | Derek Merry | Ft. Zumwalt West |
| | Stephen Rozycki | Francis Howell Central |
| | Jon Hazelwonder | Troy Buchanan |
| 2nd Team | Josh DePriest | Francis Howell |
| | Adam Lightner | Ft. Zumwalt West |
| | Erik Peyton | Wentzville Holt |
| | Keegan Fouch | Francis Howell North |
| | Nic Powers | Francis Howell Central |
| H.M. | Steve Beckham | Ft. Zumwalt West |
| | Alex Klausen | Ft. Zumwalt West |
| | Tyler Keane | Francis Howell Central |
| | Ryan Miller | Francis Howell Central |

MIDFIELDERS

DEFENDERS

| | | |
|-----------------|-----------------|------------------|
| 1st Team | Zach Hollstrom | Ft. Zumwalt West |
| | Andrew Lightner | Ft. Zumwalt West |

| | | |
|-----------------|-------------------|------------------------|
| | Sam Worsley | Francis Howell North |
| 2nd Team | Alex Bolte | Francis Howell North |
| | Mitch Morris | Ft. Zumwalt West |
| | Tim McCormack | Francis Howell Central |
| H.M. | Michael Timmerman | Francis Howell |
| | Alex Martin | Troy Buchanan |
| | Brendan Barteau | Wentzville Timberland |

KEEPER

| | | |
|-----------------|-----------------|------------------------|
| 1st Team | Brad Fahs | Wentzville Holt |
| 2nd Team | Kevin Daugherty | Francis Howell Central |
| H.M. | John Herberger | Wentzville Timberland |

PLAYER OF THE YEAR: John West, Wentzville Timberland

2011 North Softball

PITCHERS

| | | |
|-----------------|------------------|-------------------|
| 1st Team | Kayla Ratliff | Ft. Zumwalt South |
| | Nikki Taylor | Ft. Zumwalt East |
| 2nd Team | Brooke Camenzind | St. Charles West |
| | Sarah Westhoff | Washington |

CATCHERS

| | | |
|-----------------|-------------------|-------------------|
| 1st Team | Abby Tillotson | Ft. Zumwalt North |
| 2nd Team | Abby Job | Warrenton |
| H.M. | Emily Haarmann | Duchesne |
| | Brittney Lombardo | Washington |

UTILITY PLAYER

| | | |
|-----------------|-----------------|-------------------|
| 1st Team | Abby Hlavaty | Ft. Zumwalt North |
| | Mackenzie Peter | Ft. Zumwalt South |
| 2nd Team | Anna Bowden | Ft. Zumwalt East |
| | Kelsey Denker | St. Charles West |
| H.M. | Sarah Berjer | St. Charles West |

Shelby Poropat

Ft. Zumwalt South

INFIELDERS

| | | |
|-----------------|-------------------|-------------------|
| 1st Team | Erin Brandes | Ft. Zumwalt South |
| | Jannah Garrison | Warrenton |
| | Katelyn Kuhn | St. Charles |
| | Kristen Mikel | Ft. Zumwalt East |
| | Alexis Theis | Ft. Zumwalt North |
| 2nd Team | Katilin Evans | Washington |
| | Kendra Jensen | Duchesne |
| | M.C. Landolt | Washington |
| | Shannon McNamee | St. Charles West |
| | Ellie Otensmeyer | St. Charles West |
| H.M. | Kandy Branham | Ft. Zumwalt North |
| | Sarah Goris | Ft. Zumwalt South |
| | Courtney Kedroski | Washington |
| | Natalie Punzo | Duchesne |
| | Carol Ann Weiler | Ft. Zumwalt East |

OUTFIELDERS

| | | |
|-----------------|-----------------------|-------------------|
| 1st Team | Teylar Adelsberger | Ft. Zumwalt South |
| | Sarah Lindsie Heifner | St. Charles West |
| | Lindsay Mauch | Warrenton |
| | Sarah Sebestyen | Ft. Zumwalt North |
| 2nd Team | Gabby Bruner | Ft. Zumwalt North |
| | Hope Miller | Ft. Zumwalt South |
| | Melanie Raterman | Warrenton |
| | Anna Schmidt | Duchesne |
| H.M. | Taylor Dames | Ft. Zumwalt North |
| | Lexie Gambino | Ft. Zumwalt South |
| | Charlotte King | Ft. Zumwalt East |
| | Amanda Pavlacic | St. Charles West |
| | Emily Wright | St. Charles |

COACH OF THE YEAR - Christy Pohlman [Ft. Zumwalt South]

CO-PLAYERS OF THE YEAR - Abby Hlavaty [Ft. Zumwalt North] and Nikki Taylor [Ft. Zumwalt East]

2011 South Softball

PITCHERS

| | | |
|-----------------|-------------------|----------------------|
| 1st Team | Amber Boehme | Wentzville Holt |
| | Elizabeth Wiegand | Troy Buchanan |
| 2nd Team | Alyson Hahn | Ft. Zumwalt West |
| | Kayla Ladwehrmier | Francis Howell |
| H.M. | Victoria Miller | Francis Howell North |

CATCHERS

| | | |
|-----------------|-------------------|-----------------------|
| 1st Team | Morgan Oliver | Troy Buchanan |
| 2nd Team | Kaylee Brueggeman | Wentzville Holt |
| H.M. | Samantha Ackerman | Francis Howell |
| | Barbi Bateman | Francis Howell North |
| | Kaylyn Thomas | Wentzville Timberland |

UTILITY PLAYER

| | | |
|-----------------|------------------|------------------------|
| 1st Team | Jena Bachowski | Francis Howell Central |
| | Sarah Williams | Wentzville Timberland |
| 2nd Team | Payton Wilson | Francis Howell |
| | Kara Schneider | Francis Howell Central |
| H.M. | Hailey Benoist | Ft. Zumwalt West |
| | Samantha Herweck | Francis Howell |

INFELDERS

| | | |
|-----------------|-------------------|-----------------------|
| 1st Team | Emily Crane | Troy Buchanan |
| | Mackenzie Friedly | Francis Howell |
| | Katie Hare | Ft. Zumwalt West |
| | Brandi Kiel | Francis Howell North |
| | Courtney Kitson | Wentzville Holt |
| 2nd Team | Alex Adelsberger | Wentzville Timberland |
| | Savana Grover | Troy Buchanan |
| | Morgan Loraine | Wentzville Timberland |
| | Jessica Mocerri | Francis Howell North |
| | Jordie Retzlaff | Ft. Zumwalt West |

| | | |
|-------------|--------------------|------------------------|
| H.M. | Alexis Allen | Francis Howell North |
| | Morgan Brown | Francis Howell |
| | Abby Bonner | Francis Howell Central |
| | Lauren Geringer | Ft. Zumwalt West |
| | Casey Goettel | Francis Howell North |
| | Kaley Huecker | Wentzville Holt |
| | Savannah Price | Wentzville Timberland |
| | Whitney Richardson | Troy Buchanan |

OUTFIELDERS

| | | |
|-----------------|---------------------|------------------------|
| 1st Team | Theresa Decosty | Francis Howell |
| | Jenny Ferguson | Wentzville Timberland |
| | Alyssa Lilly | Wentzville Holt |
| | Hanna Porter | Ft. Zumwalt West |
| 2nd Team | Alex Hamm | Ft. Zumwalt West |
| | Kaley Hansen | Wentzville Holt |
| | Katie Janis | Francis Howell Central |
| | Christa Resinger | Troy Buchanan |
| H.M. | Abi Corbett | Wentzville Holt |
| | Amy Francis | Francis Howell North |
| | Paige Pauley | Francis Howell North |
| | Elaine Schoenberger | Wentzville Timberland |
| | Rachel Sullivan | Troy Buchanan |

COACH OF THE YEAR - Steve Moorman [Francis Howell]

PLAYER OF THE YEAR - Emily Crane [Troy Buchanan]

MSHSAA CLASS 4 STATE CHAMPIONS : TROY BUCHANAN

2011 BOYS SWIMMING CHAMPIONS

200 yard Medley Relay [Record: 1:39.10, FZS, 2009]

| | | | |
|------------|---------------|------------------------|---------|
| 1st | Zach Rogers | Francis Howell Central | 1:42.53 |
| | Andrew Smith | | |
| | Ryan Macy | | |
| | Derek Mielke | | |
| 2nd | Justin Marler | Wentzville Timberland | 1:42.91 |
| | Dylan Kalessa | | |

Andrew Sansoucie

Jake McDermott

3rd Zach McLaughlin Ft. Zumwalt West 1:43.04

Jake Livingstone

Mitch Kraus

Kyle Armstrong

200 yard Freestyle [Record: 1:44.92, Zach Rogers, FHC, 2011]

1st Zach Rogers Francis Howell Central 1:44.92

2nd Mitch Krause Ft. Zumwalt West 1:53.32

3rd Mitchel Smith Ft. Zumwalt South 1:53.98

200 yard Individual Medley [Record: 1:56.29, Chris McCrary, FZS, 2000]

1st Ryan Baker Francis Howell 1:58.43

2nd Patrick Fountain Francis Howell North 2:00.86

3rd Justin Marler Wentzville Timberland 2:02.84

50 yard Freestyle [Record: 20.92, Andrew Sansoucie, WT, 2011]

1st Andrew Sansoucie Wentzville Timberland 20.92

2nd Shawn Farrar Ft. Zumwalt North 22.34

3rd Kyle Armstrong Ft. Zumwalt West 22.65

1 meter Springboard Diving [Record: 402.60, Brendan Brause, FHC, 2011]

1st Brendan Brause Francis Howell Central 435.15

2nd Ryan Carroll Ft. Zumwalt South 363.10

3rd Sam Mainieri Ft. Zumwalt East 353.75

100 yard Butterfly [Record: 49.18, Andrew Sansoucie, WT, 2011]

1st Andrew Sansoucie Wentzville Timberland 49.18

2nd Jake Livingstone Ft. Zumwalt West 55.63

3rd Jesse Mayfield Ft. Zumwalt East 56.24

100 yard Freestyle [Record: 47.44, Chris McCrary, FZS, 2000]

1st Tanner Curvey Ft. Zumwalt South 49.28

2nd Shawn Farrar Ft. Zumwalt North 49.79

3rd Kyle Armstrong Ft. Zumwalt West 50.03

500 yard Freestyle [Record: 4:42.34, Ryan Baker, FH, 2011]

1st Ryan Baker Francis Howell 4:42.34

2nd Zach Rogers Francis Howell Central 4:51.80

3rd Mitch Kraus Ft. Zumwalt West 5:03.66

200 yard Freestyle Relay [Record: 1:31.64, Holt, 2009]

1st Tanner Curvey Ft. Zumwalt South 1:31.84

Nate Breashears

Thomas Cassimatis

Mitchel Smith

2nd Justin Marler Wentzville Timberland 1:33.09

Dylan Kalessa

Jake McDermott

Andrew Sansoucie

3rd Adam Schulte Ft. Zumwalt North 1:37.62

Zach Koester

Josh Herman

Shawn Farrar

100 yard Backstroke [Record: 53.07, Kevin Velleca, FZS, 2000]

1st Justin Marler Wentzville Timberland 54.29

2nd Alex Crawford Francis Howell 55.36

3rd Zach Mclaughlin Ft. Zumwalt West 57.49

100 yard Breaststroke [Record: :59.11, Trace Curvey, FZS, 2009]

1st Patrick Fountain Francis Howell North 1:01.15

2nd Jake Livingston Ft. Zumwalt West 1:02.93

3rd Andrew Smith Francis Howell Central 1:03.41

400 yard Freestyle Relay [Record: 3:16.82, FZS, 2009]

1st Derek Mielke Francis Howell Central 3:22.28

Ryan Macy

Andrew Smith

Zach Rogers

2nd Ryan Baker Francis Howell 3:22.75

Alex Crawford

Carson Paull

Josh Hempen

3rd Kyle Armstrong Ft. Zumwalt West 3:29.39

Mitch Kraus

Zach McLaughlin

Jake Livingstone

TEAM SCORES:

Francis Howell Central [343]; Francis Howell [333]; Ft. Zumwalt West[297]; Ft. Zumwalt South [287];Wentzville Timberland[261]; Ft. Zumwalt East[181]; Francis Howell North[162]; Ft. Zumwalt North [148]; Wentzville Holt[129]

2011 Girls Tennis

#1 SINGLES

| | | |
|------------|-----------|-----------------------|
| 1st | Drew | Wentzville Timberland |
| 2nd | Takenaka | Francis Howell North |
| 3rd | A. Barker | Francis Howell |

#2 SINGLES

| | | |
|------------|-----------|------------------------|
| 1st | E. Barker | Francis Howell |
| 2nd | Hillis | Francis Howell Central |
| 3rd | Roberts | Wentzville Timberland |

#3 SINGLES

| | | |
|------------|-----------|------------------------|
| 1st | E. Salter | Francis Howell |
| 2nd | Griffin | Francis Howell North |
| 3rd | M. Wilson | Francis Howell Central |

#4 SINGLES

| | | |
|------------|----------|------------------|
| 1st | Phelps | Francis Howell |
| 2nd | Ziemann | Troy Buchanan |
| 3rd | Davidson | Ft. Zumwalt West |

#5 SINGLES

| | | |
|------------|--------------|------------------------|
| 1st | Gerler | Francis Howell Central |
| 2nd | Christiansen | Francis Howell |
| 3rd | Wright | Francis Howell North |

#6 SINGLES

| | | |
|------------|----------|------------------|
| 1st | Thompson | Francis Howell |
| 2nd | Caldwell | Ft. Zumwalt West |
| 3rd | Luedtke | Ft. Zumwalt East |

#7 SINGLES

| | | |
|------------|---------|----------------------|
| 1st | Odle | Francis Howell |
| 2nd | Bartham | Francis Howell North |

3rd T. Wilson Francis Howell Central

#8 SINGLES

1st Oostendorp Francis Howell North
2nd Gniadek Francis Howell
3rd McCord Troy Buchanan

#1 DOUBLES

1st Barker-Barker Francis Howell
2nd Takenak-Wright Francis Howell North
3rd Drew-Roberts Wentzville Timberland

#2 DOUBLES

1st Phelps-Rexroat Francis Howell
2nd M. Wilson-Gerler Francis Howell Central
3rd McElligott-White Ft. Zumwalt South

#3 DOUBLES

1st Thompson-Smith Francis Howell
2nd Wahlbrink-Spencer Francis Howell North
3rd Bindbeautal-Tebeau Francis Howell Central

#4 DOUBLES

1st Lohmann-Entzroth Francis Howell
2nd Miller-McMichael Francis Howell North
3rd Hughes-Kelley Ft. Zumwalt West

#5 DOUBLES

1st Keim-Calandro Francis Howell
2nd Shaffrin-Lewis Francis Howell North
3rd Mulina-Peecher ?

TEAM SCORES: Francis Howell [67.5]; Francis Howell North [35.5]; Francis Howell Central [30]; Ft. Zumwalt West [18]; Wentzville Timberland [13]; Troy Buchanan [9.5]; Ft. Zumwalt South [6]; Ft. Zumwalt East [4.5]; Duchesne [0]

2011 North Girls Volleyball

| | | |
|-----------------|-------------------|-------------------|
| 1st Team | Dani Eschweiler | St. Charles West |
| | Sarah Goetges | Duchesne |
| | Lindsey Meyer | Washington |
| | Lauren Rodewald | Ft. Zumwalt South |
| | Brandy Young | Ft. Zumwalt East |
| | Abby Smegner | Duchesne |
| | Taylor Edwards | Ft. Zumwalt East |
| 2nd Team | Anna Stahlschmidt | Duchesne |
| | Marissa Love | Ft. Zumwalt North |
| | Kirstie Leslie | Washington |
| | Rachel Mollison | Duchesne |
| | Christina Naumann | St. Charles West |
| | Alyssa Morse | St. Charles West |
| | Sarah Cunningham | Warrenton |
| H.M. | Sydney Nelson | Duchesne |
| | Marissa Schroeder | Warrenton |
| | Jilli Zimpfer | St. Charles |
| | Erica Diener | Washington |
| | Brigitte Reilly | Duchesne |
| | Alison Trost | Ft. Zumwalt East |
| | Cortney Staten | Ft. Zumwalt East |

2011 South Girls Volleyball

| | | |
|-----------------|-------------------|------------------------|
| 1st Team | Danielle Rygelski | Francis Howell |
| | Javoney Fuacette | Francis Howell |
| | Bailey Sparkman | Francis Howell |
| | Nicole Yuede | Francis Howell North |
| | Alex Oppenborn | Francis Howell North |
| | Jordan Duran | Ft. Zumwalt West |
| | Mallory Dillon | Francis Howell Central |
| 2nd Team | Sarah Sanchez | Wentzville Holt |

| | | |
|--------------|--------------------|------------------------|
| | Mandy Glon | Francis Howell |
| | Kayla Hamilton | Ft. Zumwalt West |
| | Kylie Ellison | Ft. Zumwalt West |
| | Sam Hogan | Troy Buchanan |
| | Megan Doerhoff | Francis Howell North |
| | Maddie Eifert | Francis Howell North |
| H. M. | Maddie Cordia | Francis Howell |
| | Natalie Brisso | Francis Howell |
| | Courtney Huff | Troy Buchanan |
| | Erin Powelson | Francis Howell North |
| | Mary Grace Masters | Wentzville Timberland |
| | Alayna Flynn | Wentzville Holt |
| | Mary Emery | Francis Howell Central |

2011-12 North Boys Basketball

| | | | |
|-----------------|-----------------|-----|-------------------|
| 1st Team | George Cater | Sr. | Ft. Zumwalt South |
| | Chaz Glotta | So. | Ft. Zumwalt North |
| | Josh Ross | Sr. | Ft. Zumwalt East |
| | Trevor Tune | Sr. | Duchesne |
| | Luke Schroepfer | Jr. | Washington |

IAABO Basketball Player of the Year : Trevor Tune of Duchesne

| | | | |
|-----------------|-------------------|-----|-------------------|
| 2nd Team | Sam Briscoe | So. | Duchesne |
| | Matt Galvin | So. | Ft. Zumwalt South |
| | Drew Moore | So. | Duchesne |
| | Chris Percy | Jr. | St. Charles West |
| | Ronnie Suggs | So. | Washington |
| H.M. | Zach Glotta | Fr. | Ft. Zumwalt North |
| | Matt Higgins | Jr. | St. Charles West |
| | Casey Teson | Fr. | St. Charles |
| | Ryan Tune | So. | Duchesne |
| | Preston Whitfield | Fr. | Ft. Zumwalt South |

2011-12 South Boys Basketball

1st

| | | |
|------------------------|-----|------------------------|
| Team Ben Chaney | Jr. | Troy Buchanan |
| Derek Deters | Sr. | Troy Buchanan |
| Kyle Lemons | Jr. | Francis Howell North |
| Nic Perkins | So. | Francis Howell |
| Derrick Puni | Jr. | Francis Howell Central |

IAABO Basketball Player of the Year: Derek Deters of Troy Buchanan

| | | |
|----------------------------|-----|------------------------|
| 2nd Team Jack James | Jr. | Wentzville Timberland |
| Phil Koenig | Sr. | Francis Howell |
| Ryan Miller | Sr. | Francis Howell Central |
| Joey Rasco | Sr. | Troy Buchanan |
| Mitch Wilfer | Sr. | Wentzville Holt |

H.

| | | |
|--------------------------|-----|------------------------|
| M. Ryan Daugherty | So. | Ft, Zumwalt West |
| Justin Davis | So. | Wentzville Holt |
| Ryan Howard | Jr. | Francis Howell Central |
| Landon Mills | So. | Troy Buchanan |
| Eric Siebenshuh | Sr. | Francis Howell |

2011-12 North Girls Basketball**1st**

| | | |
|-------------------------------|-----|------------------|
| Team Melissa Eisenbath | Sr. | Duchesne |
| Kacy Eschweier | Fr. | St. Charles West |
| Dana Heggemann | Sr. | Warrenton |
| Olivia Hollander | Jr. | St. Charles |
| Alex Rohlring | Sr. | Duchesne |

IAABO Basketball Player of the Year: Alex Rohlring of Duchesne

| | | |
|--------------------------------|-----|-------------------|
| 2nd Team Shelby Bateman | Jr. | Ft. Zumwalt North |
| Sarah Heyne | Sr. | Warrenton |
| Abbey Lauer | Sr. | St. Charles West |
| Alyssa Meador | Sr. | Ft. Zumwalt South |
| Erika Teson | Sr. | St. Charles |

| | | |
|---------------------------------|-----|-------------------|
| H.M. Taylor Andrzejewski | Sr. | St. Charles West |
| Danielle Gratza | Sr. | Washington |
| Claire Johnson | Jr. | Ft. Zumwalt South |

| | | |
|------------------|-----|-------------------|
| McKenna Kelly | Sr. | Ft. Zumwalt North |
| Brittany Monroig | Sr. | Washington |
| Abby Schroeder | Sr. | Duchesne |
| Nicole Taylor | Jr. | Ft. Zumwalt East |
| Emily White | Sr. | St. Charles |

2011-12 South Girls Basketball

1st

| | | |
|---------------------------|-----|------------------------|
| Team Sharese Jones | Sr. | Francis Howell Central |
| MArina Laramie | Sr. | Ft. Zumwalt West |
| Jasmine Mathews | Sr. | Troy Buchanan |
| Emma Nicolli | Sr. | Francis Howell North |
| Paige Westbrook | Sr. | Ft. Zumwalt West |

IAABO Basketball Player of the Year: Sharese Jones of Francis Howell Central

| | | |
|-------------------------------|-----|-----------------------|
| 2nd Team Taliesha Hart | Sr. | Wentzville Timberland |
| Katie James | Sr. | Francis Howell |
| Kelsey Kingsborough | Sr. | Ft. Zumwalt West |
| Erin Mennemeyer | Sr. | Troy Buchanan |
| Brianne Rigg | Sr. | Wentzville Holt |

H.

| | | |
|-------------------------|-----|------------------------|
| M. Whitney Adams | Jr. | Francis Howell |
| Julie Buckles | Sr. | Wentzville Holt |
| Kylie Ellison | Sr. | Ft. Zumwalt West |
| Katy Gerler | Jr. | Francis Howell Central |
| Riley Reddin | Jr. | Wentzville Holt |
| Sam Smith | Sr. | Wentzville Timberland |
| Madeline Thoroughman | Jr. | Troy Buchanan |

2011-12 GIRLS SWIMMING CHAMPIONS

200 yard Medley Relay [Record: 1:51.78, Ft. Zumwalt West, 2012]

| | | |
|------------------------|------------------|---------|
| 1st Kayla Grimm | Ft. Zumwalt West | 1:51.78 |
| Aly Coleman | | |
| Courtney Coe | | |
| Evyn Spencer | | |

| | | | |
|------------|---------------------|-----------------|---------|
| 2nd | Kristin Thurwachter | Wentzville Holt | 2:00.60 |
| | Lauren Lyons | | |
| | Jamie Bolton | | |
| | Jessica Schuette | | |

| | | | |
|------------|------------------|-------------------|---------|
| 3rd | Meagan Wofford | Ft. Zumwalt South | 2:05.54 |
| | Bailey Blessing | | |
| | Lucy Wang | | |
| | Lauren Breshears | | |

200 yard Freestyle [Record: 1:52.92, Taylor Wohrley Timberland, 2009]

| | | | |
|------------|------------------|----------------------|---------|
| 1st | Kayla Grimm | Ft. Zumwalt West | 1:59.93 |
| 2nd | Mallory Gonthier | Ft. Zumwalt West | 2:05.03 |
| 3rd | Megan Hampson | Francis Howell North | 2:07.64 |

200 yard Individual Medley [Record: 2:03.88, Haley Spencer, FZW, 2007]

| | | | |
|------------|----------------------|------------------|---------|
| 1st | Courtney Coe | Ft. Zumwalt West | 2:18.24 |
| 2nd | Brittney DelCastillo | Francis Howell | 2:23.13 |
| 3rd | Aly Coleman | Ft. Zumwalt West | 2:25.07 |

50 yard Freestyle [Record: 24.07, Maria Schroeder, Francis Howell, 2012]

| | | | |
|------------|------------------|------------------------|-------|
| 1st | Maria Schroeder | Francis Howell | 24.07 |
| 2nd | Alison Strickler | Francis Howell Central | 24.85 |
| 3rd | Jennifer Wood | Francis Howell | 25.47 |

1 meter Springboard Diving [Record: 535.90, Marissa Green, Ft. Zumwalt West, 2012]

| | | | |
|------------|----------------|-----------------------|--------|
| 1st | Marissa Green | Ft. Zumwalt West | 535.90 |
| 2nd | Jen Klobe | Ft. Zumwalt West | 392.65 |
| 3rd | Crystal Canedy | Wentzville Timberland | 384.25 |

100 yard Butterfly [Record: 58.46, Taylor Wohrley, Timberland, 2008 and Maria Schroeder, Francis Howell, 2011]

| | | | |
|------------|-----------------|------------------|---------|
| 1st | Maria Schroeder | Francis Howell | 59.22 |
| 2nd | Courtney Coe | Ft. Zumwalt West | 59.54 |
| 3rd | Alexa Weeks | Ft. Zumwalt West | 1:06.76 |

100 yard Freestyle [Record: 52.30, Taylor Wohrley, Timberland, 2006]

| | | | |
|------------|----------------------|-------------------|-------|
| 1st | Evyn Spencer | Ft. Zumwalt West | 53.88 |
| 2nd | Brittney DelCastillo | Francis Howell | 56.35 |
| 3rd | Ashely Oberdieck | Ft. Zumwalt North | 57.32 |

500 yard Freestyle [Record: 5:09.57, Michelle Tipton, FZW, 2011]

| | | | |
|------------|------------------|------------------|---------|
| 1st | Kayla Grimm | Ft. Zumwalt West | 5:20.54 |
| 2nd | Liz Lay | Ft. Zumwalt West | 5:36.72 |
| 3rd | Mallory Gonthier | Ft. Zumwalt West | 5:47.83 |

200 yard Freestyle Relay [Record: 1:40.96, Francis Howell, 2012]

| | | | |
|------------|---|------------------------|---------|
| 1st | Olivia Apperson Jennifer Wood Maria Schroeder Brittney DelCastillo | Francis Howell | 1:40.96 |
| 2nd | Evyn Spencer Megan Kessler Sophia Clark Courtney Coe | Ft. Zumwalt West | 1:42.51 |
| 3rd | Alison Strickler Courtney Zalmanoff Natalie Kinzer Danielle Cox | Francis Howell Central | 1:48.16 |

100 yard Backstroke [Record: 57.72, Taylor Wohrley, Timberland, 2006]

| | | | |
|------------|------------------|------------------------|---------|
| 1st | Evyn Spencer | Ft. Zumwalt West | 59.14 |
| 2nd | Alison Strickler | Francis Howell Central | 59.96 |
| 3rd | Jennifer Wood | Francis Howell | 1:03.42 |

100 yard Breaststroke [Record: 1:03.45, Haley Spencer, FZW, 2009]

| | | | |
|------------|-----------------|-----------------------|---------|
| 1st | Aly Coleman | Ft. Zumwalt West | 1:10.95 |
| 2nd | Emily Hockman | Wentzville Timberland | 1:11.08 |
| 3rd | Bailey Blessing | Ft. Zumwalt South | 1:11.55 |

400 yard Freestyle Relay [Record: 3:40.51, Timberland, 2008]

| | | | |
|------------|---|------------------|---------|
| 1st | Brittney DelCastillo Alyssa Crawford Jennifer Wood Maria Schroeder | Francis Howell | 3:44.24 |
| 2nd | Liz Lay Megan Kessler Sophia Clark Kayla Grimm | Ft. Zumwalt West | 3:53.39 |
| 3rd | Peyton Moore Kristin Thurwachter Amber Heuston Jessica Schuette | Wentzville Holt | 4:01.73 |

TEAM SCORES: Ft. Zumwalt West -508; Francis Howell- 357; Wentzville Holt-311; Francis Howell Central- 204; Ft. Zumwalt North- 171;Francis Howell North- 145; Wentzville Timberland- 128; Ft. Zumwalt East- 120; Ft. Zumwalt South- 119; St. Charles West - 95; Duchesne -55

2011-12 North Wrestling Champions

106

| | | |
|------------|---------------|-------------------|
| 1st | Reid Hanmore | St. Charles |
| 2nd | Joel Lauer | Ft. Zumwalt North |
| 3rd | Chris Schall | Warrenton |
| 4th | Hunter Brazil | Ft. Zumwalt South |

113

Zach Nelson - 4 time GAC North Champion

| | | |
|------------|----------------|-------------------|
| 1st | Zach Nelson | Ft. Zumwalt North |
| 2nd | Jarred Edwards | St. Charles West |
| 3rd | Ryan Sherry | Warrenton |
| 4th | Parker Neptune | Washington |

119

| | | |
|------------|------------------|-------------------|
| 1st | Brandon Howard | St. Charles |
| 2nd | Nick Solter | Washington |
| 3rd | Jesse Czernewski | Ft. Zumwalt South |
| 4th | Dee Wilson | Ft. Zumwalt North |

126

| | | |
|------------|---------------|-------------------|
| 1st | Jared Moresi | Ft. Zumwalt East |
| 2nd | Kalin Jackson | Ft. Zumwalt South |
| 3rd | Cody Summers | Washington |
| 4th | Steve Biondo | St. Charles West |

132

| | | |
|------------|--------------|-------------------|
| 1st | Cole Hamai | Washington |
| 2nd | Jared Gordan | St. Charles West |
| 3rd | Jon Cecil | Ft. Zumwalt North |
| 4th | Matt Estrada | Ft. Zumwalt South |

138

| | | |
|------------|----------------|-------------------|
| 1st | Cody Zeik | Ft. Zumwalt South |
| 2nd | Blake Rugraff | St. Charles West |
| 3rd | Josh Carico | Washington |
| 4th | Dominic Roling | Ft. Zumwalt North |

145

| | | |
|------------|-----------------|-------------------|
| 1st | Justin Manzella | Ft. Zumwalt North |
| 2nd | Caleb Summers | Washington |
| 3rd | Nic Smith | Ft. Zumwalt South |
| 4th | Caleb Ledbetter | St. Charles |

152

| | | |
|------------|---------------|------------------|
| 1st | Casey Bartee | St. Charles West |
| 2nd | Spencer Baird | Washington |
| 3rd | Ryan Johnson | St. Charles |
| 4th | Windsor Evaes | Ft. Zumwalt East |

160

| | | |
|------------|--------------------|-------------------|
| 1st | Austin Rugraff | St. Charles West |
| 2nd | Jordan Young | Ft. Zumwalt South |
| 3rd | Brenden Greathouse | Ft. Zumwalt East |
| 4th | Brandon Nagy | Washington |

170

| | | |
|------------|---------------|-------------------|
| 1st | Ryan Thomas | Ft. Zumwalt North |
| 2nd | Jordan Femmer | Ft. Zumwalt East |
| 3rd | Kyle Summers | Washington |
| 4th | Jake Neitzel | Ft. Zumwalt South |

182

| | | |
|------------|---------------|-------------------|
| 1st | J. J. Filipek | Warrenton |
| 2nd | T. J. Hughes | Ft. Zumwalt East |
| 3rd | Will Klein | Ft. Zumwalt South |
| 4th | Baird Wash | Washington |

195

| | | |
|------------|-----------------|-------------------|
| 1st | Jack Hobbs | Ft. Zumwalt South |
| 2nd | Evan Miller | Ft. Zumwalt North |
| 3rd | Blake Lindblaum | St. Charles West |
| 4th | Corey Kluesner | Washington |

220

| | | |
|------------|----------------|-------------------|
| 1st | Tim Willmigham | Washington |
| 2nd | Ben Bentley | Ft. Zumwalt South |
| 3rd | Alex Breck | St. Charles West |
| 4th | only 3 entries | |

285

| | | |
|------------|---------------|-------------------|
| 1st | Nate Helmig | Ft. Zumwalt North |
| 2nd | Matt Pecka | Washington |
| 3rd | Taylor Payne | Ft. Zumwalt East |
| 4th | Connor McEvoy | Ft. Zumwalt South |

TEAM SCORES: WASHINGTON [158]; FZ NORTH [151.5]; FZ SOUTH [144.5]; SC WEST [107]; FZ EAST [72]; ST. CHARLES [62]; WARRENTON [43]

2011-12 South Wrestling Champions

106

| | | |
|------------|-----------------|------------------------|
| 1st | Justin Scott | Wentzville Holt |
| 2nd | Drew Spires | Wentzville Timberland |
| 3rd | Jacob Gajewski | Francis Howell Central |
| 4th | Brendan Hachtel | Francis Howell North |

113

| | | |
|------------|--------------|------------------------|
| 1st | Sam Ritchie | Francis Howell North |
| 2nd | Brendan Howe | Francis Howell Central |
| 3rd | John Woody | Ft. Zumwalt West |
| 4th | Nick Schulte | Troy Buchanan |

120

| | | |
|------------|---------------|-----------------------|
| 1st | Devan Richter | Wentzville Timberland |
| 2nd | Jake Callahan | Ft. Zumwalt West |
| 3rd | Alec Seely | Troy Buchanan |
| 4th | Ryan Clifton | Francis Howell North |

126

| | | |
|------------|----------------|------------------------|
| 1st | Jimmy Krischke | Ft. Zumwalt West |
| 2nd | Connor Flynn | Francis Howell |
| 3rd | Tyler Smith | Francis Howell North |
| 4th | Tate Bennett | Francis Howell Central |

132

| | | |
|------------|----------------|------------------------|
| 1st | Colton Orlando | Wentzville Timberland |
| 2nd | Kyle Hayes | Francis Howell Central |
| 3rd | Mason Mitchell | Francis Howell |
| 4th | Cameron Swarts | Troy Buchanan |

138

| | | |
|------------|-----------------|------------------------|
| 1st | Travis Callahan | Ft. Zumwalt West |
| 2nd | Zack Trask | Wentzville Holt |
| 3rd | Zack Enloe | Wentzville Timberland |
| 4th | Jeremy Floyd | Francis Howell Central |

145

| | | |
|------------|---------------|-----------------------|
| 1st | Clayton Ream | Wentzville Holt |
| 2nd | Jacob Kaibel | Troy Buchanan |
| 3rd | Herman Travis | Wentzville Timberland |
| 4th | Nick Schmidt | Francis Howell |

152

| | | |
|------------|---------------|----------------------|
| 1st | SkyLAR Weber | Troy Buchanan |
| 2nd | Jeremiah Reed | Francis Howell North |
| 3rd | Josh Dalton | Wentzville Holt |
| 4th | Cody Berry | Francis Howell |

160

| | | |
|------------|---------------|-----------------------|
| 1st | Chance Cooper | Wentzville Timberland |
| 2nd | Zack Wagster | Wentzville Holt |
| 3rd | Travis Meyers | Troy Buchanan |
| 4th | David Horvath | Ft. Zumwalt West |

170

| | | |
|------------|------------------|-----------------------|
| 1st | Jake Hawks | Wentzville Timberland |
| 2nd | Jarrett Franklin | Francis Howell |
| 3rd | Tim Hoffman | Troy Buchanan |
| 4th | Cody Hughes | Wentzville Holt |

182

| | | |
|------------|------------------|------------------------|
| 1st | Dusty Heisse | Troy Buchanan |
| 2nd | Gaige Dunnermann | Wentzville Holt |
| 3rd | Shawn Wielms | Francis Howell North |
| 4th | Ian Loy | Francis Howell Central |

195

| | | |
|------------|----------------|------------------------|
| 1st | Tanner Day | Ft. Zumwalt West |
| 2nd | Cole Anderson | Francis Howell Central |
| 3rd | Brad Jones | Wentzville Holt |
| 4th | Jordan Houston | Wentzville Timberland |

220

| | | |
|------------|---------------------|------------------------|
| 1st | Danny Goggin | Francis Howell North |
| 2nd | Wes Skidmore | Francis Howell |
| 3rd | Jermel Higgins | Francis Howell Central |
| 4th | Christian Gillespie | Troy Buchanan |

285

| | | |
|------------|------------------|------------------------|
| 1st | Richard Maggison | Ft. Zumwalt West |
| 2nd | Johnny Pulliam | Troy Buchanan |
| 3rd | Jacob Floyd | Francis Howell Central |
| 4th | Cory Stenning | Francis Howell |

TEAM SCORES: WT [149]; TB [145]; FZW [130.5]; HOLT [126.5]; FHC [114]; FHN [104];
HOWELL [90.5]

2012 North Baseball

PITCHERS

| | | | |
|-----------------|-----------------|-----|-------------------|
| 1st Team | Ryan March | Jr. | Ft. Zumwalt East |
| | Ian Gump | Sr. | Ft. Zumwalt South |
| 2nd Team | Rick Sullivan | Sr. | Ft. Zumwalt North |
| | Alex Grupas | Jr. | Duchesne |
| H.M. | Jared Walde | Jr. | Washington |
| | Brent Ricketts | Jr. | St. Charles West |
| | Jordan Townsend | Jr. | Ft. Zumwalt East |

CATCHERS

| | | | |
|-----------------|-----------------|-----|-------------------|
| 1st Team | Jeff Smugala | Jr. | Ft. Zumwalt South |
| 2nd Team | Greg Rothermich | Jr. | Ft. Zumwalt North |

UTILITY PLAYER

| | | | |
|-----------------|----------------|-----|-------------------|
| 1st Team | Adam Ricks | Sr. | St. Charles West |
| 2nd Team | Tyler Muehling | So. | Ft. Zumwalt South |
| H.M. | Zac Clynes | Sr. | Ft. Zumwalt East |

INFELDERS

| | | | |
|-----------------|------------------|-----|-------------------|
| 1st Team | Gerrion Grim | Sr. | Ft. Zumwalt South |
| | Jacob Holtgraewe | Sr. | Ft. Zumwalt East |
| | Brock Hopkins | Jr. | Washington |
| | Drew Quinones | So. | Ft. Zumwalt South |
| | Collin Zurweller | Sr. | Ft. Zumwalt East |
| 2nd Team | Steve Kinnison | Jr. | Duchesne |
| | Justin Sheward | Jr. | Ft. Zumwalt North |
| | Evan Pollard | Jr. | St. Charles |
| | Chad Berrey | Sr. | Warrenton |
| | Troy Wehde | So. | St. Charles West |
| H.M. | Dilan Bollman | Jr. | Washington |
| | Austin Graeler | Fr. | Ft. Zumwalt North |
| | Nathan Owens | So. | Ft. Zumwalt North |

| | | |
|-----------------|-----|-------------|
| Paul Rothermich | Sr. | Duchesne |
| Brandon Moeller | So. | Warrenton |
| Brandon Brett | Jr. | St. Charles |

OUTFIELDERS

| | | | |
|-----------------|------------------|-----|-------------------|
| 1st Team | Justin Pham | Sr. | Ft. Zumwalt East |
| | Aaron Hauser | Jr. | Ft. Zumwalt North |
| | Sam Chambers | Sr. | Duchesne |
| | Auggie Loschen | So. | St. Charles West |
| 2nd Team | Brendan Shields | Jr. | Ft. Zumwalt East |
| | Jason Schmied | Jr. | Duchesne |
| | Tim Evans | So. | St. Charles |
| | Steve Vogt | Sr. | Ft. Zumwalt North |
| | David Gambino | Sr. | Ft. Zumwalt South |
| H.M. | Michael Pundmann | Sr. | Duchesne |
| | Dustin Howard | Sr. | Washington |
| | Anthony Dewey | Sr. | Warrenton |
| | Justin Laffleur | So. | Ft. Zumwalt South |

DESIGNATED HITTER

| | | | |
|-----------------|--------------|-----|-------------------|
| 1st Team | Zach Sifford | Sr. | Duchesne |
| 2nd Team | Taylor Tosto | Jr. | Ft. Zumwalt South |
| H.M. | Dre Gleason | Jr. | Ft. Zumwalt North |

PLAYER OF THE YEAR - *Gerrion Grim - Senior - Ft. Zumwalt South*

COACH OF THE YEAR - *Keith DeShurley of Ft. Zumwalt South*

2012 South Baseball

PITCHERS

| | | | |
|-----------------|----------------|-----|------------------------|
| 1st Team | Zach Malach | Sr. | Ft. Zumwalt West |
| | Alex Erb | Sr. | Francis Howell Central |
| 2nd Team | Scott Huessman | Sr. | Francis Howell Central |
| | Dustin Dalton | Sr. | Francis Howell North |
| H.M. | Brendan Allen | Sr. | Troy Buchanan |
| | D. J. Hickey | Jr. | Wentzville Timberland |
| 1st Team | Jake Henson | Sr. | Francis Howell Central |
| 2nd Team | Nic Perkins | So. | Francis Howell |

CATCHERS

H.M. Eric Meyers Sr. Troy Buchanan

UTILITY PLAYER

1st Team Calvin Munson Jr. Francis Howell
2nd Team Kyle Schikore Sr. Francis Howell North
H. M. Josh Abegg Jr. Wentzville Holt

INFIELDERS

1st Team Braxton Martinez Sr. Francis Howell North
Colton Howell Sr. Ft. Zumwalt West
Zac perkins Jr. Francis Howell
Ryan Howard Jr. Francis Howell Central
Dylan Skinner Sr. Wentzville Holt
2nd Team Austin Verschoore Jr. Ft. Zumwalt West
Matt Mosley Sr. Ft. Zumwalt West
Austin gilreath Sr. Wentzville Holt
Dean Ballinger Sr. Francis Howell Central
Yoon Ja Nam Sr. Francis Howell North
H.M. Kyle Nelson Sr. Francis Howell
Ryan Bainbridge Jr. Wentzville Timberland
Travis Vaught Sr. Francis Howell Central
Mitch Larkin Jr. Francis Howell
Shane Cooper Jr. Wentzville Timberland

OUTFIELDERS

1st Team Kyle Fletcher So Wentzville Timberland
Bryan Ryberg Sr. Francis Howell North
Austin Schneider Sr. Francis Howell
Josh Wade Sr. Francis Howell Central
2nd Team Zach Isham Sr. Francis Howell Central
Tony Patchin Sr. Wentzville Holt
Anthony Baker Sr. Ft. Zumwalt West
Tommy Hager Sr. Ft. Zumwalt West
H. M. Cale Laughlin Sr. Francis Howell North
Nate Giessman Sr. Wentzville Holt
C. J. Schaeffer Fr. Wentzville Timberland
Justin Watkins Sr. Francis Howell North

DESIGNATED HITTER

| | | | |
|-----------------|------------------|-----|------------------------|
| 1st Team | Tyler Ehlmann | Sr. | Francis Howell North |
| 2nd Team | Kyle Nuetzel | Sr. | Francis Howell |
| H.M. | Joe Toenskoetter | Sr. | Francis Howell Central |

PLAYER OF THE YEAR - Colton Howell - Senior - Ft. Zumwalt West

COACH OF THE YEAR - Ray Howard of Francis Howell Central

2012 GAC North Golf Medallists

| | |
|-----------------|-------------------|
| Mark Stuhlthuth | Washington |
| Chris Pestka | Duchesne |
| Chris Percy | St. Charles West |
| Erik Schwartz | Ft. Zumwalt South |
| Mitch Brauer | Washington |
| Mikal Harpster | Warrenton |
| Bryan Beiter | Ft. Zumwalt East |
| Ethan Luecke | Warrenton |
| Patrick Koch | Warrenton |
| Kevin Averett | St. Charles West |
| Brad Forir | Ft. Zumwalt North |
| Scott Jacob | Duchesne |

TEAM SCORES: Washington [146.5], Warrenton [125.5], Ft. Zumwalt South [94], Ft. Zumwalt east [75.5], Duchesne [88.5], St. Charles West [86], St. Charles [34], Ft. Zumwalt North [18]

2012 North Girls Soccer

FORWARDS

| | | | |
|-----------------|-------------------|----|-------------------|
| 1st Team | Riley Kerr | 11 | Ft. Zumwalt East |
| | Taylor Wade | 11 | Ft. Zumwalt South |
| 2nd Team | Cassidy Menke | 9 | Ft. Zumwalt North |
| | Bridgitte Reilly | 10 | Duchesne |
| | Halle Nurnberger | 10 | Washington |
| H.M. | Lydia Meeks | 11 | St. Charles |
| | Autumn Olendorff | 11 | St. Charles |
| | Brandi Van Booven | 12 | St. Charles West |

MIDFIELDERS

| | | | |
|-----------------|--------------------|----|-------------------|
| 1st Team | Jessica Seiler | 12 | Ft. Zumwalt East |
| | Shannon Stewart | 12 | Ft. Zumwalt South |
| | Amanda Wiechens | 12 | Ft. Zumwalt North |
| | Lauren Josten | 12 | Duchesne |
| 2nd Team | Ellen Weaver | 10 | St. Charles |
| | Janie Booth | 11 | Ft. Zumwalt East |
| | Molly White | 11 | Ft. Zumwalt South |
| H.M. | Morgan Piotraschke | 10 | Ft. Zumwalt South |
| | Liz Brinkmann | 11 | Washington |
| | Abby Wooten | 11 | St. Charles |

DEFENDERS

| | | | |
|-----------------|--------------------|----|-------------------|
| 1st Team | Jenny Krug | 12 | Ft. Zumwalt East |
| | Jordan Meier | 11 | Ft. Zumwalt South |
| | Hannah Overschmidt | 12 | Washington |
| | Erika Teson | 12 | St. Charles |
| 2nd Team | Sydney Frauen | 12 | St. Charles West |
| | Megan Reis | 12 | Ft. Zumwalt East |
| | Lauren King | 12 | Ft. Zumwalt South |
| | Taylor Andrews | 11 | Washington |
| H. M. | Alyssa Meador | 12 | Ft. Zumwalt South |
| | Brittany Monroig | 12 | Washington |
| | Jilli Zimpfer | 9 | St. Charles |
| | Felicia Ferracane | 12 | Ft. Zumwalt East |

KEEPER

| | | | |
|-----------------|------------------|----|-------------------|
| 1st Team | Jordan Gnolfo | 12 | Ft. Zumwalt East |
| 2nd Team | Lauren Breshears | 10 | Ft. Zumwalt South |
| H.M. | Andrea Bourne | 12 | Washington |

PLAYER OF THE YEAR : Bridget Stewart-Forward-10-Ft. Zumwalt South

2012 South Girls Soccer

FORWARDS

| | | | |
|-----------------|-----------------|----|------------------------|
| 1st Team | Jordan Catalano | 10 | Francis Howell |
| | Maggie Richard | 11 | Ft. Zumwalt West |
| 2nd Team | Mariah Vollmer | 10 | Troy Buchanan |
| | Hailey Nichols | 11 | Ft. Zumwalt West |
| H. M. | Abigail Griffin | 10 | Francis Howell North |
| | Nicole Bascio | 9 | Wentzville Timberland |
| | Katie Wood | 10 | Francis Howell Central |

MIDFIELDERS

| | | | |
|-----------------|-----------------|----|------------------------|
| 1st Team | Emily Rodriguez | 12 | Francis Howell |
| | Karley Thomas | 12 | Ft. Zumwalt West |
| | Allison Lockett | 11 | Wentzville Timberland |
| | Kayla Welch | 11 | Francis Howell North |
| 2nd Team | Julie Ireland | 12 | Wentzville Holt |
| | Kerri Morris | 10 | Ft. Zumwalt West |
| | Jenna Vaught | 10 | Francis Howell |
| | Jamie Gilley | 10 | Troy Buchanan |
| H.M. | Jackie Linder | 11 | Ft. Zumwalt West |
| | Cassie Wilhite | 10 | Francis Howell |
| | Caitlyn Eddy | 9 | Francis Howell Central |

DEFENDERS

| | | | |
|-----------------|-------------------|----|------------------------|
| 1st Team | Paige Westbrook | 12 | Ft. Zumwalt West |
| | Lindsey Marino | 12 | Francis Howell |
| | Amy Stewart | 12 | Troy Buchanan |
| | Taylor Park | 12 | Wentzville Holt |
| 2nd Team | Megan Oostendorp | 10 | Francis Howell North |
| | Hailey Porter | 10 | Ft. Zumwalt West |
| | Gabby Brooks | 12 | Francis Howell |
| | Karlee Schweigert | 11 | Francis Howell Central |
| H. M. | Meghan Pothoff | 12 | Wentzville Holt |
| | Natalie Brunk | 11 | Francis Howell |
| | Stephanie Adelman | 11 | Troy Buchanan |
| | Jordie Retzlaff | 12 | Ft. Zumwalt West |

KEEPER

| | | | |
|-----------------|--------------------|----|------------------------|
| 1st Team | Mackenzie Crawford | 9 | Ft. Zumwalt West |
| 2nd Team | Gabby Klingamen | 10 | Francis Howell Central |
| H.M. | Samm Melton | 12 | Francis Howell |

PLAYER OF THE YEAR : Hunter Wagoner-Midfielder-12-Troy Buchanan

2012 North Boys Tennis

#1 SINGLES

| | | |
|------------|-----------|-------------------|
| 1st | Salisbury | Ft. Zumwalt South |
| 2nd | Gilbert | Ft. Zumwalt East |
| 3rd | Koval | Duchesne |

#2 SINGLES

| | | |
|------------|----------|-------------------|
| 1st | Compton | Ft. Zumwalt South |
| 2nd | Karowski | Ft. Zumwalt East |
| 3rd | Brennan | Duchesne |

#3 SINGLES

| | | |
|------------|-------------|-------------------|
| 1st | Katragadda | Ft. Zumwalt South |
| 2nd | Burgschulte | St. Charles |
| 3rd | Lee | Ft. Zumwalt East |

#4 SINGLES

| | | |
|------------|----------------|-------------------|
| 1st | Kempfer | Ft. Zumwalt South |
| 2nd | Engel | Ft. Zumwalt North |
| 3rd | B. Leimkuehler | St. Charles |

#5 SINGLES

| | | |
|------------|----------------|-------------------|
| 1st | Hornung | Ft. Zumwalt South |
| 2nd | Vu | Ft. Zumwalt East |
| 3rd | N. Leimkuehler | St. Charles |

#6 SINGLES

| | | |
|------------|----------|-------------------|
| 1st | Holtz | Ft. Zumwalt South |
| 2nd | Fatheree | Ft. Zumwalt North |
| 3rd | Denker | St. Charles West |

#7 SINGLES

| | | |
|------------|-----------|-------------------|
| 1st | Newberry | Ft. Zumwalt South |
| 2nd | Reynolds | St. Charles |
| 3rd | Dougherty | Ft. Zumwalt East |

#8 SINGLES

| | | |
|------------|-----------|-------------------|
| 1st | Dalta | Ft. Zumwalt South |
| 2nd | Hamilton | St. Charles West |
| 3rd | Brunsvold | Ft. Zumwalt East |

#1 DOUBLES

| | | |
|------------|-------------------|-------------------|
| 1st | Salisbury-Compton | Ft. Zumwalt South |
| 2nd | Gilbert-Karbowski | Ft. Zumwalt East |
| 3rd | Koval-Brennan | Duchesne |

#2 DOUBLES

| | | |
|------------|--------------------|-------------------|
| 1st | Kempfer-Katragarda | Ft. Zumwalt South |
| 2nd | Ritter-Fatheree | Ft. Zumwalt North |
| 3rd | McGinnis-Lee | Ft. Zumwalt East |

#3 DOUBLES

| | | |
|------------|-----------------------|-------------------|
| 1st | Hornung-Holtz | Ft. Zumwalt South |
| 2nd | Miller-N. Leimkuehler | St. Charles |
| 3rd | Jackson-Strege | St. Charles West |

#4 DOUBLES

| | | |
|------------|------------------|-------------------|
| 1st | Smith-Hortsmeier | Ft. Zumwalt South |
| 2nd | Barnett-Neustadt | Ft. Zumwalt North |
| 3rd | Briscoe-Bahr | Ft. Zumwalt East |

#5 DOUBLES

| | | |
|------------|---------------|-------------------|
| 1st | Seeyle-Mun | Ft. Zumwalt South |
| 2nd | Snider-Farrar | Ft. Zumwalt North |
| 3rd | Bedwell-Carr | Ft. Zumwalt East |

TEAM SCORES:Ft. Zumwalt South [73.5], Ft. Zumwalt East [35.5], Ft. Zumwalt North [33], St. Charles [19.5], Duchesne [12.5], St. Charles West [10.5]

2012 South Boys Tennis

#1 SINGLES

| | | | |
|------------|---------|------------------------|----------|
| 1st | Nicolli | Francis Howell North | 6-0, 6-1 |
| 2nd | Bunch | Wentzville Holt | |
| 3rd | Nanney | Francis Howell Central | |
| 4th | Hayes | Francis Howell | |

#2 SINGLES

| | | | |
|------------|----------|----------------------|---------------------|
| 1st | Dunn | Francis Howell North | 6-0, 4-6, 1-0, 10-4 |
| 2nd | Dallas | Francis Howell | |
| 3rd | Flemming | Ft. Zumwalt West | |
| 4th | Ashley | Wentzville Holt | |

#3 SINGLES

| | | | |
|------------|--------|-----------------------|----------|
| 1st | Power | Francis Howell | 6-3, 6-4 |
| 2nd | Ostby | Wentzville Holt | |
| 3rd | Cole | Francis Howell North | |
| 4th | Clynes | Wentzville Timberland | |

#4 SINGLES

| | | | |
|------------|-----------|----------------------|----------|
| 1st | Joyce | Francis Howell | 6-3, 6-2 |
| 2nd | Payne | Francis Howell North | |
| 3rd | Wadsworth | Wentzville Holt | |
| 4th | Kitson | Troy Buchanan | |

#5 SINGLES

| | | | |
|------------|-------------|----------------------|----------|
| 1st | Flemming | Ft. Zumwalt West | 6-3, 6-4 |
| 2nd | Hudzinski | Francis Howell | |
| 3rd | Ksiazek | Francis Howell North | |
| 4th | Borengasser | Wentzville Holt | |

#6 SINGLES

| | | | |
|------------|------------|----------------------|----------|
| 1st | Pulcine | Francis Howell | 6-4, 6-1 |
| 2nd | Lucas | Wentzville Holt | |
| 3rd | Sauter | Ft. Zumwalt West | |
| 4th | Dickherber | Francis Howell North | |

#7 SINGLES

| | | | |
|------------|-------|------------------------|-----|
| 1st | Bunch | Wentzville Holt | 8-7 |
| 2nd | Hayes | Francis Howell | |
| 3rd | Hehr | Wentzville Timberland | |
| 4th | Yu | Francis Howell Central | |

#8 SINGLES

| | | | |
|------------|--------|----------------------|-----|
| 1st | Lepage | Francis Howell | 8-7 |
| 2nd | Murphy | Francis Howell North | |
| 3rd | Telker | Ft. Zumwalt West | |
| 4th | Sachez | Wentzville Holt | |

#1 DOUBLES

| | | | |
|------------|--------------|------------------------|-----|
| 1st | Nicolli-Dunn | Francis Howell North | 8-4 |
| 2nd | Hays-Dallas | Francis Howell | |
| 3rd | Bunch-Otsby | Wentzville Holt | |
| 4th | Nanney-Chin | Francis Howell Central | |

#2 DOUBLES

| | | |
|------------|------------------|------------------------|
| 1st | Power-Joyce | Francis Howell |
| 2nd | Ashley-Wadsworth | Wentzville Holt |
| 3rd | Flemming-Avdagic | Ft. Zumwalt West |
| 4th | Pham-Kothari | Francis Howell Central |

#3 DOUBLES

| | | | |
|------------|--------------------|-----------------------|-----|
| 1st | Hudzniski-Pulcine | Francis Howell | 8-5 |
| 2nd | Sauter-Farhat | Ft. Zumwalt West | |
| 3rd | Ksiazek-Dickherber | Francis Howell North | |
| 4th | Turner-Scott | Wentzville Timberland | |

#4 DOUBLES

| | | | |
|------------|--------------------|-----------------------|-----|
| 1st | Spalding-Cutler | Ft. Zumwalt West | 8-5 |
| 2nd | Glaser-Lionberger | Wentzville Timberland | |
| 3rd | Johnson-Merugumaia | Francis Howell | |
| 4th | Che-Schneider | francis Howell North | |

#5 DOUBLES

| | | | |
|------------|-------------------|-----------------------|-----|
| 1st | Diel-O'Connor | Francis Howell | 8-3 |
| 2nd | Marroquin-McGuire | Wentzville Timberland | |
| 3rd | Yeager-Kraft | Ft. Zumwalt West | |
| 4th | House-Wilson | Francis Howell North | |

TEAM SCORES: Francis Howell [59.8], Francis Howell North [40.5], Wentzville Holt [32], Ft. Zumwalt West [29.3], Wentzville Timberland [12], Francis Howell Central [9], Troy Buchanan [2]

2012 North Boys Track

Complete boys and girls results can be found at:

http://www.trxctiming.com/GAC_North_tf/2011_results.htm

4 x 800 meter Relay

| | | |
|------------|--------------------------|----------------|
| 1st | St. Charles West | 8:14.52 |
| | Tyler Afflick | 12 |
| | Adam DeSplinter | 12 |
| | Sheldon Keence | 11 |
| | Travis Weidenbenner | 12 |
| 2nd | Ft. Zumwalt North | 8:26.55 |
| | Logan Jaggie | 11 |
| | Dykan Donavan | 12 |
| | Michael Martin | 11 |
| | Lukas Phelps | 9 |
| 3rd | Ft. Zumwalt South | 8:28.13 |

| | |
|------------------|----|
| Brennan Loveless | 10 |
| Jacob Humphries | 12 |
| Carson Miller | 10 |
| Seth Kitchens | 10 |

110 meter High Hurdles

| | | | |
|------------|-----------------|-------------------|-------|
| 1st | Mike Mahoney | Ft. Zumwalt East | 15.46 |
| 2nd | Robert Hester | Ft. Zumwalt South | 15.88 |
| 3rd | Dillon Quaethem | Washington | 16.82 |

100 meter Dash

| | | | |
|------------|-------------------|-------------------|-------|
| 1st | Chase Abbington | Ft. Zumwalt South | 11.12 |
| 2nd | D'Andre Campbell | Ft. Zumwalt East | 11.27 |
| 3rd | V. J. Fitzpatrick | Ft. Zumwalt North | 11.28 |

4 x 200 meter Relay

| | | | |
|------------|--------------------------|----|----------------|
| 1st | Ft. Zumwalt East | | 1:31.39 |
| | Mason Burnett | 11 | |
| | Corey Harris | 11 | |
| | Jordan Swindle | 12 | |
| | Jevon Willis | 10 | |
| 2nd | Ft. Zumwalt South | | 1:31.75 |
| | Chase Abbington | 11 | |
| | Robert Hester | 11 | |
| | Kalin Jackson | 12 | |
| | Marcus Smith | 12 | |
| 3rd | Warrenton | | 1:32.64 |
| | David Everman | 12 | |
| | Devin Ray | 11 | |
| | Devin Roberts | 11 | |
| | Jordon Washington | 9 | |

1600 meter Run

| | | | |
|------------|---------------------|-------------------|---------|
| 1st | Sheldon keence | St. Charles West | 4:33.45 |
| 2nd | Jacob Humphries | Ft. Zumwalt South | 4:35.63 |
| 3rd | Travis Weidenbenner | St. Charles West | 4:37.19 |

4 x 100 meter Relay

| | | | |
|------------|--------------------------|----|--------------|
| 1st | Ft. Zumwalt South | | 43.67 |
| | Chase Abbington | 11 | |
| | Justin Regot | 11 | |
| | Marcus Smith | 12 | |
| | Kalin Jackson | 12 | |
| 2nd | Ft. Zumwalt East | | 43.71 |
| | D'Andre Campbell | 10 | |
| | Jordan Swindle | 12 | |
| | Aaron Townsend | 11 | |
| | Jevon Willis | 10 | |
| 3rd | St. Charles West | | 44.33 |
| | Greg Illy | 11 | |
| | Ryan McCrum | 12 | |
| | Sam Mosley | 12 | |
| | Andrew Rizzello | 11 | |

400 meter Dash

| | | | |
|------------|---------------|------------------|-------|
| 1st | Mason Burnett | Ft. Zumwalt East | 50.67 |
| 2nd | Bobby Rhodes | St. Charles | 51.64 |
| 3rd | David Everman | Warrenton | 51.80 |

300 meter Intermediate Hurdles

| | | | |
|------------|---------------|-------------------|-------|
| 1st | Robert Hester | Ft. Zumwalt South | 40.61 |
| 2nd | Mike Mahoney | Ft. Zumwalt East | 41.05 |
| 3rd | Kyle Jordan | St. Charles | 41.98 |

800 meter Run

| | | | |
|------------|------------------|-------------------|---------|
| 1st | Adam DeSplinter | St. Charles West | 2:00.27 |
| 2nd | Sheldon Keence | St. Charles West | 2:02.19 |
| 3rd | Brennan Loveless | Ft. Zumwalt South | 2:05.27 |

200 meter Dash

| | | | |
|------------|-----------------|-------------------|-------|
| 1st | Mason Burnett | Ft. Zumwalt East | 22.26 |
| 2nd | Chase Abbington | Ft. Zumwalt South | 23.00 |
| 3rd | Jordan Swindle | Ft. Zumwalt East | 23.02 |

3200 meter Run

| | | | |
|------------|----------------|------------------|----------|
| 1st | Sheldon Keence | St. Charles West | 10:17.45 |
| 2nd | Sean Conlin | Ft. Zumwalt East | 10:27.04 |
| 3rd | Joe Binder | Ft. Zumwalt East | 10:28.77 |

4 x 400 meter Relay

| | | | |
|------------|--------------------------|----|----------------|
| 1st | Ft. Zumwalt South | | 3:32.35 |
| | Chase Abbington | 11 | |
| | Robert Hester | 11 | |
| | Justin Regot | 11 | |
| | Justin Smith | 11 | |
| 2nd | Ft. Zumwalt East | | 3:32.65 |
| | Sean Conlin | 9 | |
| | Corey Harris | 11 | |
| | Pierce Roberts | 10 | |
| | Jevon Willis | 10 | |
| 3rd | St. Charles | | 3:33.57 |
| | Luke Joslin | 10 | |
| | Bobby Rhodes | 11 | |
| | Raheem Alexander | 9 | |
| | Sam Kohrs | 10 | |

Discus

| | | | |
|------------|-----------------|------------------|---------|
| 1st | Ahren Bohanan | St. Charles West | 143' 07 |
| 2nd | Zach Mudd | St. Charles West | 139' 02 |
| 3rd | Trevor Shockley | Washington | 136' 00 |

Shot Put

| | | | |
|------------|----------------|-------------------|----------|
| 1st | Jonathan Cook | Ft. Zumwalt South | 46' 07 |
| 2nd | Austin Lott | Ft. Zumwalt North | 42' 04.5 |
| 3rd | Kevin McCauley | St. Charles West | 42' 04 |

High Jump

| | | | |
|------------|------------------|-------------------|-------|
| 1st | Mike Mahoney | Ft. Zumwalt East | 6' 00 |
| 2nd | D'Andre Campbell | Ft. Zumwalt East | 5' 10 |
| 3rd | Justin Smith | Ft. Zumwalt South | 5' 10 |

Long Jump

| | | | |
|------------|------------------|------------------|-----------|
| 1st | D'Andre Campbell | Ft. Zumwalt East | 21' 00 |
| 2nd | Aaron Townsend | Ft. Zumwalt East | 20' 03.25 |
| 3rd | Max Phinney | Washington | 19' 09.5 |

Triple Jump

| | | | |
|------------|----------------|------------------|----------|
| 1st | Mike Mahoney | Ft. Zumwalt East | 42' 07 |
| 2nd | Sam Kohrs | St. Charles | 41' 01 |
| 3rd | Aaron Townsend | Ft. Zumwalt East | 40' 10.5 |

Pole Vault

| | | | |
|------------|-------------------|-------------------|--------|
| 1st | Kyle Potter | St. Charles West | 14' 00 |
| 2nd | V. J. Fitzpatrick | Ft. Zumwalt North | 13' 06 |
| 3rd | Kory Morton | Ft. Zumwalt North | 13' 00 |

TEAM SCORES:

Ft. Zumwalt East [172], Ft. Zumwalt South [141], St. Charles West [123], Ft. Zumwalt North [70], Washington [63], St. Charles [56], Warrenton [56], Duchesne [12]

2012 South Boys Track

Complete results of both boys and girls can be found at :

http://www.trxctiming.com/GAC_South_tf/Results/2012.htm

4 x 800 meter Relay

| | | |
|------------|------------------------------|----------------|
| 1st | Ft. Zumwalt West | 8:26.11 |
| | Steve Heim | 12 |
| | Jason Matthews | 11 |
| | Ryan Howe | 10 |
| | Connor Bradford | 11 |
| 2nd | Wentzville Timberland | 8:31.61 |
| | Markell Williams | 10 |
| | Danny Drury | 10 |
| | Jeffrey Davis | 11 |
| | Kyle Swanton | 11 |

| | | | |
|------------|-----------------------------|----|----------------|
| 3rd | Francis Howell North | | 8:33.06 |
| | Mack Weaver | 12 | |
| | Samuekl McKee | 11 | |
| | Brendan Kirchhoff | 11 | |
| | Ean Thielbar | 10 | |

110 meter High Hurdles

| | | | |
|------------|----------------|------------------|-------|
| 1st | Bruce Lockhart | Wentzville Holt | 15.57 |
| 2nd | Jared Boyd | Ft. Zumwalt West | 15.87 |
| 3rd | Ethan Nixon | Wentzville Holt | 16.08 |

100 meter Dash

| | | | |
|------------|------------------|------------------------|-------|
| 1st | T. J. Fine | Ft. Zumwalt West | 11.37 |
| 2nd | Jarred Jefferson | Francis Howell Central | 11.50 |
| 3rd | Tyler Diederich | Ft. Zumwalt West | 11.58 |

4 x 200 meter Relay

| | | | |
|------------|-------------------------------|----|----------------|
| 1st | Wentzville Holt | | 1:31.67 |
| | Travis Ayers | 11 | |
| | Mike Carter | 12 | |
| | Tre Mitchell | 11 | |
| | Tre Vaughn | 12 | |
| 2nd | Francis Howell Central | | 1:32.43 |
| | Andrew Altomare | 12 | |
| | Jarred Jefferson | 11 | |
| | Brandon Jefferson | 11 | |
| | Desmond Young | 11 | |
| 3rd | Ft. Zumwalt West | | 1:33.51 |
| | Kyle Echols | 12 | |
| | T. J. Fine | 12 | |
| | Teddy Williamson | 11 | |
| | Kyle Harris | 11 | |

1600 meter Run

| | | | |
|------------|---------------|------------------------|---------|
| 1st | Josh McKinley | Francis Howell Central | 4:29.68 |
| 2nd | Tyler Percy | Ft. Zumwalt West | 4:31.91 |
| 3rd | Kyle Swanton | Wentzville Timberland | 4:34.47 |

4 x 100 meter Relay

| | | | |
|------------|-------------------------------|----|--------------|
| 1st | Wentzville Holt | | 43.70 |
| | Travis Ayers | 11 | |
| | Trey Mitchell | 11 | |
| | Tre Vaughn | 12 | |
| | Jacob Ervin | 11 | |
| 2nd | Francis Howell Central | | 44.00 |
| | Andrew Altomare | 12 | |
| | Jared Jefferson | 11 | |
| | Brandon Jefferson | 11 | |
| | Desmond Young | 11 | |
| 3rd | Ft. Zumwalt West | | 44.78 |
| | Kyle Echols | 12 | |
| | T. J. Fine | 12 | |
| | Teddy Williamson | 11 | |
| | Kyle Harris | 11 | |

400 meter Dash

| | | | |
|------------|-----------------|-----------------------|-------|
| 1st | Tyler Diederich | Ft. Zumwalt West | 50.90 |
| 2nd | Mack Weaver | Francis Howell North | 51.68 |
| 3rd | Connor Ward | Wentzville Timberland | 51.72 |

300 meter Intermediate Hurdles

| | | | |
|------------|------------------|-----------------------|-------|
| 1st | Nick Snawder | Wentzville Timberland | 40.21 |
| 2nd | Bruce Lockhart | Wentzville Holt | 42.37 |
| 3rd | Austin Boedecker | Troy Buchanan | 42.65 |

800 meter Run

| | | | |
|------------|---------------|------------------------|---------|
| 1st | Josh McKinley | Francis Howell Central | 2:01.51 |
| 2nd | Tyler Percy | Ft. Zumwalt West | 2:02.19 |
| 3rd | Mack Weaver | Francis Howell North | 2:02.56 |

200 meter Dash

| | | | |
|------------|---------------|------------------------|-------|
| 1st | Desmond Young | Francis Howell Central | 22.93 |
| 2nd | Tre Vaughn | Wentzville Holt | 23.10 |
| 3rd | Ben Krause | Troy Buchanan | 23.44 |

3200 meter Run

| | | | |
|------------|--------------|------------------|----------|
| 1st | Steve Heim | Ft. Zumwalt West | 10:06.66 |
| 2nd | Seth Parres | Ft. Zumwalt West | 10:09.34 |
| 3rd | Peter Franck | Wentzville Holt | 10:11.89 |

4 x 400 meter Relay

| | | | |
|------------|------------------------------|----|----------------|
| 1st | Ft. Zumwalt West | | 3:26.38 |
| | Erix Rogers | 11 | |
| | Tyler Percy | 11 | |
| | Dominic Fanara | 11 | |
| | Jason Matthews | 11 | |
| 2nd | Wentzville Timberland | | 3:27.41 |
| | Clayton Johnson | 10 | |
| | Collin Johnson | 10 | |
| | Markell Williams | 10 | |
| | Connor Ward | 10 | |
| 3rd | Wentzville Holt | | 3:28.93 |
| | Travis Ayers | 11 | |
| | Kionte Ballinger | 11 | |
| | Geoff Watson | 10 | |
| | Curtis Wilder | 12 | |

Discus

| | | | |
|------------|-------------------|-----------------------|---------|
| 1st | Josh McDonald | Wentzville Timberland | 167' 10 |
| 2nd | Demetrius Bernard | Ft. Zumwalt West | 144' 09 |
| 3rd | Tyler Meyer | Troy Buchanan | 139' 06 |

Shot Put

| | | | |
|------------|-------------------|-----------------------|----------|
| 1st | Josh McDonald | Wentzville Timberland | 54' 09.5 |
| 2nd | Demetrius Bernard | Ft. Zumwalt West | 52' 08 |
| 3rd | David Purley | Francis Howell North | 47' 09 |

High Jump

| | | | |
|------------|-----------------|------------------------|-------|
| 1st | Devin McDaniel | Wentzville Timberland | 5' 08 |
| 2nd | Connor Rutledge | Wentzville Holt | 5' 08 |
| 3rd | Payton Ellis | Francis Howell Central | 5' 08 |

Long Jump

| | | | |
|------------|---------------|-----------------|--------|
| 1st | Tre Vaughn | Wentzville Holt | 21' 03 |
| 2nd | Trey Mitchell | Wentzville Holt | 20' 06 |
| 3rd | Ben Lehmkuhl | Troy Buchanan | 20' 05 |

Triple Jump

| | | | |
|------------|-----------------|------------------------|----------|
| 1st | Ben Lehmkuhl | Troy Buchanan | 44' 03 |
| 2nd | Jared Jefferson | Francis Howell Central | 42' 03 |
| 3rd | Adam Marroquin | Wentzville Timberland | 41' 08.5 |

Pole Vault

| | | | |
|------------|-----------------|-----------------------|--------|
| 1st | Nick Eisenbeis | Francis Howell North | 13' 00 |
| 2nd | Nathan Viehmann | Francis Howell North | 12' 06 |
| 3rd | Chance Koch | Wentzville Timberland | 12' 06 |

TEAM SCORES:

Ft. Zumwalt West [158], Wentzville Timberland [148.5], Wentzville Holt [147], Francis Howell Central [103], Francis Howell North [70.5], Troy Buchanan [56], Francis Howell Central [6]

2012 North Girls Track

Complete boys and girls results can be found at:

http://www.trxctiming.com/GAC_North_tf/Results/2012.htm

4 x 800 meter Relay

| | | |
|------------|--------------------------|----------------|
| 1st | Duchesne | 9:39.62 |
| | Anna Schmidt | 10 |
| | Ali Bader | 9 |
| | Sarah Goetges | 12 |
| | Abby Smegner | 12 |
| 2nd | Ft. Zumwalt South | 9:58.94 |
| | Caitlin Gervich | 10 |
| | Payton Sciarratta | 12 |
| | Sydney O'Brien | 10 |
| | Teylar Adelsberger | 11 |

| | | | |
|------------|-------------------------|----|-----------------|
| 3rd | Ft. Zumwalt East | | 10:08.93 |
| | Michaela Hysten | 10 | |
| | Amanda Green | 9 | |
| | Lauren Lamzik | 12 | |
| | Bri Watson | 11 | |

100 meter High Hurdles

| | | | |
|------------|-------------------|-------------------|-------|
| 1st | Abigail Brown | Washington | 16.07 |
| 2nd | Jeselyn Covington | St. Charles West | 16.32 |
| 3rd | Rachel Duncan | Ft. Zumwalt South | 17.60 |

100 meter Dash

| | | | |
|------------|----------------|-------------------|-------|
| 1st | M. C. Landolt | Washington | 13.20 |
| 2nd | Emily Stricker | Washington | 13.43 |
| 3rd | Kylin Jones | Ft. Zumwalt South | 13.64 |

4 x 200 meter Relay

| | | | |
|------------|--------------------------|----|----------------|
| 1st | Ft. Zumwalt South | | 1:50.95 |
| | Megan Carroll | 12 | |
| | Kaylin Jones | 11 | |
| | Sydney perry | 11 | |
| | Cassandra Zeier | 12 | |
| 2nd | St. Charles | | 1:51.72 |
| | India DeShay | 9 | |
| | Dyresha Jones | 11 | |
| | Anna Watts | 11 | |
| | Lauren Willis | 11 | |
| 3rd | Washington | | 1:52.36 |
| | Megan Bauche | 10 | |
| | Lauren brinkmann | 12 | |
| | M. C. Landolt | 10 | |
| | Emily Stricker | 9 | |

1600 meter Run

| | | | |
|------------|--------------------|-------------------|---------|
| 1st | Teylar Adelsberger | Ft. Zumwalt South | 5:22.74 |
| 2nd | Michaela Hysten | Ft. Zumwalt East | 5:25.59 |
| 3rd | Caitlin Gervich | Ft. Zumwalt South | 5:26.14 |

4 x 100 meter Relay

| | | | |
|------------|--------------------------|----|--------------|
| 1st | Washington | | 51.94 |
| | Megan Bauche | 10 | |
| | Lauren Brinkmann | 12 | |
| | M. C. Landolt | 10 | |
| | Emily Stricker | 9 | |
| 2nd | Ft. Zumwalt South | | 52.57 |
| | Megan Carroll | 12 | |
| | Kaylin Jones | 11 | |
| | Sydney O'Brien | 10 | |
| | Cassondra Zeier | 12 | |
| 3rd | St. Charles | | 53.62 |
| | India DeShay | 9 | |
| | Dyresha Jones | 11 | |
| | Lauren Willis | 11 | |
| | Anna Watts | 11 | |

400 meter Dash

| | | | |
|------------|----------------|-------------------|---------|
| 1st | Hanna Keene | Warrenton | 1:03.34 |
| 2nd | Makenzie White | St. Charles West | 1:03.82 |
| 3rd | Sydney Boxell | Ft. Zumwalt North | 1:04.70 |

300 meter Low Hurdles

| | | | |
|------------|-------------------|------------------|-------|
| 1st | Joselyn Covington | St. Charles West | 46.94 |
| 2nd | Abigail Brown | Washington | 48.18 |
| 3rd | Melora Broker | Warrenton | 49.78 |

800 meter Run

| | | | |
|------------|--------------------|-------------------|---------|
| 1st | Abigail Brown | Washington | 2:23.72 |
| 2nd | Teylar Adelsberger | Ft. Zumwalt South | 2:24.08 |
| 3rd | Anna Schmidt | Duchesne | 2:27.09 |

200 meter Dash

| | | | |
|------------|---------------|-------------------|-------|
| 1st | Sydney Perry | Ft. Zumwalt South | 27.41 |
| 2nd | M. C. Landolt | Washington | 27.47 |
| 3rd | Melora Broker | Warrenton | 27.62 |

3200 meter Run

| | | | |
|------------|-----------------|-------------------|----------|
| 1st | Emily Mauch | Warrenton | 11:52.17 |
| 2nd | Sydney O'Brien | Ft. Zumwalt South | 11:58.62 |
| 3rd | Caitlin Gervich | Ft. Zumwalt South | 12:04.66 |

4 x 400 meter Relay

| | | | |
|------------|--------------------------|----|----------------|
| 1st | St. Charles | | 4:14.62 |
| | Katie Bradley | 11 | |
| | India DeShay | 9 | |
| | Dyresha Jones | 11 | |
| | Andrea Haake | 12 | |
| 2nd | Ft. Zumwalt South | | 4:15.22 |
| | Teylar Addelsberger | 11 | |
| | Dearra Owens | 10 | |
| | Sydney Perry | 11 | |
| | Payton Sciarratta | 12 | |
| 3rd | Washington | | 4:21.32 |
| | Megan Bauche | 10 | |
| | Lauren Brinkmann | 12 | |
| | Erica Dierner | 10 | |
| | Ashley Garrard | 11 | |

Discus

| | | | |
|------------|------------------|-------------------|---------|
| 1st | Kiersten Engel | Washington | 100' 10 |
| 2nd | Autumn Bishop | Ft. Zumwalt South | 99' 02 |
| 3rd | Morgan Griffiths | St. Charles West | 94' 04 |

Shot Put

| | | | |
|------------|------------------|------------------|-----------|
| 1st | Aliyah Byron | St. Charles West | 36' 06.25 |
| 2nd | Olivia Hollander | St. Charles | 33' 04.25 |
| 3rd | Kayla Rugen | Washington | 32' 05 |

High Jump

| | | | |
|------------|-------------------|------------------|-------|
| 1st | Kirstie Leslie | Washington | 5' 03 |
| 2nd | Joselyn Covington | St. Charles West | 4' 10 |
| 3rd | Abby Stricker | Warrenton | 4' 10 |

Long Jump

| | | | |
|------------|------------------|------------------|----------|
| 1st | Kirstie Leslie | Washington | 17' 04 |
| 2nd | Morgan Griffiths | St. Charles West | 16' 00.5 |
| 3rd | Anna Watts | St. Charles | 15' 11 |

Triple Jump

| | | | |
|------------|-----------------|-------------------|----------|
| 1st | Kirstie Leslie | Washington | 37' 03 |
| 2nd | Cassandra Zeier | Ft. Zumwalt South | 31' 10.5 |
| 3rd | Olivia Stone | Ft. Zumwalt South | 30' 09.5 |

Pole Vault

| | | | |
|------------|----------------|-------------------|-------|
| 1st | Kirstie Leslie | Washington | 9' 06 |
| 2nd | Haley Fink | Ft. Zumwalt North | 9' 00 |
| 3rd | Abby Stricker | Washington | 8' 06 |

TEAM SCORES:

Washington [190], Ft. Zumwalt South [154], St. Charles West [99], St. Charles [49], Ft. Zumwalt East [42], Warrenton [42], Duchesne [37], Ft. Zumwalt North [27]

2012 South Girls Track

Complete results of both boys and girls can be found at :

http://www.trxctiming.com/GAC_South_tf/Results/2012.htm

4 x 800 meter Relay

| | | |
|------------|-----------------------------|-----------------|
| 1st | Francis Howell | 9:55.92 |
| | Leah Krause | 12 |
| | Alec Thompson | 11 |
| | Rebecca Turney | 10 |
| | Valeska Halamicek | 11 |
| 2nd | Francis Howell North | 10:12.36 |
| | Alexis Happe | 10 |
| | Ariel Kirkpatrick | 9 |
| | Brenda Alvarado | 9 |
| | Jillian Fields | 10 |

| | | | |
|------------|----------------------|----|-----------------|
| 3rd | Troy Buchanan | | 10:20.24 |
| | Riley Fader | 11 | |
| | Nikki Haney | 10 | |
| | Daisy Walker | 9 | |
| | Elizabeth Edwards | 9 | |

100 meter High Hurdles

| | | | |
|------------|------------------|-----------------|-------|
| 1st | Alex Surgeon | Francis Howell | 16.69 |
| 2nd | Alison Barker | Francis Howell | 16.98 |
| 3rd | Sydney Weathered | Wentzville Holt | 17.19 |

100 meter Dash

| | | | |
|------------|-----------------|-----------------------|-------|
| 1st | Whitney Adams | Francis Howell | 12.30 |
| 2nd | Nataliyah Friar | Wentzville Holt | 12.54 |
| 3rd | Jenny Ferguson | Wentzville Timberland | 13.18 |

4 x 200 meter Relay

| | | | |
|------------|------------------------------|----|----------------|
| 1st | Francis Howell | | 1:46.45 |
| | Alison Barker | 12 | |
| | Theresa Decosty | 11 | |
| | Taylor Knoche | 10 | |
| | Whitney Adams | 11 | |
| 2nd | Wentzville Timberland | | 1:50.18 |
| | Jenny Ferguson | 12 | |
| | ? | | |
| | ? | | |
| | ? | | |
| 3rd | Ft. Zumwalt West | | 1:50.54 |
| | Brianna Tucker | 10 | |
| | Courtney Walker | 12 | |
| | Paige Echele | 11 | |
| | Kailey Tennant | 10 | |

1600 meter Run

| | | | |
|------------|-------------------|-----------------------|---------|
| 1st | Valeska Haalmicek | Francis Howell | 5:08.63 |
| 2nd | Leah Krause | Francis Howell | 5:12.25 |
| 3rd | Jessica Greer | Wentzville Timberland | 5:17.04 |

4 x 100 meter Relay

| | | |
|------------|------------------------------|--------------|
| 1st | Ft. Zumwalt West | 51.36 |
| | Courtney Walker | 12 |
| | Tristan Anderson | 10 |
| | Lianne Marquez | 10 |
| | Brianna Tucker | 10 |
| 2nd | Wentzville Timberland | 52.00 |
| | Jenny Ferguson | 12 |
| | ? | |
| | ? | |
| | ? | |
| 3rd | Francis Howell North | 52.15 |
| | Alyssa Miller | 12 |
| | Donnetta Garner | 10 |
| | Morgan May | 11 |
| | Michaela Randolph | 11 |

400 meter Dash

| | | | |
|------------|-----------------|------------------|---------|
| 1st | Whitney Adams | Francis Howell | 56.65 |
| 2nd | Rachel Sullivan | Troy Buchanan | 57.96 |
| 3rd | Alicia Reed | Ft. Zumwalt West | 1:00.30 |

300 meter Low Hurdles

| | | | |
|------------|---------------|------------------|-------|
| 1st | Alison Barker | Francis Howell | 49.10 |
| 2nd | Alex Surgeon | Francis Howell | 49.75 |
| 3rd | Candice Brew | Ft. Zumwalt West | 49.83 |

800 meter Run

| | | | |
|------------|-------------------|----------------------|---------|
| 1st | Valeska Halamicek | Francis Howell | 2:22.64 |
| 2nd | Alexis Happe | Francis Howell North | 2:27.17 |
| 3rd | Kristen Adams | Francis Howell | 2:29.12 |

200 meter Dash

| | | | |
|------------|-----------------|-----------------|-------|
| 1st | Whitney Adams | Francis Howell | 24.72 |
| 2nd | Nataliyah Friar | Wentzville Holt | 25.69 |
| 3rd | Rachel Sullivan | Troy Buchanan | 25.81 |

3200 meter Run

| | | | |
|------------|------------------|-----------------------|----------|
| 1st | Leah Krause | Francis Howell | 11:35.26 |
| 2nd | Jessica Greer | Wentzville Timberland | 11:50.65 |
| 3rd | Chandler Carreon | Wentzville Holt | 11:52.42 |

4 x 400 meter Relay

| | | | |
|------------|-------------------------|----|----------------|
| 1st | Francis Howell | | 4:07.02 |
| | Breanna Wages | 9 | |
| | Bailey Keim | 12 | |
| | Taylor Knoche | 10 | |
| | Alison Barker | 12 | |
| 2nd | Ft. Zumwalt West | | 4:11.41 |
| | Alicia Reed | 10 | |
| | Brianna Tucker | 10 | |
| | Paige Echele | 11 | |
| | Lianne Marquez | 10 | |
| 3rd | Troy Buchanan | | 4:12.90 |
| | Rachel Franck | 12 | |
| | Paige Bogert | 12 | |
| | Daisy Walker | 9 | |
| | Racel Sullivan | 10 | |

Discus

| | | | |
|------------|------------------------|------------------|---------|
| 1st | Allyson Madrid | Troy Buchanan | 122' 09 |
| 2nd | Maddeline Middlebrooks | Ft. Zumwalt West | 115' 08 |
| 3rd | Tawny Rodriguez | Ft. Zumwalt West | 110' 02 |

Shot Put

| | | | |
|------------|-----------------------|------------------------|------------|
| 1st | Madeline Middlebrooks | Ft. Zumwalt West | 36' 01.5 |
| 2nd | Jessica Rekosh | Francis Howell Central | 34' 11 |
| 3rd | Tawny Rodriguez | Ft. Zumwalt West | 33' 011.75 |

High Jump

| | | | |
|------------|------------------|----------------------|-------|
| 1st | Katie James | Francis Howell | 4' 09 |
| 2nd | Rachel Sullivan | Troy Buchanan | 4' 08 |
| 3rd | Melanie Tennyson | Francis Howell North | 4' 08 |

Long Jump

| | | | |
|------------|--------------------|-----------------|--------|
| 1st | Nataliyah Friar | Wentzville Holt | 17' 05 |
| 2nd | Katie James | Francis Howell | 16' 03 |
| 3rd | Kayla Landwehrmier | Francis Howell | 16' 02 |

Triple Jump

| | | | |
|------------|-----------------|-----------------------|-----------|
| 1st | Nataliyah Friar | Wentzville Holt | 39' 09 |
| 2nd | Rachel Goodwin | Francis Howell | 34' 10.25 |
| 3rd | Terrie Mickens | Wentzville Timberland | 33' 06 |

Pole Vault

| | | | |
|------------|-------------------|----------------------|--------|
| 1st | Megan Plevel | Wentzville Holt | 10' 06 |
| 2nd | Danielle Meyer | Francis Howell North | 10' 00 |
| 3rd | Michaela Randolph | Francis Howell North | 10' 00 |

TEAM SCORES:

Francis Howell [215], Ft. Zumwalt West [117], Troy Buchanan [87.50], Wentzville Holt [86.5], Francis Howell North [77], Wentzville Timberland [58], Francis Howell Central [45]

2012 Boys Volleyball Champions

No information received for Boys' Volleyball as of July 15, 2012. Sorry!